CURRICULUM VITAE

CHITHRA K.L.

Peediyakkal veliyil Aroor P.O. Cherthala, Alapuzha Kerala

Mob: +91-9746860073

E-mail ID: - pillaishibu98@yahoo.com



CURRICULAM VITAE

Nursing professional with 7 years of extensive experience, DHA-licensed DHA/LS/2092016/642692, skilled in various disciplines from general nursing to specially skills including assisting first aid cases and various complicated procedures and nursing cares to support hospital ensuring compliance to the hospital policies and procedures.

EDUCATIONAL PROFILE B.SC. NURSING

College : M.R. College of Nursing for women, Bangalore

Period : From September 2004 to October 2008

University : Rajiv Gandhi university of Health Sciences, Karnataka

NURSING QUALIFICATION

• B.Sc. Nursing Registered from Karnataka Nursing Council Reg No: 16287

Certificates of Good studies in DHA/LS/2092016/642692

Saudi commission Reg No: 15-J-N-0003204

PROFESSIONAL EXPERIENCE

| Hospital | Department | Designation | Duration |
|---------------------------|--------------|-------------|--------------------------|
| _ | - | _ | |
| ASIAN INSTITUTE OF GASTRO | SURGICAL ICU | STAFF NURSE | 23.01.2009 to 24.02.2011 |
| ENTROLOGY, HYDERABAD | | | |
| KV SCHOOL OF NURSING KVM | OBG WARD | CLINICAL | 03.06.2011 to 01.07.2014 |
| HOSPITAL, CHERTHALA | | INSTRUCTOR | |
| KING FAHAD GENERAL | MEDICAL | STAFF NURSE | 18.08.2014 to 17.02.2017 |
| HOSPITAL, JEDDAH, SAUDI | SURGICAL ICU | | |
| ARABIA (UNDER MOH) | | | |

JOB DESCRIPTION

DIRECT PATIENT CARE

- Preparing of patient unit & receiving the patient.
- > assessment of patient history collection & physical examination
- Perform technical task such as an administer due medication, fluid calculation and administration.
- Maintain intake and output chart, sending blood investigation, monitoring vital signs of patients.
- Maintain records and reports, filing patient documents.
- Immediate prompt intervention during cardiac and medical emergencies (Defibrillation, Cardio pulmonary resuscitation, oxygen therapy, assistance during ET intubation.

UNIT MANAGEMENT

- ► Hands and takes over the patients and ward equipment and supply.
- Keep the unit neat and tidy.
- Maintain safety of the equipment and prepare and check unit supplies
- Maintain ward records and reposts.
- Maintain public relation with patient relatives and other departments.

EQUIPMENTS USED

- Cardiac Monitor
- Ventilator
- Syringe Pump
- > Infusion Pump
- Defibrillator
- Pulse OX Meter
- Suction Apparatus
- > Sphygmomanometer
- > Stethoscope
- > Thermometer
- ➤ Holter Monitor
- > 24 Hours Ambulance BP Monitor
- Nebulizer
- Doppler
- > ECG Machine
- ➤ Glucometer
- > Bed side Monitor with modules and transducers

KYE STRENGTH

- > Strong commitment to standards of excellence in professional nursing
- ➤ Good communication with others in the dissemination of information
- > Enjoys meeting of new challenges
- Ready to smile and serve

PERSONAL DATA

Date of Birth : 25-04-1987

Gender : Female

Nationality : Indian

Marital Status : Married

Passport Number : H2545508

Languages Knows : English, Hindi, Tamil, Kannada, Malayalam, Arabic

DECLARATION

I consider myself with the educational aspects mentioned above. I do hereby declare that the information and facts stated above are true, correct and complete to the best of my knowledge and belief.

CHITHRA K.L