

Curriculum Vitae

SHERIN GEORGE

Kannur, Kerala

Phone: +91 9846 172 280

Email: Sherin.Shanu@Outlook.com



Well competent nursing professional with proven work experience in international standard hospital. Presently looking for a more challenging role within progressive organizations to share gained knowledge, experience and skills in nursing industry.

Profile Summary

General Nursing staff with adequate clinical skill and good exposure in the medical field.

Career Summary

More than 4 years of experience and systematic practice in:-

- ❖ **Liver MICU & Liver transplant ICU Adult & Paediatric)**
- ❖ **Renal Transplant ICU (Adult & Paediatric)**
- ❖ **Renal ICU**

Organization: St. Thomas Hospital, Punalur, Kerala, India

Duration: November 2016 – November 2017

Position: Senior Staff Nurse

Organization: Global Hospital and Health City, Chennai, Tamil Nadu, India

Duration: July 2012 – October 2016

Position: Senior Staff Nurse

Organization: Immaculate Heart of Mary Hospital, Bharananganam, Kerala, India

Duration: May 2012 – June 2012

Position: Staff Nurse

Additional Professional Qualification

Basic Life Support	Global Hospital, Chennai	2013
Advanced Cardiac Life Support	Global Hospital, Chennai	2013
CCN	Global Hospital, Chennai	2013

Types of Patients Handled

Acute and Chronic Renal Failure

- ❖ Renal & Liver Transplant Patients.
- ❖ Dialysis & Liver transplant Patients.
- ❖ Myocardial Infraction
- ❖ Ischemic Heart Disease
- ❖ Congestive Cardiac Failure
- ❖ Infectious Disease
- ❖ Liver Disorders
- ❖ Surgical Conditions and Encountered
- ❖ Left Ventricular Failure
- ❖ Pulmonary oedema
- ❖ COPD
- ❖ Mechanically Ventilated Patients
- ❖ Patient with Multiple Homodynamic monitoring Device

Duties Included

- ❖ Receive the patients with case files, from emergency, wards, OT, Cath Lab or as Direct admission. Endorsement in the C.C.U. Patient Register.
- ❖ Make the patient comfortable on the bed and check the general condition, record vital signs in the Master Chart.
- ❖ Connect all necessary monitoring devices to the patient.
- ❖ Help the patient in their daily ailments.
- ❖ Raising the slip through computer for medicines will be returned to the pharmacy.
- ❖ Early morning sponge bath mouth care will be given to maintain personnel hygiene.
- ❖ Q2H position changing, back care frequent mouth care, Eye care will be given for immobilized patients.
- ❖ If the patient is posted for surgery, prepare the patient for surgery and sent to the OT on time.
- ❖ Explaining the patient's relatives about visiting hours.
- ❖ Care of patient on ventilator, cardiac monitoring, arterial lines & venous lines, Tracheostomy, Jejunostomy, Colostomy, Epidural lines.
- ❖ Assist for arterial lines & venous lines.
- ❖ Care of the patient with the burns, head injury, trauma CVA, poisoning, DM, DKA, Hepatic encephalopathy, TB, COPD, Asthma, HIV, HBsAg.
- ❖ Checking vital signs hourly and recording it.
- ❖ Dressing of minor and major wounds.
- ❖ Assess neurological status (Glasgow Coma Scale), Blood Sugar and Urine Sugar, ABG in time.
- ❖ Maintaining intake and output chart.
- ❖ Collection of specimen and sent to Laboratory as early as possible.
- ❖ ECG, Blood Transfusion, Catheterization and Bladder wash.
- ❖ Removal of lines according to patient's condition.

- ❖ Care of ICD, Gastrostomy & Colostomy Care.
- ❖ Insertion of Ryle's Tubes.
- ❖ Helping the patient to mobilize.
- ❖ Experience in assisting the following procedure:
- ❖ Central Line Cannulation
- ❖ Arterial Cannulation
- ❖ Endotracheal Intubation and Estuation
- ❖ ICD
- ❖ Tracheostomy (Mini Tracheostomy and Percutaneous)
- ❖ Bone Marrow Aspiration
- ❖ Kidney Biopsy, Pleural Biopsy, Liver Biopsy
- ❖ Thoracentesis
- ❖ Bronchoscopy
- ❖ Endoscopy

PROCEDURE DONE

- ❖ Giving Basic Life support and Advanced Cardiac Life Support which includes Cardiac Massage and Defibrillation and Emergency Medicine Administration.
- ❖ Intravenous Cannulisation, Ryle's Tube Insertion, Urinary catheter Insertion, Gastric Lavage & Gavage.
- ❖ Bladder Irrigation, douche.
- ❖ Endotracheal Suctioning & Oral Suctioning.
- ❖ Nebulization & Steam Inhalation & Chest Physiotherapy.
- ❖ Performing ABG, VBG & CBG.
- ❖ Collection of Blood, Urine, ET, Sputum & Pus for Culture & Sensitivity.
- ❖ Obtaining 12 lead ECG, Incentive Spirometry, Enema, Bladder wash & Bowel wash, Skin preparation.
- ❖ Minor dressing & Removal of Sutures.
- ❖ Inserion Removal of Oropharengeal & Nasopharengeal Airway.
- ❖ Insertion of Flatus & GI decompression.
- ❖ Irrigation & Instillation of Eye, Ear, Nose & Throat.

EQUIPMENT USED NEPHROLOGY:

- ❖ Monitor, Pulse, Oxymeter, Ventilator, Bain Circuit.
- ❖ Infusion Pump, Syringe Pump, ABG Machine.
- ❖ Defibrillator, Pace Maker.
- ❖ ECG Machine, Warmer, CPAP Machine.
- ❖ Nebulizer, Suction Apparatus, BIPAP
- ❖ Glucometer, Dialysis Machine, Jet Nebulizer.
- ❖ Heated Humidifier, Laryngoscopy.

Educational Qualification

General Nursing:	I.H.M.Hospital, Bharananganam, Kerala, India, 2012.
Plus 2:	Govt. HSS, Erattupetta, Kerala, India, 2007.
S.S.L.C:	Higher Secondary Education Board, Kerala, India, 2005.

Personal Details

Name : SHERIN GEORGE
Date of Birth & Age : 29/03/1989 & 27
Father's Name : George Sebastian
Marital Status : Married
Nationality : Indian
Religion : Christian
Language Known : English, Malayalam, Tamil

Address for Communication : **Nilappanavayalil House,**
Vallichira P.O
Near St. Marthas Convent
Kottayam District,
Kerala state – 686574

REFERANCES:

1. Prof. Jothy Clara
Nursing director,
Global health city,
Perumbakkam,
Chennai-600100
2. Mrs. Helen Punitha, ANS
Global Health City,
Perumbakkam,
Chennai-600100

Declaration

I, hereby, declared that the above furnished details are true to the best of my knowledge.

(SHERIN GEORGE)