

CURRICULAM VITAE

Post Applied for : **STAFF NURSE**

BEENA JOSEPH

PANATHRAMALIYIL
RUBBER BOARD P.O.
KOTTAYAM (DT)
KERALA (STATE)
PIN – 686 009
MOB:9072755190

CAREER OBJECTIVE

To obtain a position where I can utilize my skills explore and gain knowledge in an organisation and serve the human kind to the best of my capabilities.

PERSONAL DETAILS

Date of Birth : 28-05-1988

Father's Name : P. V. Joseph

Present Address : Panathramaliyil House
Rubber Board P.O.
Kottayam – 686 009
Kerala

Gender : Female

Religion and caste : Christian / Jacobite

Marital Status : married

Nationality : Indian

Languages Known : English, Hindi & Malayalam

Email : beenam888@gmail.com

PASSPORT DETAILS

Passport No. : KL067002
Date of Issue : 14-05-2012
Place of Issue : Cochin
Date of Expiry : 13-05-2022

EDUCATIONAL QUALIFICATION

Course	Name Of Institution	Board / University	Year
GNM	Faith Institute of Nursing Sciences, Ramachandrapura, Jalahalli P.O., Bangalore – 560 013	Rajiv Gandhi University	February 2010
PLUS TWO	Boys H.S.S, Puthuppally, Kottayam Dist.	Board of Public Examination	March 2005
SSLC	Infant Jesus Bethany Convent GHS, Manarcadu, Kottayam Dist.	Board of Public Examination	March 2003

PERSONAL SKILLS

I am hard working as well as smart working, I have positive attitude, keen to learn new things and enjoy working in team environment.

WORK EXPERIENCE

- 1) **2 years** worked as **Staff Nurse** in the **Department of Heart Command (E-I.C.C.U)** in **Fortis Escort heart Centre**, PT JNM Medical College, Jail Road, Raipur, 492 001 (C.G) from 06-02-2011 to 21-02-2013.
- 2) **1 year** worked as **Staff Nurse** in the **Department of Medical and Surgical Ward in Max Super Speciality Hospital**, Indraprastha

Extension, Patparganj, Delhi – 110 092 from 02-04-2013 to 31-05-2014.

- 3) **3year** worked as **Staff Nurse** in the **Department of Medical and Surgical Department in Almanar Medical Complex,Al Khafji, Saudi Arabia** from 18-05-2015 to 26-03-2018

EMPLOYMENT HISTORY

- Worked as a staff Nurse in the department Cardiac ICU in Fortis Escorts Heart Centre, Raipur during the period of 06/02/2011 to 21/02/2013. Fortis Heart Centre is a 45 bedded Hospital in Raipur; It was a Cardiac Hospital and is mainly focused in cardiac procedures like coronary angiography and Angio plasty and also cardiac surgeries.
- Worked as a Staff Nurse in Medical and Surgical ward in Max super speciality hospital,New Delhi from 21/04/2013 to 31/05/2014. Max Hospital Patpargunj,New Delhi is a 450 bedded super speciality Hospital with world class operation theatre with brain and spine care, ortho, cardiac and bariatric surgery along with other associated specialty. It also got ISO,NABH,and IMS accreditation.
- Worked as a staff nurse in Al Manar Medical Complex Al Khafji in Saudi Arabia from 18 -05-2015 to 26-03-2018

Al Manar Medical Complex is a Hospital with all Departments and other associated speciality with highly efficient doctors .

DUTIES AND RESPONSIBILITIES

- Providing personal hygiene.
- Accessing and Recording vital signs.
- Diagnosing actual and potential problems of the patient.
- Attending Emergency as well as other cases.
- I V cannulation and I V therapy.
- Ryles tube insertion and feeding.
- Endo tracheal suctioning.
- Foley's Catheterization.
- Assist in Intubation and complete Resuscitative procedures.
- Total care of the patient in ventilator and IABP
- Maintenance of stock like narcotics and other drugs,CSSD and so on.
- Assist in surgical procedures

PROCEDURES PERFORMED

- Taking Admission and giving Discharge
- Transfer of patient to various departments and other hospitals.
- Administration of medication
- Administration of blood products
- Control of infections
- CPR
- IV Cannulation
- Foley's catheterization
- Ryle's tube insertion

ADMINISTRATIVE RESPONSIBILITIES

- Reporting on duty.
- Inventories and recording.
- Maintain stock eg:-Drug, CSSD.
- Attending rounds with Physician and Nursing personal.
- Checking the working condition and setting of equipments.

DIRECT PATIENT CARE

- Assessment of patients.
- Plan care and set priorities.
- Pain assessment and management.
- Maintaining of records
- Care according to priorities
- Patient and family education

EQUIPMENTS HANDLED

- ECG machine
- Pulse Oxymeter
- Defibrillator
- Cardiac Monitor
- CPAP machine
- Crash Trolley

- Suction apparatus
- B.P.apparatus
- Syringe Pump
- Infusion Pump
- Nebulizer
- Ventilator
- Doppler
- IABP Machine
- ABG Machine

REFEREENCE

1. Ms. Mini R. Varghese
Chief of Nursing
Fortis escort Heart Centre
Pt JNM Medical College, Jail Road
Raipur 492001 (C.G.)
2. Dr. Satish Suryavanshi MBBS, MD, DM (Cardio)
Chief Consultant
Interventional Cardiologist
Escorts Heart centre
Raipur, C.G.

DECLARATION

I here by declare that all the information mentioned in the above is true and correct to the best of my knowledge and belief.

Yours faithfully

BEENA JOSEPH

Place :

Date :