LINU PAULSON

MUKKADACKAL HOUSE

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Career Objective

I am looking for a suitable nursing position with a reputed, exciting and modern health care provider where I will make use of my comprehensive health care training to bring the best care to my client.

Skill Highlights

- Qualified Critical Care Nurse.
- Great Communication skills
- Good presence of mind
- Easy adaptability to varied situation
- Strong clinical judgement.
- Problem Resolution Capability
- Great team player.

Career Path

STAFF NURSE - POST OPERATIVE ICU

PVS MEMORIAL HOSPITAL KALLOR NOV 2015 - NOV 2017

As a REGISTERED STAFF nurse in POST OPERATIVE ICU of the 250 bedded multispeciality hospital in the country, I am responsible for the care and management of the patients reviving from many complex surgical and diagnostic procedures. With expertise in airway management, basic and advanced cardiac life support, I am also skilled in pain management, care of surgical wounds and drainage catheters.

Primary responsibilities include:

- Immediate post operative care of surgical patients.
- Practice in accordance with legal, ethical, culturally safe and professional standards.
- Foster the provision of positive patient outcomes and person- centred care.
- Collaborate and communicate with multidisciplinary team to achieve best health outcomes.
- Identify situations of clinical risk and take appropriate action to ensure a safety to the clients.

TRAINEE NURSE - SURGICAL ICU MOSC MEDICAL COLLEGE KOLENCHERY OCT 2014 - OCT 2015

Being able to work in the intensive care unit of a multi-specialty hospital conforming to international standards and focused on Laparoscopic and Endoscopic Surgeries, Accident and Trauma care, I am capable to provide state-of-the-art treatment and patient care for all types of surgical emergencies and tertiary medical care.

- Managed immediate post operative patients, critically ill surgical patients as well as trauma patients. .
- Liaised between patient family and physician to ensure their comprehension of treatment plan.
- Developed and implemented nursing care plans.
- Demonstrated ability to lead and motivate outstanding health care team.
- Followed infection control protocol.

EQUIPMENTS USED

- ventilator
- defibrillator
- cardiac monitors
- suction apparatus
- syringe pump
- infusion pump
- nebulizer

- glucometer
- ECG machine
- Oxygen apparatus

PROCEDURES FAMILIAR WITH

- CPR
- Oral and ET suction
- Tracheostomy care
- IV Cannulation
- ABG analysis
- Ryle's tube insertion
- Tube feeding
- Colostomy care

- Enema
- Bowel wash, bladder wash
- Urinary catheterisation
- Sterile dressing
- 12 lead ECG
- Medication administration
- Blood transfusion
- Vital signs monitoring

Professional Qualification

BSc NURSING

INDIRA GANDHI College Of Nursing KADAVANTHRA, KOCHI M G UNIVERSITY

CONTINUING EDUCATION AND COMPETENCIES

BLS & ACLS { AMERICAN HEART ASSOCIATION } INSERVICE EDUCATION SESSIONS {CNE PROGRAMME}

Registration

Kerala Nurses and Midwives Council, India

• Reg. No :- KL03201401262

SEP 2014-SEP 2019

Educational Qualification

Higher Secondary - Plus Two

St. IGNATIUS Higher Secondary School Kerala, India

High School – SSLC GEORGIAN ACADEMY Kerala, India

COMPUTER KNOWLEDGE :

HMS, MICROSOFT WORD, POWERPOINT, WINDOWS, INTERNET, MS DOS

PERSONAL DETAILS

| - | |
|----------------|---------------------|
| AGE | - 26 YEARS |
| DOB | - 29-06-1991 |
| MARITAL STATUS | -SINGLE NATIONALITY |
| -INDIAN | |
| LANGUAGE | - ENGLISH |
| | MALAYALAM |

Reference

Available on request

DECLARATION

I hereby declare that the above furnished details are true to the best of my knowledge and belief.

LINU PAULSON

Place: KOCHI

Date: 10.04.2018