

## CURRICULUM VITAE

Mrs. JESSY.JOSE. P

NALLOOR (H).  
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### OBJECTIVE

A dedicated professional with diverse expertise in the health care industry as a Nurse. Personable & Professional with reputation for positive attitude with superior communications skills. Seeking a challenging position in an institution where my extensive medical professional and practical experience acquired over the years will be fully utilized and to spend my life in serving the sick with utmost dedication and service.

### PERSONAL PROFILE

Date of birth	:	09.01.1989
Father's name	:	Jose . P.V
Gender	:	Female
Marital status	:	Married
Religion	:	Christian
Nationality	:	Indian
Language proficiency	:	English, Malayalam. Hindi & Tamil

### PASSPORT DETAILS

Passport No	:	K 2832098
Place of Issue	:	Cochin
Date of Issue	:	05/06/2012
Date of Expiry	:	04/06/2022



## ACADEMIC QUALIFICATION

S.S.L.C : S.K.V.H.S.S Kurichithanam, Kottayam\ 2005  
+2 : S.K.V.H.S.S Kurichithanam, Kottayam\ 2007  
GNM : Little Lourds School of Nursing Kidangoor, 2007- 2011

## EXPERIENCE

Hospital	Bed Capacity	Position	Area of Exposure	Duration	Achives of year
Little Lourds Mission Hospital Kidangoor	200	Staff Nurse	OBG Gynac Ward	20011/12	1year
Appolo Hosptal Hydrabad	550	Staff Nurse	Medical & Surgical	2012/14	2year
Jupitor Hospital Thane	292	Staff Nurse	Medical & Surgical	2015/16	1year
Bharath Hospital	350	Staff Nurse	Medical & Surgical	2016/17	1year

### **ADDITIONAL QUALIFICATIONS**

- Successfully completed the training sessions of ACLS, PALS, and BLS.
- Attended Diabetic Management program conducted by BD Company.
- Attended IV cannulation (peripheral and central access) conducted by BD company.
- Attended seminar of infection control program conducted at Apollo Health City, Jubilee Hills, Hyderabad.
- Attended blood glucose meter training program conducted by ROCHE diabetes care at Apollo Health City, Hyderabad.
  
- Successfully completed the NURSES ORIENTATION TRAINING PROGRAMME conducted by Apollo Health City, Hyderabad.
- Participated as a member in the JCI re-accreditation in June 2010 at Apollo Health City, Hyderabad.
- Attended workshop on Transfusion medicine conducted by Rotary Blood Bank.
- Successfully completed Infection Control training program conducted by Apollo Health City, Hyderabad.

### **EQUIPMENTS USED**

- ❖ Infusion pump.
- ❖ Pulse Oxymeter.
- ❖ Steam Inhaler.
- ❖ Glucometer.
- ❖ ECG Machine.
- ❖ Sphygmomanometer
- ❖ Defibrillator.
- ❖ Suction Apparatus.
- ❖ Ambu Bag.
- ❖ Laryngoscope.
- ❖ Syringe Pump.
- ❖ ABG Machine.
- ❖ Nebulizer.
- ❖ SCD machine
- ❖ Oxygen cylinder

## **PATIENT CARE RESPONSIBILITY**

- ❖ Asses the Medical, patient.
- ❖ Maintenance of good Nurse patient relationship.
- ❖ Check the vitals of the patient every 4<sup>th</sup> hourly along with date and time (E.g., BP, Pulse, RR and Temperature)
- ❖ Maintains of intake output chart (E.g., Urine Output, RT feeding and Drainage).
- ❖ Collection of Specimen (E.g. Serum, A.B.G, Urine and Sputum).
- ❖ Management of intravenous fluids and inotropes (E.g. Dopamine Infusing NTG, Etc.)
- ❖ Administration of medication in time by following 6 rights (E.g. OD, BID, TID, QID, stat, Etc).
- ❖ Hot and Cold application (E.g. Ice bag, Hot water bag).
- ❖ Personal Hygiene (E.g., Nail care, Hair care, Bowel and Bladder care, Catheter care).
- ❖ Care of pressure sore (E.g. Frequent back care and positioning).
- ❖ Maintenance of physical and social, psychological, spiritual and Rehabilitative needs of the patients (E.g. Religious Guidance).
- ❖ Can able to do IV Cannulation, catheterizations, Nasogastric tube insertion, Blood transfusion, steam inhalation, suctioning, chest physiotherapy, dressing, sample collection etc.
- ❖ Patient assessment and re-assessment and nurses notes
- ❖ Tracheostomy care of patients.
- ❖ Managemnt of pain scale.
- ❖ Care of invasive catheter (IV Cannula, Arterial Line, Foleys, Central Line)
- ❖ Chest physio, Back care, Follow – up treatment.
- ❖ Prevention of aspiration.
- ❖ Care of ICDs.
- ❖ Maintaining records and reports.
- ❖ Continuous haemodynamic monitoring including CVP, BP, ECG, PR, SPO2.
- ❖ Educating the staff about job responsibilities and patient care (Infection control program, BLS, Pain management, Patient record documentation etc..).
- ❖ Ryle's tube feeding and central line care.
- ❖ Oxygen Therapy.
- ❖ Maintenances of Emergency drugs (crash cart)
- ❖ Infection control and safety management.
- ❖ Prevention of aspiration.

### ***ETHOS***

I believe in god and myself I believe that everyone has a special gift and talent, all they need is a chance to prove their potential just like winner don't do different things but they do things differently.

### ***REFERENCE***

Mrs. Subhada Sakurikar,  
RN, RM, MAN, M.Sc N (CARDIOLOGY),  
Nursing Director,  
Apollo Hospitals, Jubilee Hills,  
Hyderabad – 500 033, A.P, India.

### ***DECLARATION***

I here by state that the above mentioned information is true to the best of my knowledge submit my resume for your kind observation and favorable order. Hope my skills are sufficient for your requirement. I humbly request your good self to permit a chance to work in your esteemed hospital.

Place : Hyderabad.  
Date : 11/01/2014

(Ms. JESSY JOSE.P)