CURRICULUM VITAE

SIJI.P.F

Mob: 8086798158

Email: siji9895842737@gmail.com

KALAPARAMBATH HOUSE ASHTAMICHIRA P.O THRISSUR DISTRICT PIN.680731 INDIA.



CARRIER OBJECTIVE

To reach position that will build as my skills and experience that allows me scope for upward movement in Nursing Profession.

PERSONAL DETAILS

Post Applied for : Staff Nurse

Father's Name : P.C. Francis

Date of Birth : 15.May.1989

Sex : Female

Religion : Christian, Latin Catholic

Marital Status : Married

Nationality : Indian

Designation : Registered Nurse

Contact No. : 8086798158 (Mob), 0480 2899858(Res)

Languages Known : English, Malayalam

EDUCATIONAL DETAILS

ACADEMIC QUALIFICATION

Exam Passed	Institution	Board of Examination	Year of Passing
S.S.L.C	A.K.M.H.S Poyya	Kerala State Board of Public Examination	March – 2004
H.S.E	V.C.S.HSS Puthenvelikkara	Board of Higher Secondary Exam, Kerala State	April – 2006

PROFESSIONAL QUALIFICATION

Exam Passed	Institution	Board of Examination	Year of Passing
Diploma in General Nursing & Midwifery Examination	St.Joseph's School of Nursing, Choondal	Kerala Nurses and Midwives Council.	2010
Post Basic B.Sc Nursing Degree Examination	Sidhi Sadan, Lourdes College of Nursing, Ernakulam	Kerala University of Health Sciences	2013

<u>ADDITIONAL QUALIFICATION</u>
Computer : Familiar with basic operation of computer; MS-

windows, MS-Office and Internet.

EXPERIENCE DETAILS

Period of working	Name & Address of the Institutions	Area of work	Designation
01.04.2010- 30.04.2011	St.Joseph's Hospital Choondal	Medical Ward	Staff Nurse
07.08.2014- 20.10.2015	Medical Trust Hospital, cochin	Medical ICU	Registered nurse

RESPONSIBILITIES UNDERTOOK

Direct Patient Care

- > Admit and discharge patient
- Management of patients with MI & Angina
- > Fluid replacement
- Assisting in diagnostic & therapeutic & procedures, planning & procedures, Planning & implementation of patient care. (Includes nutritional needs like **TPN**, hygienic needs, comfort measures.)
- Canalization
- ➤ Physical examinations & diagnostic evaluation
- Catheterization
- > Daily living activities
- > Maintain clean and safe environment
- > Assist the Doctors on their routine rounds
- > Administration of medication
- Preparing Patients and Articles for Nursing procedures
- > Assessment of vital signs
- Provide the Nutritional needs of the Patient
- Maintain intake and output
- ➤ Help Doctors in Diagnosis and treatment
- ➤ Observe changes in patient condition, Recording and Reporting
- > Health Education
- Rehabilitation

Emergency Management of the Critically Ill Patient

- > Resuscitation
- Suctioning
- > Intubation
- > Arterial blood gas analysis
- > Defibrillation

Intensive Care Unit Management

- ➤ Bed bath
- Mouth care
- Catheterization
- Iv canalization
- ➤ Blood transfusion
- Venipuncture
- > Arterial puncture
- > Ecg monitoring
- > Chest physio
- > Assist in dialysis
- > Assist in ICD insertion
- > CVP monitoring

Ward Management

- > Handover and takeover the patient, Ward equipment and Supplies
- Keep the ward neat and tidy
- Maintain safety of the ward equipment
- Prepare and check the ward supply
- Assist ward supervisor in ward junior nursing personnel
- > Educational Function
- ➤ Participate in Clinical teaching both planned and incident
- > Teach and guide domestic staff
- ➤ Help in the origination of new staff
- ➤ Participate in Staff education programme.

IN SERVICE EDUCATION PROGRAMME ATTENDED

- Safe Injections procedure
- > IV canalization
- ➤ Diabetic Management
- > Asthma & its management
- ➤ Blood transfusion
- > Basic life support
- > Infection control
- > HIV/Aids
- > Swine flu
- > Chicken guinea

EQUIPMENTS HANDLED

- Pulse Oxymeter
- ➤ Glucometer
- ➤ Ventilators (Bear, Siemens & Monnal D Ventilator system (V.I.O)
- Cardiac Monitor (BPL-DF 2509/R)
- Defibrillator (BPL-DF-2509/R, Live Scan)
- Infusion Pump
- Syringe Pump
- Suction apparatus
- > Radiant warmer
- Phototherapy
- Nebulizer
- > ECG machine

REFERENCE

1. Cpt. Icy Joseph (Retd.)

Nursing superintendent Medical trust hospital, ernakulam Ph:0484 2358001

2. Sr.Lilly Joseph (Principal)

Sidhi Sadhan, Lourdes College of Nursing Ernakulum

Declaration

I , SIJI.P.F hereby declare that the above furnished information is true to best of my knowledge and belief. I hope the above information is helpful and looking forward to your reply.

Thank You Yours faithfully.

Place: Ashtamichira Siji P.F Date: 26.4.2018