**CURRICULUM VITAE**

**SARANYA.S**

Lekshmi Bhavanam (H)

Pada north, Karunagappally

Kollam (D)

Kerala

Phone: +91-8943406269

Email Id: saranyavishnu.live@gmail.com

**CARREER OBJECTIVE**

Seeking a growth oriented and challenging carrier in patient care and nursing education professionally reputed and nursing institution, where I can apply my knowledge and skills to the best ability.

**PERSONAL DETAILS**

Name : **SARANYA S**

Father’s Name : Gopalakrishnan Nair

Date of birth : 13-07-1993

Gender : Female

Marital Status : Married

Religion and Caste : Hindu, Nair

Nationality : Indian

Permanent Address : Mrs.Saranya.s

Lekshmi Bhavanam (H)

Pada north, Karunagappally

kollam (D), Kerala

Pin-690518

Languages Known : English, Hindi, Malayalam

**EDUCATION QUALIFICATION**

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| --- | --- | --- | --- | --- | --- |
| **S.No.** | **Name of Course** | **Name of the Institution** | **University/Board** | **Percentage of marks** | **Year of passing** |
| 1. | BSC Nursing | Theophilus College of Nursing  Kangazha | Kerala University of Health Science | 64% | 2014 |
| 2. | Higher secondary | St. Joseph’s Higher Secondary School  Pulincunnoo | Board of Higher Secondary Kerala | 76% | 2010 |
| 3. | SSLC | Aj.John Memorial High School  Kainady | Board of Higher Secondary Kerala | 89% | 2008 |

**PROFESSIONAL REGISTRATION**

1. Kerala Nursing Council.

2. Maharashtra Nursing Council.

**PROFESSIONAL EXEPERIENCE**

1.Worked as a staff nurse in Jupiter Hospital (Thane, Mumbai) from 23-3-2015 to 22-4-2016 in medical surgical ward and looked after all types of medical surgical and oncology patients.

2. Worked as a staff nurse in sp fort hospital (Thiruvananthapuram) from 1-7-2016 to 10-8-2017 in critical care unit and looked after all types of critically illed medical and surgical patients.

3. Worked as a staff nurse in Lekshmi clinic( karunagappally ) from 21-08-2017 to till now.

**Hospital Description**

1. Jupiter hospital is a 296 bedded NABH accredited hospital and an NABH accredited centre for nursing excellence, and managed by highly qualified personnel in the delivery of high quality patient care.

**2. Sp fort hospital is a NABH safe I accredited with 250 beds.**

**3. Lekshmi clinic adinadu north Karunagappally.**

**EQUIPMENTS USED**

* **Ventilator**
* **Defibrilator**
* Pulse oxymeter
* ECG machine
* Nebuliser
* Warmer
* Weighing machine
* Glucometer
* Oxygen cylinder
* Syringe pump
* Infusion pump
* Steam inhaler
* Sphygmomanometer
* Oral & digital thermometer
* Ambu bag
* Crash cart trolley

**PERFORMING PROCEDURES**

1. Insertion of IV cannula.

2. Blood sample collection including ABG.

3. Checking RBS with glucometer.

4. Ryles tube insertion.

5. Feeding of patient (Nasogastric jegunostomy etc.)

6. Insertion of Foley’s catheter

7. Nebulisation.

8. Steam inhalation.

9. Oxygen therapy.

10. Checking vital signs.

11. Suctioning.

12. Wound dressing.

13. Tracheotomy care.

14. Chemotherapy

15. CPR

16. IV infusion

17. Transfusion of blood and blood products.

18. Preparation and administration of medications.

19. Enema.

20. Death care.

21. Admission and discharge of a patient.

22. Care of drains.

23. Colostomy care.

24. Provide basic nursing care like mouth care, hair care, nail care, bed care, catheter care, back care positioning etc.

25. Assisting for the procedures with doctors

26. Caring of ventilator patients.

27. Arterial bp monitoring.

28. Caring of thrombolysed patients.

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**DUTIES AND RESPONSIBILITIES**

**1.** Maintenance of good nurse patient relationship.

**2.** To look after the assigned patient meeting or assisting all his/her needs.

**3.** To check and maintain all equipment’s in the work area of keeping it ready for managing any emergency situation.

**4.** To maintain the standard of sterilization throughout all procedures and care.

**5.** Making comfortable position for the patient.

6. Administration of medication in time (E.g. OD, BD, TDS, QDS).

7. Checking vital signs of the patient.

8. Hot and cold applications (E.g. Icepack, hot water bag)

9. Personal hygiene, Nailcare, hair, sponge bath etc.

10. Tracheotomy care of the patient.

11. Post-operative early mobilization back care to long term patients, teaching ADL, chest physiotherapy etc.

12. Caring of ventilatior patients.

13. Maintaining records, reports and documentation.

**REFERENCE**

**1. MRS.JULIET JOJI VARGHESE**

CNO

Jupiter Life Line Hospitals Ltd.

Eastern Express Highway, Thane (w)-400601

Phone-09820782082

2. MRS. ALEYAMMA VARGHESE

NURSING SUPERINTENDENT

Sp fort Hospital.

Fort, Thiruvananthapuram-695023.

3. DR. ARCHANA VP

Lekshmi clinic.

Adinadu north

Karunagappally- 690542

Phone. 9946900900

**DECLARATION**

I hereby declare that the particulars given above are true and correct to the best of my knowledge and belief.

Place: Yours Faithfully,

Date: Saranya.S