

CURRICULUM VITAE OF ANJU SARA THOMAS

(An experienced Female Nurse)

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CAREER OBJECTIVE

A top functional position in a growth oriented professional organization where in exist a challenging environment, recognizes and values individual contribution with opportunities to enrich my knowledge, service to humanity, skill and experience that helps me to contribute in further growth of the organization.

ACADEMIC QUALIFICATION

COURSE UNIVERSITY	BOARD/ INSTITTUTION	COLLEGE	YEAR OF PASSING
S.S.L.C	State Board Kerala	M.M.A.H.S Maramon	2003
Plus Two	Higher Secondary Board	St: Thomas HSS Kozchencherry	2005

PROFESSIONAL QUALIFICATION

COURSE UNIVERSITY	BOARD/ INSTITTUTION	COLLEGE	YEAR OF PASSING
BSc.Nursing	M.G. University	T.M.M. College of Nursing	2009

AREAS OF EXPOSURE

- Participated in NABH re-accreditation process
- Participated in NABH surveillance assessment
- Medical Surgical Nursing
- Psychiatric Nursing
- Pediatric Nursing
- Community Health Nursing
- Midwifery
- Quality and Infection Contol

PROFESSIONAL EXPERIENCE - 4 Years Experience

Date of Employment	Employer's Name & Address	Clinical Area	Position Held
01-05-2010 to 10-05-2012	TMM Hospital, Tiruvalla, Kerala	Medical Surgical Wards, Medical ICU Surgical ICU	Staff Nurse
16-02-2015 to 15-02-2016	Dr.ABEY'S Speciality,Alleppey Kearla	Post - Operative ICU	Staff Nurse
29-08-2016 to 30-04-2018	Muthoot Medical Centre, Kozhencherry, Kerala	Infection control Department	Infection control Nurse

MEMBERSHIPS

ENROLLMENT	NUMBER	UNIVERSITY
KNC Registration- Nurse	50772	M.G. University
KNC Registration- Midwife	50772	M.G. University

Additional Courses

COURSE	NUMBER	INSTITUTE
BLS – Still valid	88103845d3f6	American Heart Association

WORK PREFERENCES

➤ Dates available from	-	Anytime when called for
➤ Preferred Location	-	Hospital
➤ Employment Required	-	Morning Shift
➤ Permanent post	-	Yes
➤ Preferred Specialties	-	Infection Control & Quality

EQUIPMENTS FAMILIAR WITH

- Mechanical Ventilator
- Cardiac Monitor
- Emergency trolley with Defibrillator
- Infusion pump
- Syringe Pump
- ABG Machine
- Suction Apparatus
- Dressing Trolley

JOB RESPONSIBILITIES OF A STAFF NURSE

- Total Patient Care
- Ward Management
- Care of critically ill patients
- Care of unconscious Patients
- Doing resuscitative Measures in Emergencies
- Care of Patients on Ventilators
- Tracheotomy Care
- Colostomy Care
- Bowel Wash
- Bladder Wash
- Pre- operative Preparation of Patients
- Post –operative Care of Patients
- Admission and discharge procedure
- Calculation & Administration of Medications
- Hemodynamic monitoring
- Pleural Tapping
- CVP Monitoring
- Naso Gastric Tube Insertion and Feeding
- Extubation
- ABG Analysis
- Health Education & Rehabilitation

JOB RESPONSIBILITIES OF AN INFECTION CONTROL NURSE

- Supervision of patient care & infection control activities.
- Assessment, planning, implementation, evaluation and documentation of patient care following nursing protocols.
- Perform nursing procedures like administration of medication and IV fluids, preparing for investigations, assist in invasive and non-invasive procedures etc as necessary.
- Maintain good inter personal and interdepartmental communication and coordination. Also provide therapeutic communication to patient.
- Surveillance of nosocomial infections
- Conducting training sessions for staff and coordinate HIC meetings.
- Actively participate in emergency management activities of the hospital.
- Active participation in Quality Assurance and accreditation/ certification activities.

ASSISTING DOCTORS IN PROCEDURES LIKE

- Post operative management
- Chest tube insertion & removal
- Endotracheal intubation
- Tracheotomy
- Pleural aspiration
- Thoracentesis

PROFICIENCY

Ability to communicate effectively with patients, good teaching ability, emotional stability, trustworthiness, administrative capacity, maintaining high standard of professionalism and hard work.

PERSONAL DATA

Date of Birth	:	14th August 1987
Nationality	:	Indian
Sex	:	Female
Marital Status	:	Married
Religion	:	Christian
Educational Knowledge	:	B.Sc Nurse
Languages Known	:	Malayalam, English, Hindi & Tamil
Passport No	:	L 7246177
Contact Details	:	Porone House Maramon P.O Maramon Pin no :689549 Kerala .India

REFERENCES

1. Prof. Nahomi Clement,
Principal,
TMM College of Nursing,
Kaviyoor, Tiruvalla.
Ph: 0469-2619041
2. Mrs. Elizabeth Thomas
Nursing Superintendent
TMM Hospital,
Tiruvalla.
Ph: 0469-2626101
3. Marykutty V. Ninan
Chief Nursing Officer & Quality Manager
Muthoot Hospitals
Kozhencherry
Ph: 9497103238

DECLARATION

I hereby declare that the above information given in my curriculum vitae are accurate and fair reflection of my ability.

Yours faithfully

Place
Date

ANJU SARA THOMAS