**CURRICULUM VITAE**

ANU JAMES

CHATHENKERIL (H),

PERUMPILLY (PO)

MULANTHURUTHY (VIA)

ERNAKULAM (DIS)

682314, KERALA

INDIA

CELL NO: +919400313580

EMAIL ID: anu.sebichan2015@gmail.com

**Professional Objective**

 To achieve organizational excellence with drive, commitment and to come up in life as a talented nurse in reputed organization providing excellent growth opportunities and holistic care to the sick

**Career Goals**

 Providing timely, efficient, quality and pro-active services to patients and win their confidence and be a part of organization where I can utilize my educational and professional skills and experience.

**Professional Strength**

* An optimistic and relatively cool headed person by nature.
* An enthusiastic, dedicated and hard working person.
* Analyze the situation and take matters in the right perspective.
* Professional and team person to the core.

 **Professional Summary**

* BSc Nursing from Baby Memorial College of Nursing, Calicut, Kerala, India.

**Procedure Performed**

* Assessment and planning care according to priority needs
* Check the circulation, airway and breathing
* Admission and discharge procedure
* Monitor vital signs and cardiac monitoring
* Maintain IV line
* Collection of specimen like blood, urine, stools, sputum
* Applying skin traction, pelvic traction, cervical traction
* Gastric Lavage
* Colostomy care
* Blood transfusion
* Meeting the hygiene and nutritional status
* Administration of medications as per orders-oral, IM,IV,SC,ID, Tropical
* Administration of chemotherapeutic drugs
* Check the oxygen saturation
* Maintain I/O chart
* Assisting in dressing and procedures like biopsy, FNAC, Liver biopsy, stoma care
* Mobilize the patient according to the condition
* Giving health education
* Endotracheal suctions
* Introducing Intra Venous cannula
* Inserting Naso Gastric Tube
* Applying skin tractions
* Enema
* Bowel wash, stomach wash and bladder wash
* Foley’s Catheterization
* Bladder irrigation
* Care of body after deaths

**Equipment’s used**

* Glucometer
* AMBU Bag
* Oxygen Flowmeter
* Sphygmomanometer
* IV Cannula
* Digital Thermometer
* Stethoscope
* Laryngoscope
* NG Tube
* Foleys Catheter
* Cardiac monitor

**Course & Seminar Workshop attended**

* Clinical experience in ophthalmology conducted by Comtrust Eye Hospital
* Participated in seminar conducted by IMA on the topic Schizophrenia-treatment, disability and welfare programs by government.
* Participated in poster presentation about world stroke day organized by Boehringer Ingelheim.

**Details of Professional Registration**

 Registered under Kerala Nurses and Midwives Council in the Year of February 2015

Registration Number: KL03201602745

**Computer Skills**

Basic Computer, MS Office (Word, Power point, Excel) and internet.

**Personal Profile**

Name Anu james

Date of birth 09th December 1991.

Sex Female

Passport No S2033841

Father’s Name James Scaria

Marital Status Married

Spouse Name Sebastian George

Religion & Caste Christain, RC

Nationality Indian

Languages Known English, Malayalam & Hindi

**EDUCATIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course | Institution | Board |  Year |  Percentage |
| SSLC | LITTLE FLOWER ENG MED SCHOOL,KELAKAM | State Board Of Public Examinations Kerala |   2008 |   81.66% |
| Plus Two | ST.JOHN BAPTIST HSS,IRITTI | State Board Of Higher Secondary Examinations Kerala |   2010 |   65.92 % |

**PROFESSIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Year | Course | Institution |  University | Percentage |
| 2010/2014 | BSC Nursing (4year degree Course ) | Baby Memorial College of Nursing, Calicut | Kerala University of Health Science, Thrissur |  63.05% |

 **References**

 Dr. Roy K. George, Principal

 Baby Memorial College Of Nursing

 Calicut, Kerala, India

**Declaration**

 I hereby declare that all the particulars given above are true and correct to the best of my knowledge and belief.

PLACE:

DATE: (ANU JAMES)