

NELICKAMYALIL (H)
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KERALA, INDIA
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ANJU.ROSE.JN@GMAIL.COM



ANJU ROSE JOSEPH

CAREER OBJECTIVE

Dedicated and efficient nursing professional with more than two-year experience in Apex Coronary Care Unit. Eager to pursue more fruitful years in a medical career as a Staff Nurse.

EXPERIENCE

MAX Super Speciality Hospital — Staff Nurse, Apex Coronary Care Unit

MARCH 2015 - OCTOBER 2017

An NABH and JCI accredited multi-speciality hospital with 540 beds and equipped with all modern equipment.

- Responded to numerous volatile situations earning the respect of physicians and coworkers for calm, level-headed and quick thinking to restore the safety and security of patients.
- Provided care to patients with mechanical ventilator support.
- Assisted in endotracheal intubation.
- Lead and mentored newly joined nurses in developing professional expertise.
- Managed the transition of patients between outpatient and inpatient services.
- Earned appreciations from management for superior patient care.

PROCEDURE ASSISTED AND KNOWN

- Ensure safety and good personal hygiene of the patients admitted in the ICU.
- Doing admission procedure.
- Administration of medication as per instructions through various routes like intramuscular, subcutaneous, intradermal and intravenous.
- Provide bed bath and back care and changing the position of the patient.

NURSING SKILLS

- Admission and orientation of patient
- Monitoring vital signs, B.P & Cardiac monitoring
- IV line insertion and IV infusion
- Medicine administration by intravenous, intradermal, intramuscular, Subcutaneous, orally and inhalation.
- Ryles tube insertion and feeding
- Monitoring saturation and Arterial B.P
- Catheterization and catheter care
- Bed making and bedside care
- CPR
- Maintaining input and output chart
- Ventilator patient care
- Blood Transfusion & Blood sample collection
- Preparation of diagnostic procedure x-ray, USG, C.T Scan, MRI, E.C.G.
- ECG Monitoring
- Assisting with intubation
- Pre & post-operative care
- Endotracheal suction
- Discharge procedure & Deathcare

Equipment Handled.

- ECG Machine
- Ventilator and BIPAP
- Cardiac Monitors
- Pulse Oximeter
- Suction Machine
- Infusion Pump
- Sphygmomanometer
- Ventilator
- Crashtrolley

- Laryngoscope
- Thermometer
- Nebulizer
- Oxygen Cylinder

COMPUTER SKILLS

- Experience Hospital Information System
- Computerized Patient Record System
- Basic word processing and spreadsheet skill

EDUCATION

→ **Bsc. Nursing - Kerala University of Health Sciences**

College of Nursing, ACME, Pariyaram, Kannur

2010-2014

→ **Kerala State Higher Secondary Board**

Govt.Higher Secondary School, Kanakkary, Kottayam

2008-2010

→ **Central Board of Secondary Education**

St.Kuriakose Public School Kaduthuruthy, Kottayam

1996-2008

REFERENCE

- Mr Vinod Krishnankutty
CNO, Max Super Speciality Hospital
Saket, New Delhi -110017
- Ms Promila Jackson
Nursing Superintendent, Max Super Speciality Hospital
Saket, New Delhi -110017

LICENSE DETAILS

Address of Licensing Body : Delhi Nursing Council
Professional Status : Registered Nurse and Midwife
License/Registration Number : 57818
Registration Date : 25/03/2015

