

## CURRICULUM VITAE

**Name** : **Dr Nikhil K V**

**TCMC Reg No** : **35841**

**Internship completed** : **2005-2006**

**Date of birth** : **28/02/1983**

**Address for correspondence** : Kalathilthodi house,  
Kovoor,  
Medical college (p.o),  
Kozhikode,  
673008.

**Mobile** - +919995019494

**Email** : [nikhilkadanthode@gmail.com](mailto:nikhilkadanthode@gmail.com)

**Medical qualification** : **MBBS:** Government Medical College, Thrissur, 2000-2006  
**D.Ortho:** Government Medical College, Calicut, 2011  
**M.S (Ortho):** Government Medical College, Calicut, 2009- 2012  
**DNB Ortho:** National Board of examinations 2013  
**FNB spine:** Presently studying at Ganga Medical Centre and Hospitals, Coimbatore from 7/4/2016

**Present designation** : Fellow in spine surgery at Ganga Medical Centre and Hospital Pvt Ltd, Coimbatore (Course to be completed on April 6<sup>th</sup>, 2018)

**Languages** : Malayalam, English, Tamil, Hindi,

**Family** : **Wife:** Dr Veena M M, ENT surgeon Working in Kerala Health Services  
**Children:** Niranjana K N (4 years)

## **Courses and conferences attended**

|                |  |
|----------------|--|
| 2009 September | OASISCON, Kochi  |
| 2010 October   | AO Trauma introduction program, Trivandrum   |
| 2010 November  | TOPIC, Trivandrum  |
| 2012 January   | KOACON, Alappuzha  |
| 2012 April     | SICOT Instructional Course Lecture, Kochi  |
| 2014 June      | AO Spine principles course, Delhi  |
| 2015 February  | Basic Arthroplasty Course conducted by DePuy<br>Synthes Institute, Perinthalmanna                        |
| 2015 February  | AO Trauma principles course, Kochi   |
| 2015 March     | CAPE KOA Basic Arthroscopy Course, Kochi   |
| 2015 March     | CAPE KOA Basic Spine Course, Kochi   |
| 2015 August    | ISAKOS Basic Shoulder Cadaveric Hands on<br>Workshop, Mumbai   |
| 2015 August    | ISAKOS Basic Knee Cadaveric Hands on<br>Workshop, Mumbai   |
| 2015 October   | Advanced CME of KOA on Acetabular Fracture<br>Management Tips and Tricks, Perinthalmanna                 |
| 2015 November  | CAPE KOA CME and Bioskill Training on Pelvic<br>Fracture Course, Kochi                                   |
| 2017 April     | Ganga- SRS operative spine course, Ganga hospital,<br>Coimbatore   |
| 2017 July      | TNOA'S clinical documentation and scientific<br>research workshop on research methodology,<br>Coimbatore |
| 2017 August    | ASSI- ICS 2017, Kovalam  |
| 2017 October   | AO Spine Advanced Level Operative Course 2017,<br>Coimbatore   |
| 2018 January   | ASSICON, Chennai   |

### **Paper and poster presented**

- OASISCON, Kochi September 2009: A new technique of post-op analgesia after THA and TKA – Free paper
- OASISCON, Kochi September 2009: Elbow replacement - Video presentation
- ASSI ICS, Kovalam August 2017 : **Awarded best poster:** Preoperative halo gravity traction in severe spinal deformity: A retrospective analysis – Poster presentation
- ASSICON, Chennai January 2018 : Comparison between rib hook and pedicle screw as proximal anchor in growth rod for Early Onset Scoliosis: A retrospective study – Free paper

#### *Selected presentation:*

- CSRS – AP, Delhi March 2018 : Does intraoperative navigation in surgical management of primary tumours of cervical spine improve outcome? – Best paper presentation –

### **Professional Information**

- 2-7-2012 to 31-1-2013 : Worked as Senior Resident in Department of Orthopaedics at Govt. Medical College, Calicut
- 7-2-2013 to 31-6-2013 : Worked as Senior Resident in Department of Orthopaedics, DM WIMS Meppadi, Wayanad
- 1-7-2013 to 31-12-2013 : Worked in Department of Orthopaedics at St Joseph's Hospital, Choondal
- 1-1-2014 to 31-8-2015 : Worked as Senior Resident in Department of Orthopaedics at Travancore Medical College, Kollam
- 1-9-2015 to 19-3-2016 : Worked as Senior Resident in Department of Orthopaedics at KIMS Hospital Kochi
- Since 7-4-2016 : Working as Fellow in Spine Surgery at Ganga Hospital, Coimbatore

## **Work Experience**

### **Working experience as Orthopaedic Surgeon**

Operative experience with orthopaedic trauma cases and cold cases

Assisted Total Knee and Hip Arthroplasty, Shoulder and Elbow arthroscopy, Peviacetabular surgery

### **Working experience during fellowship in spine surgery**

Trained in microscopic spine surgeries, open spine surgeries and intraoperative navigation based surgeries

### **Operative experience**

Lumbar discectomy

Transforaminal lumbar interbody fusion

Anterior cervical discectomy and fusion

Spine trauma cases

Percutaneous transpedicular biopsy

### **Assisted cases**

#### Spine deformity correction

*Idiopathic Scoliosis*

*Congenital Scoliosis*

*Dystrophic scoliosis in neurofibromatosis*

Posterior instrumented deformity correction and fusion

Hemivertebrectomy and anterior reconstruction

Anterior release and posterior deformity correction

Deformity correction and stabilization with sublaminar wires

*Early onset scoliosis*

Growth rod

EDF cast

*Post traumatic/ Post infection Kyphotic deformity*

Posterior instrumented deformity correction and fusion

Pontes osteotomy

Closing opening wedge osteotomy

Infective spondylodiscitis

Debridement

Percutaneous transpedicular biopsy

Anterior reconstruction and posterior stabilization

Transpedicular decompression

Degenerative spine disease

*Lumbar*

Transforaminal lumbar interbody fusion

MIS Transforaminal lumbar interbody fusion

Oblique Lumbar Interbody Fusion

Delta fixation

Revision decompression and fusion

*Cervical*

Anterior cervical discectomy and fusion

Anterior cervical corpectomy

Cervical laminectomy

C1-C2 posterior fusion

Occipito-cervical fusion

Thoracic

Ossified ligamentum flavum – Decompression and posterior stabilization

Trauma

Lumbar and cervical posterior instrumented stabilization

C1-C2 posterior fusion

Cervical lateral mass / pedicle screw fixation

Anterior cervical discectomy and fusion

Anterior cervical corpectomy and fusion

Anterior odontoid screw fixation

Pseudoarthrosis – Vertebroplasty

Tumor/ Benign/ Malignant/ Metastases

Primary vertebral tumor excision

Corpectomy

Intradural extramedullary tumor excision

Congenital anomalies

Foramen magnum decompression

Tethered cord release

Diastem excision

**Associations & Memberships**

Kerala Orthopaedics Association

Indian Orthopaedic Association

AO Spine

AO Trauma

Association of Spine Surgeons of India

Indian Arthroscopy Society

ISKSAA (International Society for Knowledge of Surgeons on Arthroscopy and Arthroplasty)