

CURRICULAM VITAE

ANJUMOL SUNNY

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Post Applied for - REGISTERED STAFF NURSE

OBJECTIVE

To develop my knowledge, skills & my passion as my career & at the same time to be resourceful to the organization and so as to gain expertise with time to become a leading professional in the same.

SUMMARY

Compassionate Registered Nurse with 1 year in healthcare. Skilled in providing patient care in Paediatric Cardiac Surgery HDU since 29/03/2017 to 05/05/2018.

SKILLS

- Effective Communication
- Flexibility
- Critical Thinking
- Attention to detail

WORK EXPERIENCE

1. REGISTERED NURSE IN PAEDIATRIC CARDIAC SURGERY (HDU)

Organisation : Fortis Escorts Heart Institute, Okhla, New Delhi

Designation : Staff Nurse

Period : 29 March 2017 to 05 May 2018

Registration / Licence Details

➤ **KERALA NURSES & MIDWIVES COUNCIL**

Registration No. : KL03201702202

Date of Expiry : 20/02/2022

PROFESSIONAL DEVELOPMENT

- *International Conference on Disaster Preparedness and Emergency Management at M.O.S.C Medical College, Kolenchery*

ACADEMIC PROFILE

QUALIFICATION	INSTITUTION	UNIVERSITY	YEAR	%
B.S.c Nursing	M.O.S.C College of Nursing, Kolenchery	Kerala University of Health Sciences, Thrissur	2012-2016	67%
Plus Two	ST. Joseph's H.S.S, Karimanoor	Board of Higher Secondary Examination	2010-2012	86%
S.S.L.C	Winners Public School Karimannoor	Central Board of Secondary Education	2009-2010	80%

ACCREDITATIONS

- *Kerala Nurses and Midwives Council*

About My Organisation

Fortis Escort Heart Institute & Research Centre is a 350 bedded (JCI Accredited ISO:9001:2001 and NABH Accredited Fortis Group, Cardiac Hospital, providing comprehensive Cardiac Care, spanning from basic facilities in preventive cardiology to service. It is a private hospital its providing facilities are teaching, acute traumatic centre, community orientation programmes, Camps, Mobile Echo Cardiography and Satellite Centers.

DUTIES & RESPONSIBILITIES

- Performing professional nursing care in relating to treatment and welfare of the patients
- Foster good nurse patients relationship
- Preparing and assisting the physician and surgeon for any procedures that the client requires.
- Implementing and evaluating the planned actions.
- Maintain all stocks that are available for the smooth running of the unit
- Ensure that all rules and policies of the hospital are being applied
- Recording and reporting of the conditions of the client.

HDU: Consists of 16 preoperative & 10 postoperative beds in HDU beds and one nurse is assigned to one patient. Patient comes directly to HDU and will be on continuous cardiac monitoring and close observation. Duties and responsibilities include preparation of unit and total care of patient.

JOB DESCRIPTION

- Preparing of Pre-operative patients
- Ensure appropriate documentation and nursing care provided for patient.
- Receiving Fontan Procedure, BT Shunt, BD Glenn etc.
- Monitoring for arrhythmias and immediate notification to the doctors
- Insertion and securing of peripheral and central lines
- Invasive Hemodynamic Monitoring
- Assessing physical, psychological, psychosocial Needs of the client in hospital environment.
- Monitoring Vital signs of the client.
- Monitoring fluid-electrolyte balance.
- Monitoring Blood glucose values with use of glucometer
- Maintaining patient airway performing tracheal-oral and nasal suctioning as required.
- Administrating Oxygen.
- Administrating drugs
- Provides safety to patient after surgery.
- Check the medical Equipments if it's in good working.
- Resuscitating during cardiac and respiratory arrest
- Assisting and performing cardio pulmonary resuscitation
- Assisting endotracheal intubation
- Administrate life saving drugs
- Assisting for various procedure such as lumber puncture, Endotrachealintubation, tracheostomy, etc. preparing the patient for various investigation such as MRI, CT Scan, Echo, USG
- Care of pre-post operative & patient with postural drainage
- Patient with intercoastal drainage

Procedures Managed Individually

- Blood transfusion
- Major & minor dressing
- Introducing intra venous cannula
- Foley's catheterization
- Preparing patient for surgery
- Suture removal
- Endotracheal suctioning
- Cardio pulmonary resuscitation, Defibrillator
- Sample collection for ABG
- Blood glucose monitoring
- Cardioversion
- Echo Cardiography
- Pleural Tapping
- Suction (Oral, Nasal, Tracheostomy, ET Tube)
- Ryles Tube Insertion
- Mouth Care, Back Care, Foley's Care
- Taking & Recording Vital Signs
- ECG Monitoring, Holter Monitoring
- Wound Dressing
- Nasogastric Feeding
- Care of Equipment
- Maintaining Records & Report
- Administration of Oral Medication

Equipment Experience

Cardiac Monitor, Pacemaker Syringe pump, Infusion pump, BP Monitoring, Bag and mask, T-Pices, Laryngoscope, Cardiac Defibrillator, BP apparatus, O2 humidifier, Urometer, Pulse Oxymeter, Stethoscope, ECG machine, Suction Apparatus, Ventilator, ABG machine, ACT machine, Crash Cart, Nebulizer, Glucometer, Chest tube & Water seal drainage system, Nebulizer Alpha Bed, Peripheral Doppler, Warmer Roll, Ambu Bag, Blood Transfusion.

STRENGTHS

- Ability to work accurately and pay attention to details.
- Good problem solving and leadership skills.
- Self-motivated, committed, creative and willing to take responsibility.
- Ability to deliver results and handle pressure.

COMPUTER SKILLS

Packages: Microsoft Office Software's and Familiar with Internet.

REFERENCES

1. CAPT. SABITA NATH

The Chief of Nursing

Fortis Escort Heart Institute Okhla,
Road New Delhi-110025. (India)

2. SR. SANTHAMMA THOMAS

Pediatric Ward & ICU Supervisor

Fortis Escort Heart Institute Okhla,
Road New Delhi-110025. (India)

PERSONAL INFORMATION

Name : Anjumol Sunny
DOB : 10/01/1995
Age : 23 yrs
Sex : Female
Height & Weight : 162 cms, 46 kg
Nationality : Indian
Languages known : English, Hindi, Malayalam
Religion : Christian, Jacobite
Marital Status : Single

Declaration

I declare that the details above are correct and true to the best of my knowledge.

Place: Thodupuzha,

Date:

Signature

Anjumol Sunny