

CURRICULAM VITAE

Ms. JITHA JOHNY

D/o Mr. Johny T.S.
Tazhathepuram House,
Koovappady P.O., Thottuva
Ernakulam Dist., PIN: 683544
Kerala State, India.

Phone: +91-8095830961
+91-9946646631

Email: jithathazhathepuram@gmail.com



CAREER OBJECTIVE

Self-motivated, dynamic and zealous candidate, I always trust in hard work and wish to work as a dedicated Staff Nurse in a challenging environment in a leading multi-specialty hospital, where I can utilize my knowledge, experience and expertise, and where I can express my views and contribute effectively towards my career-growth and that of the institution / hospital I work with.

EDUCATIONAL QUALIFICATIONS

Qualification	Year of Passing	School/College	University	% of Marks
12 th Board	2010	M.G.M H.S.S, Kuruppampady	Board of Higher Secondary Education	62
10 th Board	2008	Ganapathy Vilasom H.S., Koovappady	General Education Department.	68

PROFESSIONAL QUALIFICATION

Qualification	College	University	Year	% of mark
B.Sc. Nursing	St. Philomena's College of Nursing, Bangalore	Rajiv Gandhi University of Health Sciences, Karnataka	2010-2014	65%

WORK EXPERIENCE

Name of Hospital	Position Hold	Duration	Areas of Experience
ST. PHILOMENA'S HOSPITAL , No. 4, Campbell Road, Vivek Nagar (P.O), Bangalore – 560 047	Staff Trainee	05/01/2015 to 31/03/2015	Medical-Surgical wards
	Staff Nurse	2 years	

REGISTRATION DETAILS

- **Register in Council : Kerala Nurses and Midwives Council**
Registration Number : KL04201702757
- **Register in Council : Karnataka Nursing Council**
Registration Number : 065632
- **Trained Nurses Association of India**

PERSONAL QUALITIES

Leadership, teamwork, sincerity, dedication and devotion to duties assigned, moral values, God-fearing, sympathetic, courage, self-confidence, honest, hardworking & good communication skills.

PROFESSIONAL EXPERIENCE

DUTIES AND RESPONSIBILITIES HANDLED:

- Take charge of the clinical area for a whole or part of shifts in the absence of a senior nurse in the shift.
- Maintain safety and well-being of patients in accordance with safe practice and ensure that all accidents / incidents are reported and documented.
- Assess, plan, implement and evaluate nursing care of patients with medical problems.
- Take responsibilities for the direct delivery of patient care by promoting good standards of professional competence.
- Establish effective communication with all other members of the health care team and relatives.
- Participate in the care, custody and administration of medications in accordance with the hospital policy.
- Ensure that all documentations completed are both accurate and legible.
- Hemodynamic monitoring.
- Record and report patients condition and progress accurately.
- Psychological support to the patients and relatives.
- Giving medicines and injections to the patient time to time.
- Collection and sending of specimens.
- Responsible to collect the investigations results and inform the doctor.
- Health education to the patients and relatives.
- Maintain records and reports.

EQUIPMENTS USED:

I am well versed in using the following equipments:

- External cardiac monitors
- Suction Apparatus
- AMBU Bag
- ECG Machine
- Laryngoscope
- Pulse-oximeter
- Glucometer
- Infusion and syringe pumps
- Nebulizer
- Sphygmomanometer
- Thermometer
- Otoscope and ophthalmoscope
- SCD Machines
- Feeding equipments
- CPAP/BIPAP

PROCEDURES CARRIED OUT:

I am well versed in procedures such as:

- Injections (IM,IV,SC)
- IV Cannulation and blood collection
- Wound dressing
- Suture removal
- Suctioning
- Introducing Naso-Gastric Tube
- Catheterization
- Bowel wash
- Administration of blood and blood product
- Venous blood collection.
- Elastic bandage application
- Medicine administration
- Admission & discharge procedures.
- Taking and interpretation of ECG, ABG.
- Colostomy care
- Administration of enteral and parenteral feeds like NG,PEG,TPN etc
- Tracheostomy care
- Care of central venous access and drains.
- Pre-operative and postoperative care.

TYPES OF CASES ATTENDED:

I am well versed in giving care to patients with:

- Head injury with SAH, SDH etc
- Brain tumors like ,SOL, adenomas, csf leakage
- Epilepsy
- Wheeze associated LRI
- Bronchiolitis and bronchitis
- Empyema and emphysema
- Acute febrile illness
- Pneumonia
- Pancreatitis and appendicitis
- Jaundice
- Plastic surgeries like flap covers, skin grafts
- Renal and liver failures
- Communicable and non-communicable diseases
- Cardiac and cardiothoracic cases
- Orthopedic cases
- Gynecological cases
- Oncological cases

PROCEDURES ASSISTED:

- Biopsy procedures
- Lumbar punctures
- Surgical dressing
- Suturings
- POP application
- Removal of drains and tubing
- Paracentesis
- Central line insertion

CLASSES ATTENDED:

- BLS
- CNE workshop on healthy living and diabetes.
- Classes on wound care, Pressure ulcer prevention and management.
- Equipment demonstration of cardiac monitors ,syringe pump ,infusion pumps ,defibrillators
- I.V Therapy
- Attended regular staff development programs in hospital.
- Conferences on wound care, dementi

WORKSHOPS ATTENDED

1. **Basic life support** at St. Philomena's Hospital on November 7th, 2015.
2. **ACLS** at St.Philomenas hospital on JUNE 25th, 2014.
3. Training Programme on **Chemotherapy and Chemotherapeutic Procedures** on April 7th, 2016.
4. Training Programme for **NSS Volunteers** on the eve of **WORLD AIDS DAY** on December 1th, 2011.

GENERAL

Computer Literacy, Basic Computer skills and applications in Hospitals, MS Office

PERSONAL INFORMATION

Name in full : **JITHA JOHNY**
Gender : Female
Date of Birth : 19th September, 1992.
Father's Name : Mr. JOHNY. T.S
Religion & Caste : Christian, RC
Marital Status : Single
Nationality : Indian
Nativity : Ernakulam District, Kerala State, India.
Mother Tongue : Malayalam
Blood group : B^{+ve}
Languages known : Malayalam, Kannada, English & Hindi

Passport Details

<i>Passport Number</i>	P1157749
<i>Issued On</i>	19-05-2016
<i>Valid Up to</i>	18-05-2026
<i>Place of Issue</i>	COCHIN

REFERENCE

1. **Sr. Velankani**
Nursing Superintendent
St. Philomena's Hospital
No. 4, Campbell Road, Vivek Nagar (P.O)
Bangalore – 560 047.

DECLARATION

I do hereby declare that all details given above are true and correct to the best of my knowledge, information and belief.

Date: 17/06/2016
Place: Tottuva

yours sincerely,
JITHA JOHNY