**SANDRA K.M**



Kandathinkara House

Chilavu P.O

Olickamattom

Thodupuzha, Idukki District

Kerala , PIN 685588

Ph No 9746287755, 7025644576

**OBJECTIVE**

To serve as an energetic, inspiring staff nurse where the spirit team work is encouraged so I can grow as a person, as an employee and as a professional.

**PERSONAL DETAILS**

Name : SANDRA K.M

Date of Birth : 28.04.1994

Gender : Female

Nationality : Indian

Email : [sandramohanan284@gmail.com](mailto:sandramohanan284@gmail.com)

Marital Status : Single

Religion : Hindu

Languages known : Malayalam ,English ,Hindi

**EDUCATIONAL QUALIFICATIONS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Qualification** | **Board/University** | **Year Of passing** | **Name of Institution** | **Remarks** |
| General Nursing and Midwifery (GNM) | Kerala Nurses and Midwives Council | 2015 | Govt. School of Nursing Idukki,Muttom | 79% |
| Plus Two | Board of Higher Secondary Examination Kerala | 2011 | St. Joseph's Higher Secondary School Karimannoor | 84% |
| SSLC | Board of Public Examination Kerala | 2009 | St. Joseph's Higher Secondary School Karimannoor | 80% |

**CURRENT REGISTRATION STATUS**

|  |  |  |
| --- | --- | --- |
| **Certificates** | **Nursing Council** | **Certificate Register No.** |
| Certificate of Registration General Nursing & Midwifery | Kerala Nurses and Midwives Council | KL01201500176 |
| Diploma Certificate | Kerala Nurses and Midwives Council |  |

**EXPERIENCE SUMMARY**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name of the Hospital** | **Period of employment** | **Job Title** | **Area** |
| District Hospital, Thodupuzha | 14.01.2016 to 14.01.2018 | Registered Nurse | Casualty, Medical & Surgical Ward |
| PHC Kallar, Vattiyar | 26.08.2015 to 10.01.2016 | Registered Nurse | OP Department |

**CASES HANDLED**

* Cardiac arrest, Arrhythmia, LVF, MI, SHOCK, Aortic rupture, Thoracic trauma, PE, DVT, AGE, Poisioning, Meningitis, Convultions, DM, DKA, hypo/hyperglycemia, hematological disorders, acid base disturbances, electrolyte imbalances, ,respiratory failure, respiratory arrest, ARDS,COPD, pneumo/heamothorax, chest injuries, bronchialasthma, pneumonia, ARF, CRF, Renalcolic, anaphylaxis, drowning, burns, airway obstruction, geriatric/gyenacholagial emergencies etc.

**SUMMARY OF SPECIALIST SKILLS**

* Competent in assessment and management of cardiac emergencies.
* Knowledge about ECG, cardiac drugs and equipments
* Experience in liaising with medical and other staff.
* Efficient use of and maintenance of ICU equipments critically ill and cardiac patients.
* Ability to respond rapidly and appropriately to crisis incidents, such as emergency airway obstruction, bleeding or cardiac arrest.

**CONTINUING EDUCATION**

In-service educational sessions include:

* International trauma life support provider
* Advancement in critical nursing
* Invasive ventilation workshop for nurses.
* Emergency care nursing workshop
* Infection control
* Equipment demonstrations e.g. cardiac monitors, infusion pumps, syringe pumps, defibrillator, ventilator.

**PROCEDURES ASSISTED**

1. Pleural tapping
2. Bladder wash
3. Abdominal tapping
4. Defibrillation
5. ICD insertion
6. Intubation
7. Tracheostomy
8. Bowel wash
9. Lumbar Puncture
10. Broncoscopy

**INVASIVE AND NON INVASIVE PROCEDURES**

1. Foley’s Catheter Insertion
2. Vitals monitoring
3. ECG
4. Colostomy Care
5. Ryles tube insertion
6. Suctioning
7. Surgical dressing
8. Blood Tests

**EQUIPMENTS HANDLED**

1. Cardiac monitors (Multi para)
2. AED
3. Defebrilators
4. Ventilators
5. Ambu Bag
6. Airway adjunctants
7. Suction machine
8. Tracheostomy set
9. Infusion/Syringe pumps
10. Trauma Kit

**MANAGEMENT OF PATIENT CARE**

* Admission and orientation of the patient
* Assessment of the patient needs and planning for patient care
* Support the activities of daily living
* Assessment of emergencies
* Maintenance of records and reports
* Patient teaching
* Appraisal of nursing service

**PERSONAL STRENGTHS**

* Calm and enduring
* Flexible and resourceful
* Takes initiative and is inquisitive
* Enthusiastic to learn and hard working
* Loyal and punctuality

**REFERENCE**

Dr. Uma Devi

Superintendent

District Hospital, Thodupuzha

Mrs .V.N.Indira

Nursing Superintedent

District Hospital, Thodupuzha

Ph no :9447212025

**DECLARATION**

I hereby declare that the above mentioned details are true to the best of my knowledge and ability



Place :Chilavu

Date : 01/05/2018 **SANDRA K M**