


Name: Titty Jose Mobile #: +917208247149, 7034966302 Email Address: tittykjose@gmail.com		
Position applying for :	Staff Nurse	
Year of Experience :	5 years	
Area/s of Interest:	NICU	

CAREER OBJECTIVES

To acquire by getting in touch with the latest technologies of health care, further execute my capabilities and put into daily use to the maximum level in my related job & experience, and to contribute for the growth of the Healthcare and exploring new ways of administering health services and other related fields.

PERSONAL DATA

Date of Birth :	17.11.1985
Gender :	Female
Civil Status :	Married
Nationality :	INDIAN
Address	Kunnumpurath House, Kolakkad PO, Peravoor Via, Kannur District.

PROFESSIONAL QUALIFICATION

Course	College	Duration
B.Sc Nursing (Basic)	St. Mary's Institute of Nursing, Hebbal Bangalore	2006-2010
Plus Two	Board of H.S.E Kerala	2003-2005

WORK EXPERIENCE (LIST OF EXPERIENCE BEGINNING WITH MOST RECENT)

Employment 1

Position :	VIMS, HOSPITAL, BANGALORE
Duration (From-To):	1 st Nov-2015 to 3 rd Nov-2016
Company:	
Address :	VIMS, HOSPITAL, BANGALORE
Department :	NICU

Detailed Job Description :

Worked as staff nurse in NICU (10 bed capacity) perform life-sustaining care, administers medications, monitoring vital signs and providing vital nutrients to newborns

Employment 2	
Position :	Staff Nurse
Duration (From-To):	13 th Sep-2011 to 8 th Oct-2015
Company:	HOLY FAMILY HOSPITAL, BANDRA, MUMBAI
Address :	HOLY FAMILY HOSPITAL, BANDRA, MUMBAI
Department :	NICU
Detailed Job Description :	
Worked as staff nurse in NICU (20 bed capacity) perform life-sustaining care, administers medications, monitoring vital signs and providing vital nutrients to newborns	

DUTIES & RESPONSIBILITIES

- Maintaining aseptic technique inside NICU
- Proper hand washing before & after each procedure
- Admission of patients
- Daily weight reading, observe minimal handling to reduce the risk of infection
- Incubator care, check incubator temperature every 4 hrs & change the incubator every 48 hrs.
- Active resuscitation of new born
- Assisted umbilical cauterization
- Assisted for exchange transfusion
- Insertion of IV canula and extract blood for arterial blood gas
- Attend and resuscitated new born in Operation Theater, delivery room and nearest hospitals.
- Close observation of babies for apnoea change of colours, Tachypnoea, abdominal distension and record all details in the nurse's record.
- Ventilators care, change for ventilators tubing every 72 hrs and dip the tubing in cidex solution for 24 hrs for sterilization.
- Observation of any sign of ETT block.
- Phototherapy care
- Continuous cardiac monitoring and pulse oxy metering.
- Give blood transfusion, total parental nutrition and all intravenous therapy.
- Close observation of IV site for any colour change or swelling.
- Changing the position of babies.
- Tip of ETT regularly send for culture and sensitivity after extubatoion
- NICU department always keep sterile and every 4 hrs swabbing send for culture & sensitivity.
- If any infection is noted report it immediately to the infection control department.
- Management of isolated patients.

- Strict control of visitors
- Active participation of new born immunization
- Health talks to the mother regarding breast feeding.
- Gastric lavage
- Transportation of ventilator patient in ambulance while transferring other hospitals.
- Maintain the highest possible standard of patient care under aseptic technique.
- Make sure that all culture and sensitivity reports are ready and sterile prior to the discharge of the patients.
- Health education ordered medication and appointment for follow up
- Check narcotics drugs each shift duty & record it in the register and keep under lock.
- Accompany doctor's onward round and implement treatment as ordered.
- Assist doctors in performing diagnostic & therapeutic procedures like insertion of central line, arterial line doing abdominal taping, exchange transfusion, lumbar puncture, bone marrow aspiration and extubation, intracostal tube insertion & drainage participated in staff training programme
- Maintain good relationship with colleagues & superiors.

EQUIPMENTS HANDLED

- Bed side cardiac monitoring includes ECG Tracing, central venous pressure.
- One touch machine for blood glucose monitoring
- Digital thermometer over all and rectal
- Laryngoscope with different size blade
- Stethoscope
- Ambubag
- Oxyhood
- Syringe infusion pump
- Pulse oxymeter
- Nebulizer
- Suction machine
- ECG machine
- Central wall oxygen and suction
- Portable dynamic for blood pressure monitoring
- Portable ventilator
- Photo therapy,
- Incubator
- Ventilator

CASE HANDLING

- Meconium Aspiration syndrome
- Hyper bilirubinemia

- Aspiration Pneumonia
- Respiratory distress syndrome
- Acute Gastro enteritis
- Pre & post mature babies
- Small & large for gestational age
- Intrauterine growth retardation
- Infant of diabetic mothers
- Pyloric stenosis
- Diaphragmatic hernia
- Umbilical hernia
- Omphalocele
- Congenital heart disease
- Pneumothorax
- Neonatal Seizures
- Hyper Pyrexia
- Dehydrated babies
- Hydrocephalus
- Pneumonia
- Infective Hepatitis
- Baby with chickenpox mother
- Meningitis
- Transient tachypnea Neonatorum
- Bronchopulmonary dysplasia
- Hyaline Membrane Disease
- Hypocalcaemia
- Septicemia
- PDA
- Cleft lip & cleft palate
- HIE (Hypoxic Ischaemic encephalopathy)
- Hypoglycemia
- Necrotising Entero colitis
- Tracheo Esophageal fistula
- Babies with ABO incompatibility

PROCEDURES PERFORMED:

Capable and competent in performing the following procedures like:

- Nasogastric Tube insertion and feeding
- Administration of medicines (Enteral and Parenteral)
- Oxygen therapy
- Transfusions and infusion therapy
- Blood transfusion
- Urinary Catheterization and Bladder irrigation
- Cardio Pulmonary Resuscitation (CPR)
- Gastric Lavage

- ABG sampling
- Suctioning
- IV line insertion
- Incubator care
- Monitor rectal temperature

SPECIAL PROCEDURES ASSISTED:

- Lumber Puncture
- Umbilical catheterization
- Exchange transfusion
- Inter Costal Drainage
- Endo tracheal Intubations
- Gastric Gavage & Gastric Lavage
- Transfusion and Infusion Therapy
- Endotracheal Intubation
- PICC line insertion
- Administration and Medications
- Oxygen Therapy
- Urinary Catheterization
- Cardio Pulmonary Resuscitation

REFERENCE

1. Sr. Calista

Nursing Director
Holy Family Hospital,
St. Andrew's Road, Banda (West)
Mumbai-400 050

DECLARATION

I hereby declare that all the statements given here are true and correct to the best of my knowledge and belief.

Yours Faithfully,

Place: Kannur
Date: 12.04.18

Titty Jose