

CURRICULUM VITAE

Theja Tom

Edukkutharayil (H)

Athirampuzha (P.O.), Kottayam(Dis.),

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EDUCATION

B.Sc. NURSING	College University Year of passing Class Kerala Nurses and Midwives Council RegistrationNo.	SME (School of Medical Education), Thevara Mahatma Gandhi University, Kottayam, Kerala 2014 2 nd class KL03201401588
Higher Secondary	School Board Year of passing Class	St.Anne's GHSS, Kottayam Board of Higher Secondary Examinations, Government of Kerala 2007 1 st class
S.S.L.C.	School Board Year of passing Class	St.Anne's GHSS, Kottayam Board of Public Examination, Kerala 2005 1 st class
Diploma in Nutrition and Health Education (DNHE)	University Study Centre Year of Passing Class	IGNOU(Indira Gandhi National Open University) St. Teresa's College, Ernakulam 2015 1 st class

EXPERIENCE

1. 6 months experience as Nurse trainee in KIMS Hospital, Trivandrum(NABH&ACHSI Accredited Hospital)
2. 2 months experience as Dietician trainee in Govt. General Hospital, Ernakulam (NABH Accredited)

ACHIEVEMENTS

1. Diploma in Nutrition and Health Education (DNHE) from IGNOU(Indira Gandhi National Open University) at the study centre of St. Teresa's College, Ernakulam
2. Certificate in Disaster Management(CDM) from IGNOU
3. Certificate of Junior Red Cross Examination from Indian Red Cross Society
4. Certificate of Emergency Life Support (ELS) from KIMS Hospital, Trivandrum
5. As a part of B.Sc. Nursing Programme, we conducted a Free Medical Camp in Mulavukadu PHC, Ernakulam
6. Certificate of KNMC approved CNE in KIMS Hospital, Trivandrum
7. Certificate of State Level Workshop of Volunteer's Leadership Training conducted by NSS

RESEARCH PROJECT

B.Sc. Nursing	Title	Effectiveness of an information booklet on knowledge and practice regarding swine flu and its prevention among housewives in a selected rural community at Ernakulam district.
	Area of the study	Mulavukadu Panchayat, Ernakulam district.
DNHE	Title	Nutritional Case Studies of Patients with Diabetes Mellitus.
	Area of the study	Govt. General Hospital, Ernakulam.

PERSONAL DETAILS

Date of Birth	07/03/1990
Gender	Female
Citizenship	Indian
Marital Status	Single

EXTRACURRICULAR ACTIVITIES

State level	Mime National Service Scheme (NSS) Volunteer	A grade in 9 th Higher Secondary State Youth Festival Volunteer's Leadership Training State Level Workshop at Kumaly
District Level	Mime Drama	A grade in 9 th & 10 th Kottayam Revenue District Higher Secondary School Youth Festival C grade in 9 th Kottayam Revenue District Higher Secondary School Youth Festival.