

**ABHIJITHLAL N.S**

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**Beena Bhavan (H)**

**Enathy, Enathy P.O**

**Vaikom, Kottayam (D)**

**Kerala, India**

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## **PROFESSIONAL PROFILE**

My Experience with the Community Development Programmes and Educational Background reinforced what has always been a strong desire to work for the needy where I could assist people in meeting their immediate needs. Therefore, now I am seeking a role that would allow me to develop my professional skills while utilizing my natural passion for others.

My life, experience, studies has enhanced my ability to assist others effectively. Combined with my history in the social work field and natural ability to engage with a diverse range of people, makes me a natural choice for any role requiring professional interaction with people.

Possessing Problem solving skills and quick rapport building have assisted me in developing effective relationship in all aspects of personal and professional skills. Further, my pursuit for self development and hard work towards achieving professional excellence would be an asset to any organization employing me.

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## **EDUCATION**

**MASTER OF SOCIAL WORK (MSW)** with Specialization in Medical and Psychiatric Social Work – K.E College Mannanam, Kottayam, - M G University, Kerala, India 2016

**BACHELORS OF ARTS (BA)** in **ENGLISH LANGUAGE AND LITERATURE-** Devamatha College, Kuravilangadu – MG University, Kerala, India- 2014

**HIGHER SECONDARY EDUCATION** (Plus Two) in **Humanities** – KPM HSS, Poothotta, Ernakulam, Kerala, India-2011

**SSLC (10<sup>th</sup> STD)** – VHSS Brahmamangalam, Kottayam, Kerala, India -2009

## KEY COMPETENCIES AND SKILLS

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- Keen Interest and desire to aid for the wellbeing of others.
  - Understanding the importance of Confidentiality
  - Friendly, Professional and team player (both leader and member)
  - Proficient user of Microsoft office tools) SPSS and Internet
  - Ability to manage time and projects effectively
  - Possess the 4 C's – Critical Thinking, Creativity, Collaborations and Communication
  - Ability to cope with pressure situation and excellent problem solving Skills
  - Presentation skills
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## SPECIAL ACHIEVMENT

Organized AWAKE'16 a State level Cultural Fest for the Intellectually Challenged Children on March 2016

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## PROFESSIONAL EXPERIENCE

### **CYRIAC ELIAS VOLUNTARY ASSOCIATION (CEVA) KERALA, INDIA**

#### **PROJECT OFFICER**

**09/2016 – Still Working**

- ✓ Project in Charge – Integrated Community Development Project (ICDP), Project for HIV/ AIDS infected & Affected families, Project for Elders, Project for Holistic Development of Children
- ✓ Project Planning, Implementation – Reporting & Documentation
- ✓ Organizing and Coordinating Social initiatives
- ✓ Preparation of Information Education Communication (IEC) Materials
- ✓ Networking with organizations and Institutions
- ✓ Awareness Campaigns for Public
- ✓ Coordination of campaigns for the promotion of Organic Farming

- ✓ Organizing Livelihood Programs for the youth especially women (Income Generation Programs)
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## **INTERNSHIP AND FIELD WORKS**

- Amala Institute of Medical Science, Thrissur, Kerala, India
- Narayana Health City, Bommasandra, Bangalore, India
- Mar Aprem Medical centre, Kanjirapally, Kerala, India
- Jawahar De-Addiction Centre, Thalayolaparambu, Kerala, India
- Vijayapuram Social Service Society, Kottayam, Kerala, India

## **SEMINARS & TRAININGS ATTENDED**

- Workshop on **Marital Therapy**
  - Workshop on **Counselling**
  - Seminar on **Promotion of Mental Health among Mentally Challenged Lives**
  - Seminar on **Promoting Dignity and Worth of People**
  - Workshop on **Street Theater**
  - Workshop on **Psychotherapies Applied in managing Stress in Health Care**
  - Workshop on **Participating Rural Appraisal**
  - Seminar on **Management of Learning Disabilities**
  - Workshop on **Prevention of Substance Abuse and Promotion of Healthy Life Style among Youth**
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## **AREAS OF INTEREST**

- ❖ Counselling
- ❖ Medical and Psychiatry
- ❖ Organ Transplantation
- ❖ Research
- ❖ Life Threatening Disease Care
- ❖ Community Development

- ❖ Child Development
  - ❖ Reading
  - ❖ Cinema
  - ❖ Cricket
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DATE OF BIRTH : 30/04/1994  
MARITAL STATUS : Single  
NATIONALITY : Indian  
LANGUAGES KNOWN : English, Malayalam, Tamil

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### **References :**

Fr. Jince Padinjareyil CMI,  
(Former Secretary CEVA)  
Vice Principal, Shanthigiri College,  
Thodupuzha , Kerala, India  
Mob: 9446541980 ,  
[jincecmi@gmail.com](mailto:jincecmi@gmail.com)

Mr. Grace George  
Asst. Professor  
K.E College, Mannanam,  
Kottayam, Kerala, India  
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Declaration,

I declare that the above mentioned details are true and correct to the best of my knowledge, belief & information.

09 December 2017

S/d  
ABHIJITHLAL N.S