

Gilu Alice Abraham

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Pathanamthitta

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OBJECTIVE:

To build a successful career in the field of social and mental health care as a Medical and Psychiatric Social Worker and Counselor that enhances the development of personal skills and growth, facilitates career growth and professional competency.

PROFESSIONAL EXPERIENCE:

Agape Mental Health and Research Institute, Pathanamthitta, Kerala, India

Years of Experience: **One Year** (2016 October - 2017 October)

Job Title: **Counsellor**

Responsibilities Included:

- Assess of psychosocial functioning of clients and families.
- Taking case histories & Case Management
- Providing Individual and Supportive counseling.
- Individual and group sessions in relaxation techniques and social skills etc.
- Report writing and record maintenance
- Discharge and Follow-up planning

EDUCATIONAL QUALIFICATION:

Master of Social Work specialized in Medical and Psychiatric Social Work (2014 - 2016) from Mahatma Gandhi University, Kottayam, Kerala, India.

Bachelor Of Bussiness Management With Computer Application (2010 - 2013) from

CMS college of science and commerce Coimbatore, Tamilnadu

Completed School Year From Ebenezer English Medium High School Kallissery (2008) and St. Thomas Higher Secondary School Thiruvalla (2010)

AREAS OF INTEREST:

- Counseling in Medical and Psychiatry Ward
- Counseling in Schools and Special Schools
- Human Resource
- Administration
- Social Case Management

PROFESSIONAL SKILLS AND ATTRIBUTES:

- Communication skills
- Listening and Observational skills
- Time management and Organizational skills
- Analytic and assessment skills
- Teaching skills
- Case Assessment
- Administration
- Reporting and Documentation
- Patient Care Management

IT PROFICIENCY:

- Microsoft Word
- Microsoft Powerpoint
- Microsoft Excel

PERSONAL DETAILS:

- Date of Birth: March/07/1992
- Age: 25
- Nationality: Indian
- Sex: Female
- Religion: Christian - Knanaya Jacobite
- Marital Status: Married
- Interests: Reading, Driving, Cooking, Travelling
- Languages Known: English, Hindi, Malayalam and Tamil

REFERENCES

- ☒ Dr. John Jacob. M
Director and Psychologist
Agape Mental Health and Research Institute
Pathanamthitta
Ph: +91 9847082773

- ☒ Dr. Ipe Varghese (HOD)
Department of Social Work
B.C.M College, Kerala
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DECLARATION

I, **Gilu Alice Abraham**, hereby declare that the above furnished details are true and complete to the best of my knowledge.

Gilu Alice Abraham