

# DR. JAIMEE JACOB PALAKEEL

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## SUMMARY

Professional qualified medical graduate with very good academic records, good conduct and with higher ambition to attain and strengthen clinical knowledge and merge as an efficient doctor and provide good care.

Excellent communication skill, disciplined, confident and goal oriented.

## EDUCATION QUALIFICATION

**DATES: JUNE 2010 – AUGUST 2016**

### **PUSHPAGIRI INSTITUTE OF MEDICAL SCIENCE AND RESEARCH CENTRE**

Studied Bachelor of Medicine and Bachelor of Surgery with one year of Clinical Rotation Internship completed from (01/08/2015 – 15/08/2016)

Received Diploma Certificate (April 2017)

### **HIGHER SECONDARY EDUCATION**

#### **ST ANTONY'S PUBLIC SCHOOL KANJIRAPALLY, KERALA, INDIA**

Studied 11<sup>th</sup> and 12<sup>th</sup> grades, graduated with very good scores

Overall -89.6 %

95% aggregate marks in (physics +biology +chemistry)

Years = 2008-2010

### **SECONDARY EDUCATION**

#### **INDIAN COMMUNITY SCHOOL KUWAIT, SALMIYA BRANCH**

Studied till 10<sup>th</sup> grade

Total percentage – 92%

Secured 100% in mathematics and 92% in science.

## USMLE STEPS TAKEN

DECEMBER 2017

**USMLE STEP 1, SCORE: 224(PASSED)**

APRIL 2018

**USMLE STEP 2, SCHEDULED**

## RESEARCH ATTEMPTED

- **PROJECT NAME:** study on recurrences of inguinal hernia after open inguinal repair (hernioplasty)
- **LOCATION:** Pushpagiri institute of medical science (Kerala, India)
- **PRIMARY INVESTIGATOR:** Dr. Rajeev Pillai and Dr. Nisha S (department of community medicine)
- **DATE:** August 2013 to January 2014
- **SAMPLE SIZE:** 100
- **RECORDS:** Obtained from medical records department
- **RESULT:** Recurrences -8, among that 2 with bilateral inguinal hernia, with h/o appendicectomy, 4 patients were previously treated by the same medical professional

## HONORS AND REWARDS

- Top scorer in ENT
- Top 2nd scorer in various subjects – microbiology/biochemistry/anatomy/pharmacology/general medicine

## CASE PRESENTATION/ SEMINARS GIVEN

### CASE PRESENTATION

- Non-Hodgkin's Lymphoma
- Renal Injuries
- Pancreatic Adenocarcinoma
- Abnormal Uterine Bleeding
- Hepatic Failure Secondary to Hepatitis B

### SEMINARS

- Growth and Development (Pediatrics)
- Congestive Cardiac Failure
- Dermatological Manifestations on Internal Malignancies
- Disaster Management in India

- Acute Diarrheas

## **SEMINARS ATTENDED IN COLLEGE**

- New Oral Hypoglycemic Drugs
- Pediatric Neurology – Cerebral Palsy and its Management
- Cholecystitis and Advancement in Surgery
- Gestation Diabetes in Pregnancy
- Club Foot and its Management

## **WORK / VOLUNTEER WORKS EXPERIENCES**

**DATES: JUNE 2010 – AUGUST 2016**

### **MEDICAL CAMPS - Tiruvalla**

#### **Responsibility:**

- History taking and proper physical examination
- Assessing blood sugar, BP
- urine analysis – dipstick for protein analysis
- Change of suprapubic /urethral catheterization.
- Eye examination – identified several patients with cataract, high IOPs using tonometry, Pterygium and corneal opacities with slit-lamp examinations.
- Musculoskeletal system examination – cases of osteoarthritis / frozen shoulder /painful arc syndrome / Carpal Tunnel / Trigger finger etc. were identified and all cases were referred to hospital
- ENT examination – CSOM/Malignant otitis externa / otomycosis etc.
- Dental problems – dental caries / tooth extraction procedures/ tooth cleansing.

### **PAIN AND PALLIATIVE DEPARTMENT**

#### **Responsibility:**

- changing catheters and nasogastric tubes for bedridden patients
- treating bed sores
- measuring blood sugars/BP
- Adjusting doses for problems like HTN/ Diabetes
- Advised weight loss and exercises for patients with diabetes and cardiovascular diseases.
- Wound dressing

**COMMUNITY MEDICINE DEPARTMENT**

**Responsibility:**

- House Visitations
- Collecting data and analyzing health issues and referring them to hospitals
- Monthly follow-up with the community and provided the necessary financial support.
- Wound dressing

**VOLUNTEER WORK AT CHRIST SCHOOL**

**Responsibility:**

- Assessing the weight/height/BP and vision of school children from 7 -12th grade

**GENERAL PRACTITIONER – In Tiruvalla (During internship for 1 month)**

- **Night duty**
- **OP casualty**