

- Jisna N Jose

B.Sc Optometry  
Nadutharappil (H),  
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## Career Objective

To achieve a challenging career and placement where I will attain higher knowledge, learn new technique to utilize my skills and abilities in Ophthalmology procedure that benefits my professional growth along with the success of a well-organized and well appreciated Institute.

## Experience Details

One year clinical internship from Dr Agarwal's Eye Hospital Chennai, Tamil nadu.  
Course completed on July 2017.

## Projects

- IMPORTANCE OF FOGGING IN SUBJECTIVE REFRACTION

## Clinical exposure

- Clinical posting started since second year from Malabar Eye Hospital, Calicut
- Attended Various eye camps under the community Ophthalmology wing of Malabar Eye Hospital, Calicut and Dr.Agarwal's Eye hospital
- Worked as an Optometry intern in various departments of Dr.Agarwal's eye Hospital
- Attended CME COLD 2016 at Bejhan Singh Eye Hospital, Nagarcoil

## Academic credentials

- **Internship** - Dr. Agarwal's Eye Hospital Kanchipuram branch TamilNadu (2016-2017)
- **Bachelor Science of Optometry** - Malabar College of Optometry and Health Education, Bharathiar University (2013- 2016)
- **Plus Two** – Government Higher Secondary School Thrissilery (Board of Public

Examination) (2012-2013)

- **SSLC** - Government High School Thrissilery (Board of Public Examination) (2010-2011)

### Clinical Skills

History taking	Objective Refraction
Subjective refraction	Auto Refraction
Prescription of spectacles	RAPD and pupil evaluation
Lacrimal Syringing	Dry Eye assessment
IPD marking	Contact lens work up (Soft,RGP)
A-scan(manual)Contact and immersion method	IOL master
TAC test	Lensometry (manual and automatic)
keratometry	HFA
Corneal Topography	Tonometry (NCT & AT)
Visual field Assessment	Colour Vision Testing
Duo chrome test and Worth's four-dot test	Fogging
Anterior Segment OCT	Ultrasound Pachymetry

### Personal Profile

**Father's Name** : Joseph N.M  
**Date of Birth** : 11<sup>th</sup> March,1995  
**Sex** : Female  
**Nationality** : Indian  
**Languages Known** : English, Malayalam and Tamil  
**Marital Status** : Single

### Soft skills

- Good communication and interpersonal skills.
- Good team player.
- Ability to handle patient at case.
- Ability to handle Emergency cases and Post-operative cases
- Good problem solving and analytical skills.

### Strengths

- Positive attitude.
- Self-Motivated
- Hard working, Creative, and Punctual

### Reference

- **Prof K P Jayachandran**– The Principal of Malabar College of Optometry and Health Education, Calicut  
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- **P. Syamlal** - Head of the Department of Malabar College of Optometry and Health Education, Calicut  
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## Declaration

I hereby declare that all the details given above are true. I take the job with a great sense of responsibility, enjoy the challenge of new situations, and expect to make a positive contribution.

**Date**

**Place:**

**Jisna N Jose**