

MARIA K ABRAHAM

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Kudiyirippil (H), Chengal, Kalady (P O), Kerala-683574



CAREER ASPIRATIONS

Dedicated Registered Nurse with specialty in medical surgical ward to obtain a position as a nurse in a unit where my nursing skills can be used

SYNOPSIS

- Willing to work hard and push beyond my limits and capabilities.
- Strong Managerial, oratorical and presentation Skills.
- Driven by a strong force of positive attitude and optimism.
- Good problem solving ability and analytic skill to solve the problem efficiently.
- Can enact the role of a team leader as well as a player with equal prominence.
- Can easily learn and take responsibility.
- Loyalty and sincerity.
- Alerts and observant.
- Excellent communication skill.

TECHNICAL SKILL

- ❖ Proficient in all apparatus and equipment of operation theater.
 - ❖ Proficient in basic use of computer.
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COMPUTER EXPERIENCE

- ❖ Microsoft Office Excel
- ❖ Microsoft Word, PowerPoint
- ❖ Email handling
- ❖ Other computer basics with internet knowledge
- ❖ Good skills in hospital based computer activities

PROFESSIONAL BACKGROUND

ACCADEMIC PROFILE

Degree (BSc. Nursing)	SanJoe College of Nursing, Perumbavoor (Kerala University of Health and Science)	68 %	2014
Higher Secondary (Plus 2)	St. Thomas Higher Secondary School, Malayattoor (Board of Higher Secondary Education Kerala)	83 %	2010
High School (SSLC)	St. Joseph Girls High school, Chengal (Kerala State Board of Education)	85 %	2008

REGISTRATION DETAILS

Registered Authority	Kerala Nursing and Midwives Council Trained Nurses Association of India
Registration No	KLO32051504843
Period	02-Dec-2015 to 01-Dec-2020

CREDENTIALS

- Played an integral part in NABH and Nursing Excellence Audit.
- Immunization programs.
- Antenatal & Postnatal checkups.
- Growth & development assessments.
- Conducted school health and community health programs.
- Conducted medical camps.
- Prevention and control of communicable diseases, STD, AIDS.

TRAINING

- Basic principles and practice of nursing SanJoe hospital Perumbavoor.
 - Medical surgical nursing Sanoje hospital Perumbavoor general hospital Ernakulum, Lissie hospital Ernakulum.
 - Community health nursing-PHC Nellimolam, CHC Rayamangalam.
 - Child health nursing Sanjoe hospital Perumbavoor.
 - Obstetrics and Gynecological nursing- Sanjoe hospital Perumbavoor, Taluk Headquarters Perumbavoor, Dhanya hospital Chalakudy.
 - Mental Health nursing -Bethsida hospital Vengolla.
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WORK EXPERIENCE

- Worked with Aster Medcity in capacity of Staff Nurse Trainee (24-Nov-2014 to 01-Dec -2015) and as a full time Registered Staff Nurse (2-Dec-2015 to 23-Dec-2016) in Medical Surgical Ward for 2 years and 1 month.

ASSISTED SPECIAL PROCEDURES

- Ascetic Tapping
- Cardio-Pulmonary Resuscitation
- Bone Marrow Aspiration
- Humber Suturing
- Central Venous Insertion
- Suturing

PATIENT CARE

- Maintenance of PICC line, Chemo pot, central line with correct technique
- Maintenance of hand hygiene and patient education
- Administration of correct dose of Chemotherapy
- Patient and family education of sides effects of Chemotherapy
- Blood transfusion
- Giving comprehensive nursing care to the patient, which is mainly based an assessment of needs, nursing diagnosis to meet the needs ,implementation of nursing intension and evaluation of nursing practice
- Patient assessment and reassessment
- Administration of medications in timings. E.g.: OD, BID, TID, Stat, SOS
- Hot and Cold Application E.g. Ice Bed ,Hot Water Bag, Cold Compress, Cold Sponge
- Personal hygiene including assist in activities of daily living
- Tracheotomy care of patient
- Care of pressure sore
- Oxygen therapy , Nebulization
- Pre and post-operative care
- Calculation of drugs
- Familiar with all Protocols, Administration blood products
- Care of immune compromised patients
- DVT prophylaxis
- GCS of ICD
- Care of invasive line
- Maintaining records and reports
- Taking care of different types of drain

INFECTION CONTROL

- Disinfection of solid linen
- Strict aseptic techniques for all sterile procedures
- Hand washing prior to all procedures
- Sending equipment for sterilization
- Proper disposal of biological and non-biological waste materials
- Isolation and treatment of infected

ASSIGNED RESPONSIBILITIES

- Maintaining of drug and investigations as per orders.
- Proper documentation of drugs administered and investigations done.
- Maintaining the equipment in working condition.
- Maintaining emergency drugs and equipment at accessible place.
- Proper monitoring of patient.
- Informing the doctor concerned whenever necessary
- Transportation of critically ill patients.
- Maintaining of good nurse patient relationship including orientation of patient to the unit or room and patient family education.
- Well versed in the cardio pulmonary resuscitation(as per ACLS protocol)

EQUIPMENT USED

- Defibrillator
 - Infusion Pump
 - Suction Apparatus
 - Nebulizer
 - Pulse Oximeter
 - Computer
 - NIBP
 - ECG Machine
 - Syringe Pump
 - Steam Inhaler
 - AMBU
 - Laryngoscope
 - Otoscope
 - Ophthalmoscope
 - Vacuum Machine
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PROJECTS

- **Research**

A study to assess the effectiveness of oral sucrose supplementation on level of pain during IV insertion among young children in selected hospitals of Ernakulum district.

PERSONAL VITAE

Date of Birth : 12th May, 1993

Sex : Female

Age : 24

Father's Name : Mr. K P Abraham

Religion : Christian RC/SC

Marital Status : Single

Nationality : Indian

Languages Known : English (s, r & w), Malayalam (s, r & w), Tamil (s),
Hindi (r & w) and Arabic(s).

Passport No : M9434022

Passport Expiry Date: 19-06-2025

DECLARATION

I hereby declare that all the information given above are true and correct with the best of my knowledge and I bear the responsibility of the above-mentioned particulars.

01/01/2018
CHENGAL

MARIA K ABRAHAM