

# **CURRICULAM VITAE**

# PERSONAL PROFILE

Name	:	NIMISHA THOMAS
Father's Name	:	Thomas. A.C
Mother's Name	:	Celin thomas
Date of Birth	:	27-01-1989
Marital Status	:	Married
Religion	:	Christian
Caste	:	Roman Catholic
Nationality	:	Indian
Languages Known	:	English, Hindi & Malayalam
Address	:	NIMISHA THOMAS
		Ethakadu house mammood po
		changanassery (Po)
		Kottayam (Dt)
		Kerala - 686553
Contact Number	:	9072059460(Mob)
		9496224523 (Home)
Email id	:	<u>1989nimisham@gmail.com</u>

## **PASPORT DETAILS**

Passport No	:	K5975997
Place of Issue	:	Cochin
Date of issue	:	05-11-2012
Date of Expiry	:	04-01-2022

## **PROFESSIONAL QUALIFICATION**

S.NO	QUALIFICATION	INSTITUTION	UNIVERSITY	YEAR	%
1	B.Sc NSG 1 <sup>st</sup> Year	UNIVERSITY COLLEGE OF NURSING KOTTAYAM	MG UNIVERSITY	2007-2008	63 %
2	B.Sc NSG 2 <sup>nd</sup> Year	-do-	-do-	2008 - 2009	64 %
3	B.Sc NSG 3 <sup>rd</sup> Year	-do-	-do-	2009 - 2010	68%
4	B.Sc NSG <sup>4th</sup> Year	-do-	-do-	2010 -2011	68%

## MP Registration No : 57059

Validity : From 23/05/2012

#### **PROFESSIONAL EXPERIENCE**

- \* 1 year 5 months Neurology ward KMCT Medical Collge Hospital Calicut from 26-06-2012 to 03-11-2013
- \* One year &7 Months experience in medical and surgical ward from MIMS Hospital Calicut from 20-11-2013 to 31-01-2015
- \* 2 years of experience in emergency department, King Abdul Aziz Hospital, Saudi Arabia from 10-07-2015 to 16-06-2017

#### ACADEMIC QUALIFICATION

S.NO	STANDARD	NAME OF EDUCATION BOARD	YEAR	%
1	10 <sup>TH</sup>	C.M.S High School Nedungadappally	2005	80%
2	12 <sup>TH</sup>	St.Peter Higher Secondary School Kurumpanadom	2007	86 %

## EQUIPMENT HANDLED

- \* B.P apparatus
- \* Suction apparatus
- \* Clinical Thermometer
- \* Glucometer
- \* Nebulizer
- \* Dressing Instruments
- \* Syringe/ Infusion Pump
- \* Stethoscope
- \* ECG Machine
- \* Defibrillator
- \* O<sub>2</sub> cylinder
- \* Pulse oximeter
- \* Cardiac monitor
- \* Ophthalmoscope
- \* Laryngoscope
- \* Steam inhaler etc.

## NURSES RESPONSIBILTIES AND DUTIES

- \* Admission, transfer and discharge of patients
- \* Monitor vital signs, observe signs and symptoms and initiate nursing measures appropriate to patient's condition and recording it to patient's chart accordingly as well as reporting any untoward patient's condition to nurse in charge or attending physician.
- \* Giving total care to the bed ridden patients. Initiate and performs a range of nursing measures based on patient's need related to physical and mental comfort, mobilization, nutrition, hydration, skin care and other physical and mental bodily functions.
- \* Care of an unconscious patient.
- \* Gastrostomy feeding/ jejunostomy feeding
- \* Administration of medicines
- \* Administering nebulizer therapy
- \* Cauterization and enema
- \* Collection of specimen to the Lab (Blood/ Urine)
- \* Care of patients with indwelling urinary catheters, give post- operative care to patients.
- \* Administration of chemotherapy medicines.
- \* Care of labor patients
- \* Ryles tube insertion
- \* Pre & postoperative Care of patients

## PROCEDURES SEEN AND ASSISTED

- \* Endotracheal Intubation
- \* Lumbar Puncture
- \* Venipuncture
- \* Ultra sonography

- \* Folley's catherization
- \* Ryles tube insertion
- \* Autodaving
- \* Peritoneal and plural tapping
- \* Blood/ component transfusion
- \* Intercostals drainage
- \* Tracheostomy
- \* Bone marrow aspiration / biopsy
- \* Total parental nutrition
- \* Coronary angiogram
- \* Peradaneous transluminal coronary angioplasly.

#### REFERENCE

\* Mrs. Sheelamma T.J

Chief nursing Officer

MIMS Hospital

Calicut

\* Mrs. Rosamma

Nursing Superintedent

KMCT Medical College Hospital

Manassery Mukkam PO

Ph: 04952293500

\* Mrs.Sheeba george

Nurse In Charge

Neuro Ward

KMCT Medical College Hospital

Ph; 9961647982

## DECLARTION

I here by declare that all statement in the above information is true to the best of my kno wledge and belief and can be supported by relevant certificates and documents.

Place : Changanasserry

## NIMISHA THOMAS

Date : 18-04-2018