

SANDRA ELSA THOMAS, Pharm.D

Kalloorthazhchayil House

Thirumoolapuram P.O

Thiruvalla

Pathanamthitta

689115

Contact No- 9539197276

sandraset807@gmail.com**Carrier Objective**

To pursue a challenging career in your esteemed organization and to utilize my knowledge of the subject and practical skills to the best possible extent in research and development and to grow professionally with your organization.

Scholastic

DEGREE	INSITUTION	YEAR	PERCENTAGE
Pharm D	Grace college of pharmacy, Palakkad	2012-2018	68
Plus Two	Balikamatom Girls Higher Secondary School, Thiruvalla	2010-2012	70
SSLC	Balikamatom Girls Higher Secondary School, Thiruvalla	2009-2010	83

Training experience (Internship Period)

- **6month's clerkship** (Karuna Medical College Hospital, Palakkad (2016 November – 2017 April)
- **Clinical Pharmacy Intern** (2017 August -2018 July) in 4 departments (General medicine, Paediatrics, Obstetrics and Gynaecology & Surgery) of Karuna Medical College Hospital Palakkad (350 bedded) rendering clinical pharmacy services and duties independently.

Project

“A study to assess the appropriateness of antibiotic prescribing for infective exacerbation of obstructive airway disease in old aged patients”

Strengths

Quick Learner, Hard Working, Self-motivated, Optimistic

Computer Knowledge

- Ms office

Publications

- “A study on antibiotic prescribing pattern in infective exacerbation of obstructive airway diseases in old aged patients” accepted by World Journal of Pharmacy and Pharmaceutical sciences. (Author)
- “Evaluation of medication inappropriateness in the management of obstructive airway diseases in veterans” accepted by European Journal of Pharmaceutical and Medical research. (Co-Author)
- “To assess the risk factors and appropriateness of antibiotic prescribing for infective exacerbation of obstructive airway disease in old aged patients” accepted by International Journal of Pharmaceutical sciences and Drug Research.(Co-Author)
- “Risk and benefit profile of steroids in COPD patients” accepted by International Journal of Preclinical and Pharmaceutical Research.(Co-Author)

Poster presented

- Poster presented on “A study on antibiotic prescribing pattern in infective exacerbation of obstructive airway diseases in old aged patient” CPCON held on 21-22 January 2018 at Manipal University, Mangalore
- Poster presented on “A Study on the usage of NSAIDS and Gastro protective agents in an orthopaedic department” ASIAN CONFERENCE 2015 held on 6-7 November 2015 at Nehru College of Pharmacy, Thrissur

Seminars / Work shop attended

- Participated in 3rd International conference on NEW ERA OF PHARMACY PRACTICE: BEYOND TRADITIONAL PATIENT CARE held on 21 and 22 January 2018 at Manipal University, Mangalore.
- Delegate on Paramedical Diabetes and Endocrine Conference-PARA DECON focusing on Diabetes Mellitus held on 2 December 2017 at Sri Ramakrishna Hospital, Coimbatore

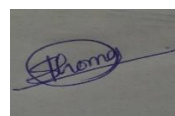
- Participated in the ASIAN CONFERENCE 2015 as Delegate on MOULDING INDIAN PHARMA GRADUATES TO THE GLOBAL NEEDS IN INDUSTRY, HEALTH CARE AND RESEARCH, organized by Nehru College of Pharmacy on 6-7 November 2015.
- Delegate on the Indian Congress of Pharmacy Practice 2014 and Inaugural Convention of the Indian Association of Colleges of Pharmacy Held at Bangalore on the Theme Advancing Pharmacy Practice in India: The Next Generation Pharmacist.
- Delegate in one day seminar on Emerging trends and challenges in patient focused pharmacy education organized by Sri Ramakrishna Institute of Paramedical Sciences, Coimbatore and Asian Association of Schools of Pharmacy on 23rd November 2012.

PERSONAL PROFILE

Father' Name : K. Thomas Varkey
Mother' Name : Bindhu Thomas
Date of Birth : 07/12/ 1994
Marital Status : Single
Nationality : Indian
Religion : Christian
Language known : Malayalam, Tamil, English, Hindi.

Declaration

I hereby declare that the information furnished above is true to the best of knowledge and belief.



Date: 01/07/2018

Place: Palakkad

SANDRA ELSA THOMAS

REFERENCE

1. Dr.C.I Sajeeth, M Pharm, PhD
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