

TINU THOMAS

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CAREER OBJECTIVE

To be a part of reputed organization where sincerity, simplicity and dedication are appreciated and ensure furtherance of career for sightedness determination and hard work. To seek an opportunity for the development of my nursing and managerial skill and talent in the field of nursing, with the ultimate aim of becoming a professional nursing staff, useful to the society and the hospital in which I am serving.

SKILLS

- Experienced in the field of **Medical surgical ward** with an overall experience of **5.6 years**.
- Managing patient information in a professional, confidential and timely manner.
- In-depth knowledge of medical terminology.
- Excellent communication in **English** and adequate in **Arabic**, good interpersonal skills.
- Strong ability to deal with the patient's queries and problems.
- Thorough knowledge on handling emergency situations.
- Able to work as part of a team with other healthcare professionals.
- Excellent assisting skills.

EMPLOYMENT HISTORY

- **King Faisal Medical complex, Al Taif, Kingdom of Saudi Arabia.** Period -10th November 2014 to 6th October 2017.
Post – Staff Nurse in Medical Surgical Ward
Hospital Capacity – 450 Beds
- **Amrita Institute of [Medical Sciences & Research centre, Cochin, Kerala, India.** Period – 31st July 2013 to 30th July 2014.
Post - Staff Nurse in Medical Ward
Hospital Capacity – 1200 Beds
- **St. Ann's Hospital, Jahanuma, Hyderabad, Andhra Pradesh, India**
Period – 2nd January 2012 to 24th July 2013.
Post – Staff Nurse in Medical Ward.
Hospital Capacity – 100 beds

JOB DESCRIPTION

- Worked as a staff nurse in Medical Surgical Ward
- Offered direct patient care in Medical Surgical Ward
- Administered medications through all specified routes.
- Administered professional care and maintained nursing care Plans and Nurses notes.
- Recorded, reported and interpreted all findings related to the Patient care.
- Evaluates and manages nursing care, and priorities according to patient needs and outcomes ensuring continuity of care.
- Provides nursing care that demonstrates respect for human rights.
- Coordinating with physicians and other members of care team.
- Given Patient teaching related to care during and after discharge.
- Identify and assisting with complications.
- Participated in nursing rounds with seniors and team members to assess the progress of patients as well as to improve the quality of patient care.
- Monitored vital signs, ECG and ABG.

EQUIPMENTS HANDLED

Central suction & Oxygen apparatus, Injection pump, Infusion pump, Laryngoscope, Ophthalmoscope, AMBU bag, Console, Nebulizer, ECG & ECHO Machine, Glucometer, Cardiac monitor, Sphygmomano meter, Pulse oxymeter, Urino meter, Defibrillator

TYPES OF CASES HANDLED

Myocardial infarction, Heart failure, Arrhythmias, Heart block, Hypertension, Hypotension, Cor-Pulmonale, Pulmonary Edema, Pneumonia, Chronic obstructive Pulmonary disease, Pneumothorax, Fractures, ORIF, Renal failure, TURP, Nephrectomy, Nephrostomy, Laprotomy, Carcinomas, Diabetic mellitus, Diabetic ketoacidosis, Pancreatitis, Cholecystitis, Pancreatic stone, Chronic liver disease, Chron's disease, Liver cirrhosis, Billroth I&II, Pancreatectomy, Whipple's surgery.

PROFESSIONAL & ACADEMIC QUALIFICATIONS

- Bachelor Degree in Nursing from Vijay Marie College of Nursing (NTR University), Andhra Pradesh, India. (Year: 2007 – 2011).
- Higher Secondary from O.L.L Higher Secondary School (Kerala State Board), Uzhavoor, Kerala, India.
- Secondary School Certificate from St. Joseph's H.S. (Kerala State Board), Pala, Kerala, India.

LICENSE & CERTIFICATIONS

I. HAAD (RN) examination passed on 29/03/2018 with

- Reg. No. : AGN232480

II. Saudi Council Registration

- Reg. No. : 15TN0007586
- Speciality : Nursing
- Expiry Date : 30/06/2018

III. Registered nurse and registered midwife under Kerala Nursing Council

- Reg. No. of KNC : 26376

IV. Registered nurse and registered midwife under Andhra Pradesh Nursing Council

- Reg. No. for Nurse : 123944
- Reg. No. for PH Nurse : 20273
- Reg. No. for Midwives : 123505

IV. BLS

- Certificate No. : 267155
- Issue Date : 04/05/2015
- Expiry Date : 04/05/2017

PERSONAL VITAE

Name : Tinu Thomas
Name of Father : V.T. Thomas
Gender : Female
Marital Status : Unmarried
Date of Birth : 15th October 1989
Nationality : Indian
Religion & Caste : Christian, R.C.S.C.
Languages Known : English, Arabic, Hindi, Malayalam
Permanent Address : Vadakkekuttiyankal House, Valavoor P.O.
Kottayam District, Kerala State, India.
Passport Number : K6001562

I, hereby declare that the above stated facts are true to the best of my knowledge.

Place: Abu Dhabi

Date:

Tinu Thomas