

## CURRICULUM VITAE

**PREENA APRAEM**



preenaapream001@gmail.com

### **ADDRESS**

Chakkichery (H)  
Kidangoor P.O  
North kidangoor  
Angamaly  
Kerala, India  
Pin : 683591  
Mobile: 7025809587

### **PERSONAL DETAILS**

Date of birth : 29 – 04 – 1996  
Father's name : Apream C R  
Mother's name : Philomina Apream  
Sex : Female  
Nationality : Indian  
Marital status : Single  
Languages Known: Malayalam, English  
Profession : Dietician  
Registration Number : IDA/ 13564

### **CAREER OBJECTIVE**

A healthy working environment with the scope to grow both professionally and personally for betterment of the organization.

### **ACADEMIC / PROFESSIONAL QUALIFICATIOIS**

Course	Name of institution	University/ Board	Year of pass	% of mark
MSc Dietetics & Food Service Management	Assumption College, Changanassery, Kerala, India	Mahatma Gandhi University	2018	Result waiting
BSc Family & Community Science	Morning star home science college Angamaly Kerala, India	Mahatma Gandhi University	2016	72
Plus Two	Government H.S.S Puliyanam Kerala, India	Kerala State Board	2013	70
S.S.L.C	Holy Family High School Angamaly Kerala, India	Kerala State Board	2011	82

Designation	Area of specialisation	Institution	Duration
Dietician Intern	Clinical nutrition	Rajagiri Hosptal, Chunangamveli, Aluva (550 bedded super specialty tertiary care Hospital)	One month (April,2017)

**DISSERTATION TITLE – “The relation of vegetables and fruits intake at the risk of cardiovascular disease”**

**SEMINARS ATTENDED**

- Attended UGC sponsored National seminar on “*Traditional foods – A key to comprehensive health and longevity -2014*”, held at Morning star home science college Angamaly, kerala India.
- Participated UGC sponsored National seminar on “*Burnout Syndrome Prevention And Coping Strategies*”, held at Morning star home science, kerala India
- Attended UGC sponsored National seminar on *sustainable health and wellness – issues and challenges*”, held at Morning star home science college Angamaly, kerala India
- Participated and presented a poster entitled “*Sustaining The Earth*” in seminar on “*Sustaining The Earth*” organised by St. Theresa’s college Ernakulam on 17 November 2016
- Participated in the state level seminar on “*climate changing, food and agriculture must too*” organised by St. Theresa’s college Ernakulam
- Participated in the UGC sponsored national seminar on “*Rising cancer : A Raising Concern*” organised by St. Theresa’s college Ernakulam
- Participated in the state level seminar on “*Advances In Researches*” organised by St. Theresa’s college Ernakulam in association with KSCSTE
- Participated in seminar and Presented a poster entitled “*Sustainable Nutrition and Food security*” organized by Dietary Department, General Hospital, Ernakulam, Kerala, India on 16th October 2012

**REFERENCE**

Mrs. Manjulin Jacob  
Head of the department  
Department of Home science  
Assumption College Changanassery

**DECLARATION**

I hereby declare that the information above mentioned is correct and true to the best of my knowledge and belief.

Yours Sincerely

**PREENA APRAEM**