

RESUME

LIFY ANIT MATHEW

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CAREER OBJECTIVE:

To obtain position as a registered Nurse to utilize my skill and expertise in patient care.

ACADEMIC PROFILE:

Qualification	College/University with Class/Percentage	Year of Pass
BSC Nursing	Narayana Hrudayalaya College of Nursing, Bangalore Rajiv Gandhi University of Health Sciences, Karnataka - 1st year - first class - 2nd year- first class - 3rd year- second class - 4th year- first class	2016
HSSC	St. John Nephumsian's H.S.S Kozhuvanal - 80%	2012
S.S.L.C	St. Josephs's Girls High School, Mutholy - 93%	2010

WORK EXPERIENCE

- *Name of the hospital* : **Narayana Hrudayalaya Hospital, Bangalore,**
- *Bed strength* : **5,900 Plus**
- *Designation* : **Staff nurse**
- *Period* : **06-02-2017 to 31-03-2018**
- *Department* : **CARDIAC, Adult Intensive Therapeutic Unit**
- *Extra skills* : **ACLS & BLS**

COMPUTER SKILLS:

.Fundamentals of computers, Microsoft office, MS Excel, power point

PERSONAL PROFILE:

Father's Name : Mathew A.V
 Date of Birth : 25/10/1993
 Gender : Female
 Nationality : Indian
 Religion : Christian
 Marital Status : Single

Passport Details

Passport No : P5017015
 Date of Issue : 28/11/2016
 Expiry Date : 27/11/2026
 Place of Issue : COCHIN

Languages Known : English, Malayalam, Hindi, Tamil, Kannada

Permanent Address : Aerthumalayil [H] Panthathala, Mutholy (P.O), Pala, Kottayam (Dist) , Kerala, India Pin-686573

Present address : Aerthumalayil[H], Panthathala, Mutholy (P.O), Pala, Kottayam (Dist) , Kerala, India, Pin-686573

HOSPITAL DETAILS:

Narayana Health is headquartered in Bengaluru, India and operates a network of hospitals across the country. Our first facility was established in Bengaluru with approximately 225 operational beds and we have since grown to 23 hospitals, 7 heart centers and a network of primary care facilities across India and an international hospital in the Cayman Islands. The group now features nearly 5,900 plus operational beds. We believe that the ‘Narayana Health’ brand is strongly associated with our mission to deliver high-quality, affordable healthcare services to the broader population by leveraging our economies of scale, skilled doctors, and an efficient business model.

Narayana Institute of Cardiac Sciences, which houses one the India’s largest and advanced Cardiac facilities is a 702 plus bedded JCI & NABH Accredited hospital located at Narayana Health City, Bengaluru. Currently we do more than 35-40 cathlab procedures and 40 cardiac surgeries a day, six days a week. Sixty percent of our surgical workload consists of coronary artery bypass grafting, 30% complex congenital heart surgeries, and remaining 11% valvular heart surgeries. We have 216-bedded Critical Care unit with all modern facilities to manage any kind of cardiac emergencies.

This hospital has the infrastructure to accommodate 4 intensive therapy unit with all facilities to manage any kind of emergencies, besides the hospital it also contain teaching institute to train cardiologist, cardiac surgeons, anaesthetists, nurse, various technicians and health care specialists, including other facilities like,

- Neurology & Neurosurgery
- Ophthalmology
- Thrombosis Research Centre
- Bone marrow & Liver Transplantation
- Haematology
- Pulmo & Gastro
- Obstetrics & Gynaecology
- Nephrology & Urology.

EQUIPMENT HANDLED:

- Ventilators : Datex, Savina, Philips
- Cardiac monitors: Dash 2000,3000,4000,Solar 8000
- Pulse Oxymeter
- Blood Gas Analysis
- Defibrillators
- Suction Meters
- Pace Maker

- Thermometer
- Gluco Meter
- IABP Machine
- O2 Flo Meter
- Infusion Pumps
- Oxygen Cylinder
- ECG Machine
- Nebuliser Apparatus
- BP Apparatus
- CCO Monitor
- ACT Machine
- Incubators
- Phototherapy
- ABG Machine
- Nerve Stimulator

TYPES OF PATIENTS HANDLED:

- CABG
- DVR
- MVR
- AVR
- DOR`S, BENTAL, ROSS Procedure

- Pulmonary Thrombo Endarterectomy
- ASD Closure
- VSD Closure
- TV Repair
- LAVD
- Heart Transplantation

NURSING SKILLS:

- Insertion of Ryles tube & Ryles tube feeding and stomach wash
- Pheripheral line insertion and giving drugs through line
- Suctioning : ET, Oral , Tracheostomy
- Insertion of Foleys catheter
- Handling ECMO Patients
- Handling wamer Beds
- Handling syringe pumps & infusion pumps – ASCAR, Fresines ,B- Brown
- Fever management
- Assisting for Breast feed
- Maintain medical and surgical asepsis
- ABG Analysis

PROCEDURE PERFORMED:

- Assisting Intubations, CVP Line & Arterial Line Insertion
- Assisting CPR, Defibrillator

- Chest Tube Insertion
- Sponge Bath
- Bed Making
- Vital signs
- Monitoring Intake /Out out
- Care of patients with chest drainages
- Care of patients with ventilator
- Blood transfusion
- Peritoneal Dialysis
- Preparing patients for surgery
- Care of pre & post operative patients
- Suctioning ET, Oral Tracheostomy
- Insertion of Urinary catheter & its care
- Oxygen administration
- ABG & Other blood sampling
- Trachestomy care
- Recording / Reporting
- Pressure sore care
- Death care

REFERENCE:

- Sr. Rohini Paul
Nursing Superintendent
Narayana Hrudayalaya Hospital
Bommasandra Ind . Area
Anekal (T K)
Bangalore -560099
- Dr. Ratan Gupta
Cosultant Intensivist
Narayana Hrudayalaya
Bommasandra Ind, Area
Anekal (TK)
Bangalore

DECLARATION

I hereby declare that all the details furnished above are true to my best Knowledge.

Yours Truly,

LIFY ANIT MATHEW