

# CURRICULUM VITAE



## **PERSONAL PROFILE**

**Post Applied for** : **STAFF NURSE**  
**Name** : **RINCYMOL VARKEY**  
**Father's Name** : Thankachan Varkey  
**Date of Birth** : 20-03-1993  
**Marital Status** : Single  
**Sex** : Female  
**Nationality** : Indian  
**Religion** : Christian  
**Language Known** : English, Hindi, Malayalam & Tamil  
**Permanent Address** : Maruthummoottil H  
Kochara P.O. Chettukuzhy,  
Idukki Dist, Kerala - 685551  
**Email Id** : [rincythankachan21@gmail.com](mailto:rincythankachan21@gmail.com)  
**Contact No.** : +919961272519, +917291925991

## **EDUCATIONAL QUALIFICATION**

Course	Institute/College	Board/University	Year of Passing
S.S.L.C	DEEPA HSS Kuzhitholu	Kerala Board of Public Examination	2009
Plus Two	MESHSS Vandanmedu	Kerala Board of Public Examination	2011

## **PROFESSIONAL QUALIFICATION**

Course	Institute / College	Year of Passing
B. Sc Nursing	Vinayaka Mission University, Salem, TamilNadu, India	2011-2015

## **CAREER OBJECTIVE**

I want to be part of an organization that associates a hard work and guides to a new high position of confident enthusiasm in working and organization goals.

## **PROFESSIONAL EXPERIENCE**

Name of the Hospital and Place	Period	Position Held
Fortis Hospital Vasant Kunj, New Delhi	14-Jan-2016 to 30- Mar-2018	Staff Nurse

## **JOB RESPONSIBILITIES**

- Data entering
- Timesheet
- Checking vital signs
- Maintaining and evaluate nursing care plan
- Administering injections
- Assisting doctors for rounds and carry out the order and instructions
- Observe the patients for changes and inform doctors
- Find out patients for complaint and act accordingly
- Maintain patient's record
- Assist diagnostic procedure
- Check the stock medicine articles and maintain stock register
- Charge over
- Report verbally and writing the progress of the patient condition at each shift
- Attend seminars and classes

## **DUTIES AND RESPONSIBILITIES**

- Ensuring the safety of the patient
- Basic nursing care of the patient
- Handling emergency situation
- Dynamic monitoring of critically ill patient
- Continues cardiac monitoring and performing ECG
- CPR management
- Adult care with ventilator support, chest tube drainage, phototherapy, incubator
- Administration of medication, vaccines, IV, IM, and oral
- Administration of oxygen
- Cannulization, IJV
- Taking samples for lab investigation
- Blood and blood products sampling
- Urinary catheterization
- Sugar monitoring
- ET, oral, nasal suctioning
- Wound dressing
- Insertion of Ryles tube, adult feeding tubes
- Ryle's tube feeding, stomach wash
- Assisting the physicians in minor procedure and intubation, Bronchoscopy, ICD, Insertion
- Co-ordination all work as a team
- Documentation of nursing activities
- Monitoring accurate intake and output of the patient
- Admission and orientation of the patient
- Provide a safe environment for adult
- IJV Insertion

## **PATIENT HANDLED**

### **MICU**

MI patient, LRTI, COPD, Asthma, Pneumonia, Cardiac Dysrhythmia, Hemothorax, Pneumothorax, URTI, SHOCK, Pulmonary embolism, Plural effusion (pre and post-operative care), shock, severe dehydration, Cephalohematoma, Meningitis pneumonia, LBW, cleft lip & cleft palate, Pneumothorax, HMD pre and post CABG, ARDS, post ASD and VSD closure, PTCA.

## **PROCEDURE ASSISTED**

- Bronchoscopy, Colonoscopy, Ingestion of Minitracheostomy, ICD Dialysis
- CVP line insertion
- CPR, intubation, ventilation support, defibrillator
- Chest tube insertion
- Umbilical catheter insertion
- LP
- Wound suturing
- Exchange Transfusion
- Pick line insertion
- ABG

## **EQUIPMENT HANDLED**

- Syringe pump
- Infusion pump
- Ventilator
- CPAP
- Cardiac monitors (DASH MONITOR 2500, PHILIPS<MAXIMO, OHMEDA 3800)
- Defibrillation (BPL DF 2509)
- ECG machine
- Incubator
- Suction apparatus
- Pulse oximeter
- Oxygen cylinder
- Nebulizer
- Ambu bag
- Glucometer

## **DECLARATION**

I hereby declare that the information stated above is true to the best of my knowledge and belief.

**Place: Kerala**

**(RINCYMOL VARKEY)**