# **CURRICULUM VITAE**

#### MS. NEETHU THOMAS

Kochattu Vadakkan House Chengamanadu P.O, Ernakulam Dist. Kerala State, India, Pin-683578

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POST APPLIED FOR: STAFF NURSE (BSC NURSING)

# **CAREER OBJECTIVE**

To achieve success & knowledge in Modern Health Care field & to strive hard for carrier development there by benefiting the institution & serve to the best of my ability.

# PERSONAL DETAILS

Father's Name : Mr. K.P Thomas

Date of Birth : 6<sup>th</sup> April 1995

Sex : Female

Nationality : Indian

Religion : Christian

Language Known : Hindi, English & Malayalam

#### **PASSPORT DETAILS**

Passport No. : P6745067

Date of Issue : 06/02/2017

Date of Expiry : 05/02/2027

Place of Issue : Cochin

# **EDUCATIONAL QUALIFICATION**

| Course   | Institute                | Board/University | Year       | Percentage |
|----------|--------------------------|------------------|------------|------------|
| SSLC     | St. Joseph's H.S.S.      | Govt. of Kerala  | March 2010 | 92%        |
|          | Poovathussery            |                  |            |            |
| Plus Two | S.N.D.P.H.S.S. Palissery | Govt. of Kerala  | March 2012 | 85%        |



# PROFESSIONAL QUALIFICATION

| Course  | Name of Institute   | University                  | Year | Percentage |
|---------|---------------------|-----------------------------|------|------------|
| B.Sc    | M.O.S.C. College of | Kerala University of Health | 2016 | 67%        |
| Nursing | Nursing, Kolenchery | Sciences, Thrissur          |      |            |

# PROFESSIONAL REGISTRATION

| Name of the Council              | Registration No. | Date of Registration |
|----------------------------------|------------------|----------------------|
| Delhi Nursing Council            | 69392            | 01/05/2017           |
| Kerala Nurses & Midwives Council | KL03201702235    | 21/02/2017           |

#### **WORK EXPERIENCE**

| Name of the Hospital            | Designation | Nature of Work    | Period           |
|---------------------------------|-------------|-------------------|------------------|
| Fortis Escorts Heart Institute, | Staff Nurse | Cardiac ICU (HCC) | 02/05/2017 to    |
| Okhla, New Delhi                |             |                   | still continuing |

#### **DESCRIPTION OF THE HOSPITAL**

Name of the Hospital : Fortis Escorts Heart Institute & Research Centre

Okhla, New Delhi-25

Designation : Staff Nurse

Department : Cardiac ICU (HCC)

Bed Capacity : 350 Bedded

Period of Employment : 02/05/2017 to still continuing

# ABOUT FORTIS ESCORTS HEART HOSPITAL

Fortis Escorts Heart Institute ISO 9001-2000 ,JCI, & NABH certified hospital consist of 350 bedded super specialty cardiac hospital providing comprehensive cardiac care curative technology supported by state of art diagnostics service.

# MAIN DUTIES AND RESPONSIBILITIES

Cardiac ICU: Consists of 14 beds and one nurse is assigned to one patient. Patient comes directly to Cardiac ICU and will be on continuous cardiac monitoring and close observation. Duties and responsibilities include preparation of unit and total care of patient.

# **EQUIPMENT FAMILIAR WITH**

- Monitor
- Cardiac Monitor
- CVP Monitor
- ABP Monitoring
- Defibrillator
- Flotrac
- Ventilator
- Pulse Oxymeter
- Suction Apparatus
- Central Monitor
- Portable Monitor
- Infusion Pump
- Syringe Pump
- Thermometer
- Oxygen Cylinder
- Nebulizer
- ABG Analyzer
- Ambu Bag
- BIPAP
- IPAP
- Laryngoscope
- Crash Cart
- Glucometer

# PROCEDURES ASSISTED

- Endotracheal Tube
- CPR
- Central Venous Access
- Arterial Line Access
- Tracheostomy
- Pleural Tapping
- PD Catheter Insertion
- Epidural Catheter Insertion
- Urinary Catheterization
- NG Tube & RT Tube Insertion

# PROCEDURES WE DO

- Emergency Resuscitation
- Cardioversion
- Suction (Oral, Nasal, Tracheostomy, ET Tube)
- Ryles Tube Insertion
- Foley's Catheterization
- Arterial Blood Gas Analysis
- Care of Unconscious Patients
- Maintenance of Personal Hygiene
- Mouth Care
- Back Care
- Foley's Care
- Eye Care
- Sponging & Bleeding
- Taking & Recording Vital Signs
- Central Venous Pressure Monitoring
- ECG Monitoring
- Oxygen Administration
- Wound Dressing

- Nasogastric Feeding
- Gastric Lavage
- Blood Sugar Monitoring
- Care of Equipment
- Holter Monitoring
- Maintaining Records & Report
- Administration of Oral Medications
- Total Parentral Medication
- Intravenous Fluids
- Blood Transfusion
- Bladder Irrigation
- Suture Removal
- Steam Inhalation
- Nebulization
- Dead Body Packing

# TYPE OF CASES AND PATIENTS

- CVA
- MI
- COPD
- CKD
- CAD
- HTN
- DM
- Angiography
- Angioplasty
- Shock
- Cardiac Arrest
- MVR
- AVR
- CABG
- Poisoning
- CHB
- MS/MR

ACS

#### **DUTIES AND RESPONSIBILITIES**

- Performing professional nursing care in relating to treatment and welfare of the patients
- Foster good nurse patients relationship
- Preparing and assisting the physician and surgeon for any procedures that the client requires.
- Implementing and evaluating the planned actions.
- Maintain all stocks that are available for the smooth running of the unit
- Ensure that all rules and policies of the hospital are being applied
- Recording and reporting of the conditions of the client.

#### **STRENGTHS**

- Ability to work accurately and pay attention to details.
- Good problem solving and leadership skills.
- Self-motivated, committed, creative and willing to take responsibility.
- Ability to deliver results and handle pressure.

# REFERENCE

#### **CAPT. SABITA NATH**

**Nursing Superintendent** 

Fortis Escorts Heart Institute & Research Centre

Okhla, New Delhi-110025.

#### **DECLARATION**

I hereby declare that the above furnished statements are true and correct to the best of my knowledge and belief.

| Date:  |                    |
|--------|--------------------|
| Place: | (MS. NEETHU THOMAS |