**CURRICULUM VITAE**

**PERSONAL PARTICULARS**

**Name** : Dr. Shiju Abraham

**Date of birth**  : 15-10-1982

**Address** : No 82, Maria Bhavan

 K R Garden, cox town

 Jeevanahalli Bangalore

 Pin-560005

**Email** : shijuabraham82@yahoo.com,

**Phone Number** : Residence 08025481318,

 Mobile 96897375873

ACADEMIC QUALIFICATIONS-

**D.L.O** : 2011. St John’s Medical College Hospital, Bangalore.

Rajiv Gandhi University of Health Sciences, Karnataka.

**M.B.B.S** : 2006. Sri DevrajUrs Medical College, Kolar.

Rajiv Gandhi University of Health Sciences, Karnataka.

REGISTRATION-

**1.Karnataka Medical Council :** KMC Registration no:73627

Date of registration:27.04.2006

MEMBERSHIP IN PROFESSIONAL BODIES-

1. Association of Otolaryngologists of India
2. Association of Otolaryngologists of India, BangaloreBranch **–** Member
3. Indian medical association

POSITIONS HELD

**Secretary- Indian medical association nedumkandam branch from october2012 till December 2013**

CLINICAL EXPERIENCE**-**

**In Oman**

**27/1/2014 to till date**- Specialist ENT

Al Raffah Hospital, sohar , Oman

**In India** :

**01/06/2011-3/01/2014**- Consultant ENT surgeon

KarunaHospital,Nedumkandam,Kerala

**20/04/2009 – 19/04/2011** :Post graduate resident (2 Years),

Department of Otorhinolaryngology and

Head and Neck Surgery,

St John’s Medical College and Hospital, Bangalore.

**08/08/05- 11/12/2008**- Resident Medical Officer

KavakkattuGiri Mission Hospital

Cumbummettu, Idukki , Kerala

**25/04/2003- – 25/04/2004**: Compulsory Rotatory Internship for 1 year.

R L Jallapa Hospital, Kolar

WORKSHOPS/CONFERENCES ATTENDED**-**

 **Januray 2017-** Rhinocon- Dubai

 **June –2016-** EACCI congress- Vienna Austria

 **January 2015-** middleeast ENT conclave- Dubai

 **March 2015**- EACCI congress- Barcelona Spain

 **January 2011**: AOI:National Conference, Chennai**.**

**October 2010**: **AOI – 6TH South Zone and 28thKarnatakaState ENT Conference.**

Mysore. Presented PG paper on “role of Epworth sleepiness score in determining severity of obstructive sleep apnoea

**June 2010** :**Otocon :** Workshop in Otology. KMC, Mangalore.

**March 2010**:**CME on Recent Advances in ORL and OSCE Workshop**.

St John’s Medical College, Hospital.Bangalore.

**May 2010** : **First Live Facial Nerve Symposium**  BMC, Bangalore.

**October 2009**:**AOI – 5TH South zone and 13th TNCON**.Presented scientific paper. “Endolymphatic sac Tumour: A Case report inChennai, Tamil Naidu.

**June 2009** : OTO- CME. Workshop on Otology and Temporal Bone Dissection.

 CMC, Vellore.

**May 2009** :**27TH Karnataka state conference**, M.R.M.C. Gulbarga.

Presented Poster “management of Mucormycosis”:

AWARDS-

1. **Winner of the Paper presentation in** AOI – 6TH South Zone and 28th Karnataka State ENT Conference.

 Title –.-. Role of Epworth sleepiness score in Determining severity of Obs-

 -tructive sleep apnoea

1. **Best outgoing Student in cultural & literary activites.** From sridevarajurs medical college, kolar
2. **Best outgoing student** for the year 1999-2000 from KendriyaVidyalaya MEG &Centre

RESEARCH PROJECTS-

1. Worked as a **research assistant in the field of Obsturctive sleep apnoea (OSA)**as a part of the weekly OSA clinic at St John’s medical college.
2. Principal investigator for a study on **“role on Epwoth sleepiness score in determining the severity of osa” –a study ,** Guide- Dr Ravi C Nayar. Professor and Head, Department of ENT.

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PUBLICATION

**- ONGOING PUBLICATIONS**

1.**Role of epwoth sleepiness score in determining the severity of OSA in Indian setup***.*

 S Abraham, C Shilpa,RNandakumar., , R C Nayar Category: Case series

 PROFESSIONAL EXPERIENCE –

**Specialist, ENT**

**Department of ENT, Al Raffah Hospital, Aster group, Oman**

* Aster oman, a JCI accredited multispeciality hospital
* Completed more than 450 ENT surgeries independantly

**Consultant ENT Surgeon**

**Department Of ENT, KarunaHospital,Nedumkandam,Kerala**,

* At KarunaHospital,Nedumkandam,Kerala,India,a 200 bedded Hospital,located in rural india,.
* Worked as the sole Ent surgeon

**Junior Post Graduate Trainee in ENT & Head and Neck Surgery (2nd Year)**

**Department of ENT, St John’s Medical College and Hospital.**

At St.Johns Medical College Hospital, India, a 1200 bedded tertiary care teaching hospital. During the second year of my post graduate I consolidated my basic skills. I was actively involved in research activities of the department. I developed basic competencies in ear and nasal surgery. My duties included assisting the consultants in surgeries of the ear, nose and head & neck malignancies. Other duties included attending regular teaching sessions and Weekly clinics.(Vertigo/Allergy/Speech/OSA Clinics)

**Junior Post Graduate Trainee in ENT & Head and Neck Surgery (1st Year)**

**Department of ENT, St John’s Medical College and Hospital.**

At St.Johns Medical College Hospital, India, a 1200 bedded tertiary care teaching hospital.My work included initial management of patients on a routine and emergency basis, attending ward rounds, clinics and grand rounds, participating in journal club, teaching sessions and interdepartmental meetings. In this period I was taught basic surgical skills. I was also trained to organize Continuation of Medical Education [CME] and Conferences for my Department.

SURGICAL EXPERIENCE

 **Head and Neck Surgery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Surgery** | **Independently** | **Assisted** | **Observed** |
| Thyroidectomy |  | Yes |  |
| Submandibular Gland Excision |  | Yes |  |
| Thyroglossal cyst excision |  | Yes |  |
| Ranula excision  |  | Yes |  |
| Lymph Node Biopsy | Yes |  |  |
| Dermoid excision | Yes |  |  |
| Carotid artery ligation |  |  | Yes |
| Tracheostomy | Yes |  |  |
| Incision and drainage of deep neck abscess | Yes | Yes |  |
| Modified neck dissection |  | Yes |  |
| Total Laryngectomy |  | Yes |  |
| Tracheal stenosis stenting |  | Yes |  |
| Pectoralis major myocutaneous flap |  |  | Yes |
| Tracheal anastomosis |  | Yes |  |
| Tracheal stenosis excision |  | Yes |  |
| Tonsillectomy  | Yes |  |  |
| Adenoidectomy | Yes |  |  |
| Tongue tie release | Yes |  |  |
| Salivary Duct Calculus extraction |  | Yes |  |
| Inter Maxillary Fixation |  |  | Yes |
| Palatal Mass Excision |  | Yes |  |
| Mandibular Fracture Plating |  |  | Yes |
| Lingual Thyroid excision |  | Yes |  |
| Drainage of Peritonsillar Abscess | Yes |  |  |
| Drainage of retropharyngeal abscess |  | Yes |  |
| Buccal Biopsy | Yes |  |  |
| Foreign body removal ( Fish Bone) | Yes |  |  |
| Esophagoscopy |  | Yes |  |
| Bronchoscopy |  | Yes |  |
| Laryngoscopy ( Rigid + Fibreoptic) | Yes |  |  |
| Microlaryngoscopy | Yes |  |  |
| Laser excision of subglottic stenosis |  | Yes |  |
| Glossectomy |  | Yes |  |
| Madibulectomy |  | Yes |  |
| Cleft palate repair |  |  | Yes |
| Uvulopalatopharyngoplasty |  | Yes |  |
| Buccal carcinoma excision |  | Yes |  |

 **OTOLOGY**

|  |  |  |  |
| --- | --- | --- | --- |
| **Surgery** | **Independently** | **Assisted** | **Observed** |
| Myringotomy/ Grommet insertion | Yes |  |  |
| Polypectomy | Yes | Yes |  |
| Wax Granuloma / foreign body removal | Yes |  |  |
| Tympanoplasty/ mastoidectomy | Yes |  |  |
| Stapedotomy |  | Yes |  |
| Ossiculoplasty |  | Yes |  |
| Mastoid abscess drainage | Yes |  |  |
| Ear Lobe Repair | Yes |  |  |
| GlomusTympanicum excision |  | Yes |  |
| Facial nerve decompression |  | Yes |  |
| CSF Otorhoea closure |  | Yes |  |
| Temporal bone resection |  |  | Yes |
| Facial nerve grafting |  | Yes |  |
| External Auditory canal reconstruction |  | Yes |  |
| Acoustic neuroma excision |  |  | Yes |
| Cochlear implant |  |  | Yes |

 **RHINOLOGY- Nasal Endoscopic Surgeries**

|  |  |  |  |
| --- | --- | --- | --- |
| **Surgery** | **Independently** | **Assisted** | **Observed** |
| Diagnostic nasal endoscopies  | Yes |  |  |
| Endoscopic polypectomy FESS for Sinonasal polyps  | Yes |  |  |
| FESS for Sinusitis | Yes | Yes |  |
| FESS for allergic fungal sinusitis (AFS | Yes |  |  |
| Endoscopic nasal biopsies |  | Yes |  |
| Endoscopic dacryocystorhinostomy |  | **Yes** |  |
| Endoscopic CSF Rhinorhoea Closure |  | Yes |  |
| Endoscopic orbital decompression |  |  | Yes |

 **Other Nasal Surgeries**

|  |  |  |  |
| --- | --- | --- | --- |
| **Surgery** | **Independently** | **Assisted** | **Observed** |
| Septoplasty | Yes |  |  |
| Submucous Resection | Yes |  |  |
| Septorhinoplasty |  | Yes |  |
| Fracture Nasal bone reduction | Yes |  |  |
| Lateral Rhinotomy |  | Yes |  |
| Caldwell Luc’s surgery |  | **Yes** |  |
| Rhinosporidiosis excision |  | Yes |  |
| Septal perforation closure |  | Yes |  |
| Foreign Body removal | Yes |  |  |
| Intranasal biopsy |  | Yes |  |
| Septal abscess drainage | Yes |  |  |
| Medial Maxillectomy |  |  | Yes |
| External frontoethmoidectomy |  |  | Yes |
| Maxillary artery ligation |  |  | Yes |
| Maxillectomy |  |  | Yes |

**LARYNGOLOGY**

1. Direct laryngoscopy & biopsy

2. Micro laryngeal surgery

**Laser Surgeries in ENT, assisted or observed**

* Partial turbinectomy
* Microlaryngoscopy for vocal nodules
* Microlaryngoscopy for respiratory papillomatosis
* Tracheal stenosis
* Wide excision Glossectomy for carcinoma tongue

TEACHING EXPERIENCE:

* Teaching sessions of undergraduate doctors which included case presentations,out patient tutorials..
* Assisting and supervising junior house officers and interns for minor surgeries

as well as ward and emergency procedures during post graduation posting in

Otorhinolaryngology**.**

* Case presentations in weekly clinical and inter departmental meets as a part of

the post-graduate program.

 ENT – Anatomy meet

 ENT- Radiology meet

 ENT- Pathology meet

* Active participation in Teaching programmes,Audit meetings and ENT Journal Clubs.

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**COMPUTER SKILLS**

* I am proficient in the use of MS Office XP (word, access, excel and PowerPoint) and using the Internet for academics and research.
* Competent in digital photography and multimedia

**OTHER EXPERIENCES –**

* Certificate course in “Basic Trauma & Life support course”and “advanced cardiac life support”conducted by ‘Muscat Private Hospital, muscat.
* Attended a 3 day workshop conducted by ‘The American Heart Association’ in association with ‘St. John’sMedical College, Bangalore, on Basic Life Support (B.L.S.) and Advance Cardiac Life Support (A.C.L.S).

Personality development workshop -- conducted by ZEAL Institute of personal development, Bangalore

 **PERSONAL STATEMENT:**

* My surgical interests are inclined towards endoscopic surgeries especially in Functional Endoscopic Sinus Surgery, and microlaryngeal surgeries.
* I understand the need for and appreciate the role of AUDIT in clinical practice. Given an opportunity would like to participate in clinical research.
* I am able to discuss treatment options with patients in a way they can understand.
* I am hardworking, focused and sincere and am easy to get along with as a part of a team and can maintain good friendly relations with my colleagues and other paramedical staff.

**EXTRA CURRICULAR/HOBBIES/INTERESTS-**

**1.** Participated in numerous competitions in School and college.

 **English Debate- intercollegiate.**

 **First Prize –** plexus 2003- Bangalore medical college

 E**locution**.

 **First Prize –** plexus 2003- Bangalore medical college

 Won the **best outgoing student in cultural & literary activities** for year 2005 for winning numerous prizes like, debate elocution,music.

1. **Sports** - Cricket, Football , KhoKho chess.

 **Winner**- Cricket Tournament- Winners in zonal level inter collegiate cricket

 Winners in inter school kellogs cup cricket tourment held on 1998

 Campus day 2009.St John’s medical college Hospital.

 **2nd Runners**- T10 Cricket tournamentfor doctors , bangalore

**REFEREES** -

1. Dr Ravi C Nayar, MS DNBE DLORCS DCCF

 Dean, center for academic research

 HCG Hospital,

 Bangalore.

 e-mail-ravi-nayar-ent@hotmail.com

2. DrBalasubramanya MS

 Professor&HOD,

 Department of ENT& head and neck surgery,

 St Johns medical college.

 e-mail-drbalaam@gmail.com