

ANITHA KURIAN (Pharm D)

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Career Objective

To explore and contribute to the field of clinical pharmacy and associated academics by applying the acquired knowledge and skillset thereby, to enrich the young minds of pharmacy along with enhancing my career growth.

Academic Qualifications

Sl.No	Course	Name of Institution	Year	Marks(%)
1.	Pharm D	M. S. Ramaiah College of Pharmacy, Bangalore (RGUHS)	I st Year	81
			II nd Year	76.85
			III rd Year	80.36
			IV th Year	79
			V th Year	80.28
			Aggregate	80
2.	Higher Secondary	St.Peter's HSS, Kolenchery	March 2011	89.91
3.	SSLC	GHSS, Kadayiruppu	March 2009	93

Additional Qualification :

- Professional Certification of Pharmacovigilance from Catalyst Clinical Services Pvt. Ltd., New Delhi

Dissertation:

“Generating safety profile of levonorgestrel by applying signal detection techniques in FDA AERS database”.

Outcomes:

- Generated safety profile of Levonorgestrel (LNG)
- Identified unreported ADRs of Levonorgestrel (LNG) like breast enlargement, breast pain, dysmenorrhea, ectopic pregnancy, menorrhagia, metrorrhagia, menstruation delayed, nipple disorder, pregnancy after post coital contraception, premenstrual syndrome from Food & Drug Administration (FDA) Adverse Event Reporting System(AERS) database using signal detection technique

Clinical Experience:

- ❖ *Nephrology*
 - Dosage adjustment of drugs in renal impairment
 - Pharmacotherapy of acute and chronic renal failure
 - Dialysis complication and its treatment
- ❖ *Neurology*
 - Pharmacotherapy of various neurological disorders
 - ADR monitoring of antiplatelets, anticoagulants and anticonvulsants
- ❖ *Psychiatry*
 - Peer discussion with psychiatrist to improve quality of life of patients
 - Patient history interviews for early detection of adverse drug reactions (ADR's)
- ❖ *Accident and emergency*
 - First aid management
 - Life support measures
- ❖ *Oncology*
 - Pharmacovigilance

- ADR monitoring of chemotherapeutic agents
- Drug Utilisation Evaluation
- ❖ *Cardiology*
- Medication history interview and Patient counselling
- Basic of ECG interpretation
- Prescription monitoring
- ❖ *Obstetrics and Gynaecology*
- Detection of contraindicated drugs during pregnancy and nursing
- ❖ *Endocrinology*
- Patient counseling using patient information leaflets
- ADR monitoring
- ❖ *General medicine*
- Detection of various ADRs and medication errors.
- Pharmacotherapy of metabolic and outbreak disease.
- Implementation of pharmacokinetic dosing principles to optimize the dosing of drugs.
- Drug information query.
- Interventional activities.

Publication:

Topic: A Disproportionality Analysis of FDA AERS Database for Generating Safety Profile of Levonorgestrel (JOURNAL OF PHARMACY PRACTICE, ELSEVIER INDEX) under review

Additional Experience:

- **Posting in Hospital Pharmacy, M. S. Ramaiah Hospital-2012**
 - Prescription event monitoring & drug dispensing.
 - Provided patient counselling pertaining to proper usage of drugs as well as management of various disease.
 - Counselling patients on proper usage of over-the-counter medications.

Internship:

- One year of internship in departments of General Medicine, Paediatrics, Dermatology and General Surgery (September 2016 onwards)

Conferences and Seminars attended :

- Attended **breast cancer awareness program** organised by HCG conducted in October 2011 & December 2012.
- Participated in **Narayana Health Walkathon 2014** on the occasion of World Heart Day conducted by Narayana Health
- Participated as a delegate in the **Pharmacy practice module on “Nephrology”** from 18th to 20th March 2015, organised by **IACP**.
- Attended **Global Cancer Summit, International Collaborative Conference** from 18th to 20th November 2015 at JN TATA Auditorium, Indian Institute of Sciences, Bangalore.
- Participated as a delegate in the National Conference **Alphacon – 2017 "Mission Beyond Vision"** from 9th to 11th February 2017.
- Attended “**Basics of ECG Interpretation and Demonstration Using Simulation Models**” held on 27th & 28th September 2016, organized by the Department of Pharmacy Practice and Emergency Medicine Department, MSRMC.

Poster presentation:

- Presented a poster on topic entitled “**Levonorgestrel Induced Nipple Disorder: Data Mining of Public Version of FDA-AERS Database**” in the National Conference **Alphacon – 2017 "Mission Beyond Vision"** held on 11th February 2017.

Community Service:

- Participated in **Inter Disciplinary Community Orientation Programme** from 23rd November 2015 to 11th December 2015 organized by the M. S. Ramaiah Medical College, M. S. Ramaiah Dental College, M. S. Ramaiah Institute of Physiotherapy and M. S. Ramaiah Institute of Nursing Education.
- Volunteered “**Pulse Polio Programme**” conducted by Government of Karnataka, on April 2017 at Bangalore.

Skills:

Professional experiences & skills

- Monitor Adverse Drug Reactions (ADRs), Drug interactions and Contraindications thereby providing patient care
- Medication history interview
- Patient counselling
- Individualization of drug regimens
- Rationale use of antibiotics
- Recommend rational drug therapy

- Prescription event monitoring
- Assessment of Medication Errors
- Drug Information Services
- Pharmacoeconomic Analysis Eg: Conversion of IV to oral therapy when patient is stable
- Journal club presentations
- Case presentations & seminars
- Working experience of MS Word, MS Excel, MS Powerpoint ,MS Access databases
- Well trained in using drug related database - MICROMEDEX

Personal skills:

- Medical writing
- Communication skills
- Observational skills
- Self motivated and determined
- Consistent and outstanding academic records throughout my education
- Good organizational and problem solving skills

Personal Profile:

Date of Birth: 21.11.1993

Gender: Female

Marital Status: Single

Languages Known: English, Malayalam and Kannada

References

Dr. E Maheswari

Professor and Head

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**Mr. Sri Harsha M.Pharm(PP), P.G.Dip in P.V,
(Ph.D)**

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DECLARATION

I hereby declare that the information furnished above is true to the best of my knowledge and belief.

Yours faithfully,

ANITHA KURIAN