# **CURRICULAM VITAE**

Archana R Menon

Manath House

Eroor North P.O

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#### **OBJECTIVES**

- Seeking for a position in the field of Physical Therapy as CLINICAL PHYSIOTHERAPIST that will provide a wide experience.
- To work in an organisation offering a challenge, friendly atmosphere, appreciation of initiative and independent working and an opportunity to utilise the skills attained through past experiences and scope for growth.

# **EDUCATIONAL QUALIFICATION**

- Graduation: Bachelor of Physiotherapy (BPT) with of 75% marks from Kerala University Of Health And Allied Sciences(KUHS).
- HSE: 88% marks in 2013, Govt. Girls Higher Secondary School, Thripunithura.
- SSLC: 85% marks from St.Joseph's C.G.H.S.S Thripunithura.

# **INTERNSHIP**

Six months of Internship training from November 21<sup>st</sup> to May 24<sup>th</sup>, 2018 at Medical Trust Hospital (NABH accredited), Cochin.

During the period of internship the following departments are covered,

- NEUROLOGY & NEURO SURGERY
- ORTHOPEADICS
- CARDIOLGY & CARDIAC SURGERY

- BRONCHO RESPIRATORY
- PEADIATRICS AND GYNECOLOGY
- PRE OPERATIVE AND POST OPERATIVE ICU'S & WARDS
- GASTRIC AND GENERAL MEDICINE
- PLASTIC SURGERY
- PHYSIOTHERAPY DEPARTMENT
- ORTHOTIC AND PROSTHETIC DEPARTMENT
- DIFFRENCIALLY ABLED CHILDREN SCHOOL POSTINGS
- RADIOLOGY DEPARTMENTS (M.R.I., C.T)
- E.C.G, E.E.G, P.F.T, & N.C.V.T DEPARTMENTS

Worked with Senior Physical Therapists and other Department Heads in MEDICAL TRUST HOSPITAL, to mould my skills in various areas.

### **JOURNAL & CASE PRESENTATION**

- JOURNAL:- Extracorporeal Membrane Oxygenation and its Techniques.
- CASE PRESENTATION: Proximal Tibia Fracture and its Physiotherapy Management.

# **PROJECT DETAILS**

Done project on Stress Reducing Management in Post Stroke Patients in final year.

# **DUTIES AND RESPONSIBILITIES**

- To be responsible for the management of the client groups including recording and maintenance of the accurate and up to date records.
- To provide assessment, advice and treatment to client groups.
- To communicate and interact with all members of the multidisciplinary team for the elderly acute rehabilitation.
- To attend case conferences and team meetings as required.
- To liaise with other physiotherapy staffs and to be involved in continuing education including research and development.

• To be involved in patient assessment for aids and appliances and maintain accurate stock control and records.

#### **STRENGTH**

- Fluent in English, Hindi, & Malayalam languages.
- Updated knowledge in the field of medicine.
- Can lead a team with confidence.
- Good communications skills.
- Close relationship with Senior Physiotherapists and colleagues.
- Can manage two wheeler very well.
- Active in social network.

### **ACTIVITIES**

• I was a part of medical team in summer camp conducted by RSC cochin at Rajiv Gandhi Indoor stadium Kadavanthra Cochin.

### **CME's & WORKSHOP ATTENTED**

- Myofascial dysfunctions and Management conducted by MTIMS.
- Participated in a workshop that conducted by KAPC.
- CME on Renal Rehabilitation organized by Medical Trust Hospital.

# **PERSONAL DETAILS**

Name : Archana R Menon

Sex : Female

DOB : 30-10-1995

State : Kerala

Marital status : Single

City : Ernakulam

Religion : Hindu, Nair

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# **REFERENCES**

Mr. Arun Thachil Mr. M. A. Joseph

Associate Professor Chief Physiotherapist

Medical Trust Institute of Medical Sciences Medical Trust Hospital

Irumbanam, Cochin. Cochin, Ernakulam.

Ph. 9895191924 Ph. 9846091844

# **DECLARATION**

I hereby declare that the above facts given by me are true to the best of my knowledge and belief

Place: Thripunithura

Date: 04-06-2018