

CURRICULUM VITAE

ANU THOMAS

anuthomas910@gmail.com

Mob: 9747541361



CAREER OBJECTIVE:

To work in an environment where I get a chance to gain knowledge which can be shared and enriched, where I can utilize my skills and expertise to the optimum towards achieving my goal.

SELF PROFILE:

Capacity to work independently and energetically with full confidence for achieving the targets. To look into things with a positive and practical attitude is my greatest strength.

PERSONAL DETAILS:

Father's Name	:	K P Thomas
Date of Birth	:	18.02.1993
Sex	:	Female
Address	:	Kappadakkattukunnel House Pangarappilly P O Pin 682314
Marital Status	:	Married
Nationality	:	Indian
Religion	:	Christian
Languages Known	:	Malayalam, English
Computer Knowledge	:	Basic Knowledge with Internet

EDUCATIONAL QUALIFICATION:

- General Nursing and Midwifery from SidhiSadan Lourdes School of Nursing, Kochi, Ernakulam from October 2010 to March 2014, Reg. No. is KL01201400954, Passed the examination with 2nd class.
- Higher secondary examination from St. Ignatius Higher secondary School, Kanjiramattom (Board of VHSE, Kerala) March 2010.
- SSLC from St. George HS Arakunnam (Govt. of Kerala) March 2008.

EXPERIENCE DETAILS:

- Working as a Medical and surgical staff nurse in Lourdes Hospital, Ernakulam. specialized as a surgery department (General surgery, vascular surgery, plastic surgery, urology and orthopedics departments) since 3 years and 10 months.

STRENGTHS:

Patience, positive attitude, and eager to learn new things

NURSING EXTERNSHIP:

- Monitor the overall physical condition of the patient
- Maintain patients' records
- Provide medicines punctually and take accurate care
- Communicate to the relatives regarding the condition of the patient
- Emotional support and provide them right recommendation with regards the vigorous lifestyle
- Care of pre and post operative patients
- Basic knowledge of medical equipment's, products and pharmaceuticals
- Assisting with basic procedures

SKILLS:

- Good interpersonal and communicational skills.
- Sincere, hardworking and commitment to excel in the given field.
- Willingness to utilize abilities developed through my experience and education with intent to grow professionally.
- Good analytical skill with problem solving capabilities sense of responsibility and creative.

DECLARATION:

I hereby declare that all the above mentioned information's are true to the best of my knowledge.

Date:

Place:



ANU THOMAS

Signature