



NITTU C JOSEPH

Anbu Nilayam House, Kozhukkully.P.O., Rachana Nagar, Thrissur-680751
Phone: + 7907561033 • E-Mail: nittucjoseph@gmail.com

CAREER OBJECTIVE

- To become a successful professional in an esteemed organization where I could show my knowledge and skills to grow professionally with organization and be committed to it.
- To keep my knowledge up to date with the new advanced in nursing and health related field.

PROFESSIONAL QUALIFICATION

BSc Nursing (RN, RM)
Reg No: KL03201703463

PROFESSIONAL EXPERIENCE

- 1 year worked as a staff nurse trainee at SUN Medical & Research Centre, Thrissur

ACADEMIC QUALIFICATION

- **BSc Nursing**
SDA college of Nursing ottapalam
- **Higher Secondary Examination (HSE XII)**
SDA H S S Thrissur
- **Secondary School Leaving Certificate (SSLC X)**
SDA H S S Thrissur

Major Roles Responsibilities:

- ✓ Planning and prioritizing the patient care
- ✓ Evaluating the effect of rendered care
- ✓ Maintaining fluid and electrolyte balance
- ✓ Monitor and observe patients for undue development and refer as necessary
- ✓ Administration and calculation of dosage of medications
- ✓ Assisting in maintaining airway, breathing, circulation
- ✓ Collecting specimens for specific investigations (blood, urine, feces and sputum)
- ✓ Administration of blood and blood products
- ✓ Providing isolation and practicing barrier technique to prevent cross infection in immune-suppressed clients
- ✓ Preparing the unit in case of emergency
- ✓ Nursing documentation in a brief, accurate, and complete manner

ADDITIONAL ROLES AND RESPONSIBILITIES:

- ✓ Admission of patients
- ✓ Participating in the day-to-day Nurse' Bedside Rounds
- ✓ Taking over the report from the previous shift
- ✓ Referring patients to medico social workers, if needed Coordinating with the physician and other health team members
- ✓ Maintaining the cleanliness of the unit
- ✓ Providing adequate support to clients undergoing palliative care
- ✓ Providing therapeutic environment to the patients (proper ventilation, lighting, control of excessive noise and proper sanitation)
- ✓ To monitor emergency equipment's regarding their safety and working order

EQUIPMENT'S KNOWN TO HANDLE

Pulse oxymeter	Suction apparatus
Nebuliser	Glucometer
Syringe and needle	Cardiac monitors
Oxygen flow meter	ECG Machine
sphygmomanometer	Steam inhaler

PROCEDURES PERFORMED

- Bed making, bed bath, Shampooing and daily morning care
- Positioning and turning the patients
- Assisting with physical examination
- Vital signs monitoring
- Oral hygiene and perineal care
- Application of hot water bag, ice cap and tepid sponge
- Collection and care of specimens
- Administration of drugs
- Feeding
- Nebulization
- Cannulation and blood transfusion
- Use of glucometer insulin administration and monitoring
- ECG Monitoring
- Qxygen administration
- Bowel and Bladder wash
- Health education

PERSONAL INFORMATION

Nationality : Indian
Sex : Female
Date of Birth : 02 December 1994
Marital Status : Single
Religion & Caste : Christian -SDA
Languages Known : Malayalam, English

REFERENCES

1. Mrs. Florence Margret
Principal
SDA College Of Nursing, Ottapalam
2. Sr. Shiny
Nursing Superintendent
Sun Medical & Research Centre
Thrissur

DECLARATION

I hereby declare that the above mentioned is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

Place: Thrissur

Date:

(Nittu C Joseph)