

RENITHA RICHARD



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CORE COMPETENCIES

- Nutrition assessment & therapy
- Supplements evaluation
- Client & family Counseling
- Nutritional awareness & dietary risk management
- Prescription based care plan for clients diagnosed with diabetes, obesity, hypertension, hyperlipidemia, or any other type of chronic condition or normal healthy diets.
- Demonstrating Composite Health Care System [CHCS] applications patient appointment & Scheduling Patient administration menu Clinical order entry Clinical system menus provider (Nurse, Lab, Pharmacy & Dietary) Staff Coordination

ACHIEVEMENTS

- Certified diploma in '*Food Science and Quality Food Products*'.
- Attended national level seminar and workshop on Enteral nutrition which is held in Christian medical college, Vellore, Chennai 2017 February.
- Attended UGC Sponsored National Seminar on food safety and Quality Assurance – A comprehensive Perpetual perspective organized by Department of Home Science in collaboration with Indian Medical Association, Morning star Home science college, Angamaly.
- Attended 48th national conference organized by Nutrition Society of India on theme “Nutrition risk management and communication” on 4th – 5th November, 2016 held at the St. John’s Research Institute, St. John’s National Academy of Health Science, Bangalore.
- Attended the pre conference workshop on “Principles of Ethics in Nutrition Research” on 3rd November in these some conference held at the St. John’s Research Institute, St. John’s National Academy of Health Sciences, and Bangalore.
- Attended in sports nutrition workshop held at Aster Medcity, Cochi on 2017 March
- Attended on week community and medical camp at Thalikkulam, Thrissur

EXPERIENCE

- Dietician trainee at Sunshine Hospital, Secunderabad, Telangana, achieved planning and Monitoring of therapeutic diets and nutritional care of the in and out-patients, having knowledge about nutritional assessment and diet counseling.

Duration – 30 days (1 month)

- Dietician Trainee at Amala Institute of Medical Science, Thrissur.

Duration- 30 days (1 month)

ADDITIONAL SKILLS

Expert in Microsoft Excel,
Microsoft word, Microsoft power
point, internet usage

Languages known:

English, Malayalam [Proficient
Strong oral and written
communication skills],
Hindi & Tamil

PERSONAL DETAILS

Nationality : Indian
Birth Place : Thrissur
Date of Birth : 12/05/1995
Marital Status : Single
Hobbies : Drawing
Reading Books &
Magazines
Social Service &
Cooking

Conference : National - 3

Master of thesis: Health Status of
Infants with complementary
feeding.

EDUCATION

SSLC

Kerala Agricultural University high school Vellanikkara, Mannuthy,
kerala , India

Percentage Obtained: 79%

Higher Secondary

St. paul's C.G.H.SS Kuriachira

Percentage obtained: 80%

University of Calicut, Malappuram 673 635, Kerala, India

[Vimala College, Thrissur 680009, Kerala, India (NAAC Re-accredited
– CGPA -)] Bachelor of Science (B.Sc.): Family and Community
Science

Combination: Chemistry & Botany

Percentage Obtained : 79%

University of Calicut, Malappuram 673 635, Kerala, India

[Vimala College, Thrissur 680009, Kerala, India (NAAC Re-accredited
– CGPA -)] Master of Science (M.Sc): Home Science [Specialization –
Clinical Nutrition & Dietetics]

Percentage Obtained: semester 1- 80 %
semester 2- 88%
semester 3- 86%
semester 4- Final result awaiting

REFERENCE

Kerala Agricultural University School
Vellanikkara, Mannuthy

St. Paul's C.E.G.H.S. School
Kuriachira
Thrissur,

Vimala College
Thrissur – 9

PhDr. Karuna M S

Head of the departments of Home Science

Vimala College, Thrissur 680009, Kerala, India

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