

CURRICULUM VITAE



PERSONAL INFORMATION

Name	Dr. Praveen Jeyapathy M.D (Rom), PGDFM (Family Medicine), M.Sc (Diabetes and diabetic foot surgery - DDFS)
Address	International Medical Centre – Apollo Sugar Clinic PO Box 146, Post code 131 Al Hamriya, Muscat, Sultanate of Oman
Mobile no	00968-96258705 / 00968-98285981
Email	dr.pj@outlook.com
Sex	Male
Nationality	Indian
Date of Birth	07-August-1981
Passport Number	Z2967950
Languages Spoken	English, Tamil, Malayalam, Romanian, Hindi, Basic Arabic

WORK EXPERIENCE

March 2015 - current	Jr- Specialist Diabetologist	International Medical Centre – Apollo Sugar Clinic
July 2014 – Jan 2015	Jr. Consultant –Dept of Medicine	Christian Fellowship Hospital, Oddanchatram, TN, India
December 2012 – June 2014	Consultant Diabetologist and diabetic foot surgeon	Ahalia diabetes hospital, Palakkad, Kerala, India
July 2010 – December 2012	Independent practice in family medicine and diabetes	Suraksha diabetes and family medicine clinic, Angalakurichi, Pollachi, TN, India

EDUCATION AND TRAINING

2008-2011	Master of Science in Diabetes and Diabetic foot surgery (M.SC-DDFS)	Amrita Vishwa vidhyapeetam, Amrita Institute of Medicine Sciences, Kochi, Kerala, India.
2008-2010	Post graduate diploma in family medicine (PGFDM)	Christian Medical College, Vellore, Tamil Nadu, India
Aug 2006 – Aug 2007	CRRI	Amrita Institute, Kochi
Sep 1999-Sep 2005	M.D (Medic Diploma)	Victor Babes University of Medicine and Pharmacy, Timisoara, Romania

CERTIFICATION

- 1) BLS (February 2017)
- 2) Diabetes – the essential facts (24/05/2017) – University of Copenhagen (Coursera)
- 3) Diabetes – A global challenge (02.12.2016) – University of Copenhagen (Coursera)
- 4) IDF (International diabetes federation) certificate of achievement and EACCME (March 2018)

JOB PROFILE

International Medical Centre – Apollo Sugar Clinic is a centre which offers comprehensive diabetes care. It's Oman's only and fully dedicated private centre for Diabetes. The hospital situated at Muscat has various departments under one roof – Diabetes and Endocrinology, state of the art podiatry lab and foot wear unit, Ophthalmology, Dermatology, Radiology, Physiotherapy, Dietetics and diabetes counseling with other specialty needs (Cardiology/Nephrology/Neurology) provided by Apollo hospital, Muscat.

I see patients from various nationalities and ages and a good variety of cases are seen. Most patients are referred from other centers with uncontrolled diabetes and associated complications. A good number of cases with gestational diabetes are seen daily. Patients with Type 1 diabetes are being managed at the clinic and so are a good number of early onset Type 2 diabetes and LADA variety cases. We follow guidelines laid down by recognized international bodies. Special emphasis is made to ensure that all patients receive appropriate diabetes self-management education and dietary prescription. Remission in Type 2 diabetes as a result of structured weight loss and exercise has been successful in few of our cases. Continuous glucose monitoring system (CGMS) and Flash glucose monitoring system (FGMS) are used to understand glycemic variability for certain cases. Some of our patients with Type 1 diabetes and gestational diabetes are on insulin pumps. Regular in house CMEs to train and update our staff are being conducted. I have also delivered lectures to other doctors and paramedical staff from other centers on a

periodic basis. Year after year, our clinic conducts the world diabetes day program to raise awareness on diabetes. We conduct camps at various ministry offices and companies every month to screen for diabetes. A 20 minute lecture on diabetes is also delivered to highlight the importance of early education and understanding on diabetes.

MEMBERSHIP

EASD (European Association for study of Diabetes)

TRAINING DESCRIPTION

M.Sc (DDFS) training	3 year residential program in the management of diabetes and diabetic foot. Trained in OP/IP/Emergency care of patients with diabetes. Participated in several camps at schools, factories and civic bodies. Received training in CGMS, insulin pump use. Trained in detecting foot at risk, medical and surgical management of foot ulcers, VAC therapy etc. Involved in studies related to diabetes.
PGDFM training	Conducted by the distance education dept from CMC vellore. Co-ordinated by the department of family medicine. 2 year program with 73 problem based modules, assignments, video lectures, 30 day intensive contact program, project submission and 2 theory and 2 OSCE examinations. Training received in all aspects of general practice.

ADDITIONAL INFORMATION

CAMPS		Been involved in many camps in screening staff for diabetes, education on diabetes including prevention and treatment at various ministries in Oman including MOH and other companies like L& T, Mott McDonald & Bahwan group.
CME	Speaker (India)	<ul style="list-style-type: none"> - Indian medical association, Alwaye - on Insulins in the management of diabetes - Indian medical association, Udumalpet - on newer vistas in the management of diabetic foot. - Indian medical association, Palghat – on diabetic foot,an update - Indian medical association – karunagapally – on Insulin analogs

THESES	Adverse prognostic factors in Hodgkin's lymphoma	2005 – Dept of hematology, Victor Babes university.
	Clinical audit of reconstructive surgical procedures using fiberwire ligature in diabetic patients with charcot's neuroarthropathy	2008-2011, Dept of diabetes and podiatry, Amrita Institute, Kochi.
RESEARCH TRIALS	Co- investigator in CARRS (Center for cardio-metabolic risk reduction in south asia) trial	Translational trial sponsored by national heart, lung and blood institute (NHLBI) USA with public health foundation of India (PHFI)
ORGANIZING COMMITTEE	World diabetes day celebrations DIAFEST	AIMS, Kochi. Also involved in educating patients, nursing staff on various aspects of diabetes management.
CO-EDITOR	Thyroid research and practice journal – Indian thyroid society	2009-2011
PUBLICATIONS	Book on Diabetes	Chapters : Diabetic patient in the ICU, Monitoring in Diabetes
	Pictorial CME – Journal of Indian medical association	On a case of acute charcot's foot
	Journal of diabetic foot complications	Reconstructive foot and ankle surgery in destroyed diabetic charcot's neuroarthropathy stabilized with amrita sling technique – a one year follow-up
	Diabcare, Diabeat	Published articles in these (quarterly) magazines for diabetic patients
	Times of Oman	http://timesofoman.com/article/84812/Lifestyle/Dining/Oman-Health:-Know-the-early-symptoms-of-pre-diabetes http://timesofoman.com/article/80698/Lifestyle/Health/Halt-the-rise-of-diabetes-on-World-Health-Day
	Woman	Article on 'Know your feet' – May 2016, page 32,33 Women and diabetes – January 2018
	Al Shadhabh	Article on islet cell transplantation – June2,2016
	Others	'7 runners and 6 lanes' – on Type 1 DM

		'Take diabetes by the horns' – on a newly diagnosed Type 2 diabetic patient
--	--	---

LECTURES (OMAN)

DATE	TOPIC	AUDIENCE
22.5.2015	DIABETES CASE DISCUSSION	GP, INTERNISTS
27.5.2015	HYPERTENSION – THE NUMBERS AND BEYOND	GP, INTERNISTS
29.9.2015	SAVE YOUR FEET, SAVE YOUR LIFE	GP, INTERNISTS, GEN. SURGEONS
OCTOBER 2015	INSULIN THERAPY IN TYPE 2 DIABETES	GP, INTERNISTS, OB-GYN
DECEMBER 2015	VISTAS IN THE MANAGEMENT OF DIABETIC FOOT	GP, INTERNISTS, GEN. SURGEONS
MARCH 2016	PREDIABETES – CHANGING LANES EARLY	GP, INTERNISTS
DECEMBER 2016	METFORMIN – THE SWISS ARMY KNIFE AMONG OHAS	GP, INTERNISTS, OB-GYN
JANUARY 2017	DIABETIC DYSLIPIDEMIA	GP, INTERNISTS
MARCH 2017	CONNECT THE DOTS – DYSLIPIDEMIA MANAGEMENT	GP, INTERNISTS
01.05.2017	WHAT IS THE PREFERRED PARTNER TO METFORMIN?	GP, INTERNISTS, OB-GYN
03.05.2017	MANAGEMENT OF DIABETES IN RAMADAN	GP, INTERNISTS, OB-GYN
04.05.2017	NEW GUIDELINES IN DYSLIPIDEMIA – IMPACT ON TREATMENT AND CLINICAL PRACTICE	GP, INTERNISTS
24.08.2017	DIABETES TARGETS – WHERE ARE WE AND HOW CAN WE DO BETTER?	GP, INTERNISTS
26.9.2017	HEALTHY DIET FOR PROFESSIONALS – WORK LIFE BALANCE	MUSCAT CHAPTER OF INSTITUTE OF CHARTERED ACCOUNTANTS OF INDIA
8.11.2017	ROLE OF INSULIN IN TYPE 2 DIABETES	GP, INTERNISTS
14.11.2017	STATINS – MAKING A MOVE	GP, INTERNISTS
12.12.2017	NEW GUIDELINES IN HYPERTENSION – IMPACT ON TREATMENT AND CLINICAL PRACTICE	GP, INTERNISTS
31.01.2018	FORXIGA – A HIGHLY SELECTIVE SGLT2 INHIBITOR	GP, INTERNISTS
03.04.2018	ROLE OF BASAL INSULIN IN	GP, INTERNISTS

	THE MANAGEMENT OF TYPE 2 DIABETES	
18.04.2018	INTERESTING CASES IN TYPE 2 DIABETES	GP, INTERNISTS

REFERENCES

1. Dr. Binu Pillai, Endocrinologist, Cleveland Clinic, Abu Dhabi (Former Endocrinologist- IMC, Muscat). Email : binup76@yahoo.co.in
2. Dr Praveen V P, Clinical Professor, Department of Endocrinology, Amrita Institute of medical sciences, Kochi, kerala, india. Tel : 0091-9495247676
3. Dr. Cijoy Kuriakose, Dept of Endocrinology, Christian medical college, Vellore, India. Tel No: 0091-9486502490 (Former Physician, CFH, Oddanchatram)

I hereby declare that all the information mentioned above is true.

Dr. Praveen Jeyapathy