**Curriculum Vitae**

**ANU GEORGE**

Plackaparambil (H)

Velanilam P O

Velanilam

Kottayam DT,

Kerala State,India

Mob:9847328498

E-mail: anurenju3@gmail.com

 **DESIGNATION :** STAFF NURSE

**OBJECTIVE**

To practice high standard nursing care in accordance with needs and problems of the clients and to seek a challenging work environment in nursing which will nature my talent to nursing care and upgrade my knowledge.

**PERSONAL DETAILS:**

Name : **Anu George**

Age & Date Of Birth : 27, 04/11/1988

Sex : Female

Marital Status : Married

Nationality : Indian

Religion & Caste : Christian, R C C

Languages Known : English, Malayalam, Hindi

Mother Tounge : Malayalam

Present Details : Alackaparambil (H)

Velanilam P O

Velanilam

Kottayam DT,

Kerala State, India

Occupation Field : Worked as staff nurse in Mary

 Queens Mission Hospital

 Kanjirapally in Emergency dept.

**PASSPORT DETAILS**

Passport No : N6981665

Place of Issue : Cochin

Date of Issue : 02/02/2016

Date of Expiry : 01/12/2025

**Academic Qualification:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Qualification | Name & Address Of Institution | Name of Board/State/ University | Year Of Passing | % of Marks |
| SSLC | St.Joseph H SPeruvanthanam | Kerala Board Of Public Examination | 2005 | 66% |
|  Plus Two | St joseph hss peruvanthanam | Kerala Board Of Higher Secondary Examination | 2007 | 59% |

**Professional Qualification:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Qualification | Name & Address Of Institution | Name of Board/State/ University | Year Of Passing | Rank |
| Diploma in General Nursing and Midwifery(3 and half year course) | Mary Queens Mission Hospital, Palampra P O, KanjirappallyKottayam-686518 | Kerala Nurses and Midwifery Council | 2011 | 1st Year 70% |
| 2nd Year 70% |
| 3rd Year 65% |
| 31/2 Year 75% |

**IELTS**

Overall Score : 5.5

**PROFESSIONAL EXPERIENCE**

**Period of Employment** : Working as a Staff Nurse from 1st April 2011 to

20thApril 2016

Nahas hospital Parappanangadi, Malappuram

1st January, 2017 to till date.

**PROFESSION**

 : General Nursing & Midwifery (31/2 year)

**Duties & Responsibilities Undertaken:**

* Maintain Philosophy of team nursing
* Demonstrated awareness of the total nursing needs of patients and won responsible for seeing that they are met.
* Performed emergency nursing case of unconscious patients, critically ill patients in acute and chronic renal failure, acute exacerbation of COPD, Bronchial asthma, all type of shocks, bleeding disorders, cardiac problems, hypoglycemic, hypertension, stroke, road traffic accidents
* Assister physicians for procedures like endotracheal intubation, Lumbar puncture, CVP catheter insertion, and endoscopy.
* Performed CVP monitoring, Blood transfusion, IV canalization, NGT insertion, Foley’s catheterization, gastric ravage, wound dressing of burns and surgical wound, butane removal.
* Operated efficiently cardiac monitors, Defibrillators, ventilators and Monitors, 12 lead ECG machine, Pulse oxymeter, Nebulizer, Suction apparatus.
* Administer medication and manage fluid therapy.
* Teaching and supervising junior staffs
* Maintaining proper records and reports.
* Attending andmanaging emergency cases.
* Check vital signs.
* Attending emergency cases like chest pain, head injury, acute LVF, CVA and seizures.
* Attending surgical appendicitis analfissure and kidney stone.
* Management of all patients with cardiac problem including IV injection and oral, medication.
* Aseptic dressing.
* Assesting suturing, I and D,CMR,knees aspiration , suture removal insertion of POP.
* Preparing the person for emergency surgery.
* Catheterization.
* Insertion of nasogastric tube.
* Stomach wash
* Providing nebulization.
* Attending gynacases like bleeding P/V, Missed abortion , Hyper emesis
* Assist the doctors for intubation
* Attending paediatric cases like fever, vomitting, diarrohea, Febrileseaedi and type of seizures
* Attending ortho procedures
* Attending for emergency suturing case in minor surgery.

**Nursing Details:**

* Bed making, total care of patients(providing personal hygiene)
* Attending Doctors rounds, carrying out the orders as instructed by the Doctors.
* Administration of parenteral and oral medications
* Taking ECG
* Assisting in Lumbar puncture, Aspiration, Ascetic taping
* Tracheotomy care, Assisting in oral intubations
* Blood transfusion, IV Cannulation and IV Therapy
* Diagnosing actual and potential problems of the patients
* Assessment of Homodynamic studies
* Administrating nebulization and steam inhalation
* Assisting in CVP, IABP, ICD insertion and removal
* Endotracheal suctioning
* Catheterization and Bladder wash
* Chest percussions. Care of patients with chest tube drainage
* Monitoring intake/output chart
* Monitoring patients with Cardiac Monitors
* Care of patients who are undergoing surgery
* Post operating Nursing Care
* Assisting in Intubation and Extubation
* Assisting in dressing with sterile technique
* Collecting blood for Arterial Blood Gas Studies
* Taking part in Admission, discharge, transfer& other care needed by the patient.
* Ryle`s tube insertion and feeding, Jejunostomy feeding
* Monitoring CVP, ABP, IABP

**Equipments used:**

* Digital Thermometer (oral and rectal)
* E C G Machine
* Suction Apparatus
* Cardiac monitor
* Defibrillator
* Pulse oxymeter
* Oxygen cylinder
* Ambubag
* Centralized oxygen
* Glucometer
* Stethoscope
* Laryngoscope
* Sphygmomanometer
* Nebulizer
* Steam inhaler
* Endoscope
* Infusion Pump
* Ventilator

**PERSONAL SKILL AND COMPETENCY**

**Interpersonal Abilities**

* Able to work well in team
* Self-Motivated
* Understand conflict management
* Confident in handling new tasks
* Able to work under critical conditions

**Communication skills**

* Good communication skill gained through my profession and social relation.

**Organizational/managerial skills**

* During my professional period I conducted many workshops and seminars with my colleagues.
* During my work most of the team I assigned as acting in charge whenever my superior is on leave.

Driving License (4-wheeler)

**PERSONAL MEMBERSHIP OBTAINED**

* Indian Nursing Council
* Kerala Nursing Council
* TNAI

**Reference:**

Sr, Blaze Mary S H Dr.Antony A Thomas

Nursing Superintendent Medical Superintendent

Mary Queens Mission Hospital Mary Queens Mission Hospital

Palampra P O, Kanjirappally Palampra P O, Kanjirappally

Kottayam-686518 Kottayam-686518

Kerala, India Kerala, India

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Mob: 09495525713

**DECLARTION**

I hereby declare that the above mentioned information is correct up to my knowledge & I hear the responsibility for the above mentioned particulars.

Place: MUNDAKAYAM **ANU GEORGE**

Date:19-06-2018