

CURRICULUM VITAE



Reshma Syra John
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**Professional Qualification-B.SC NURSING with 4+years of
experience at ER Department**

Career Objective

Seeking a position as a staff nurse in a reputed hospital where I can get learning environment along with using my skills for the profitability of the hospital and could serve the patients.

Key Skills

- Hard working.
- Can manage the critical situations easily.
- Good problem solving skills.
- Good verbal communication skills.
- Sound knowledge of medical terminology.
- Can handle the medical instruments.

Work Experience

1)As a **CHARGE NURSE IN ER DEPARTMENT** at **AL HAYIT GENERAL HOSPITAL,Saudhi Arabia.**

From **07/04/2014 - 02/07/2017**

Duties held are

- Established professional nursing concepts, principal and practises.
- Managing nursing care in response to clients needs supported by nursing knowledge ,research and reflective practises.
- Plans and coordinates unit activities.
- Collaborates with health team members to ensure high quality client care
- Ensures client and family receives health education to achieve satisfying and provide patterns of living.
- Check controlled drugs in each shift in accordance with the hospital policies.

2)As a STAFF NURSE IN EMERGENCY DEPARTMENT at KING KHALID HOSPITAL -HAIL ,Saudi Arabia From 14/08/2013 - 06/04/2014

Duties and responsibilities

- Triage the patients and provide quick and accurate care.
- Helped with the assessment of patients under my care .Complied with nursing process.
- Gathers relevant data pertaining to current condition of the patient.
- Gave support to the Head Nurse of the ward and strictly adhered to ward policies ,procedures and policies of the hospital.
- Prepared the patient and the necessary equipment for diagnostic procedures and assisted the physician as required.
- Monitored and recorded vital signs and instituted measures when any change patient condition was evidenced.
- Administered medications as per hospital policy only when prescribed by physician.

3)As a NURSING TUTOR AT LOURDES SCHOOL OF NURSING, ERNAKULAM.

From 25/10/2010 - 25/10/2011

Duties done are

- Teaching the nursing students regarding the different medical conditions.
- Give clinical training and work along with them for the welfare of patients.

- Assessment of each student and provided ways to improve themselves.
- Familiarise the students regarding the different medical equipments used in the Hospital.
- Provided clinical practise with supervision.

4) As a STAFF NURSE AT WESTFORT HOSPITAL ,THRISSUR. From 02/07/2009 - 01/07/2010

Duties and responsibilities

- Nursing assessment of client who are critically ill.
- Deliver and maintain the highest standard of patient care at all atime.
- Take of the unit on shift basis.
- Maintain nursing observation chart ,document accurately and briefly.
- Follow universal isolation precautions.
- Maintain records and reports.
- Evaluate nursing care rendered.
- Participate in nursing research activities.

ACHIEVEMENTS

- 1. PASSED HAAD-RN ON FEBRUARY 2018**
- 2. PASSED SAUDHI PROMETRIC EXAM AND THE REG NO 13-H-N-0048561**
- 3. HAD PASSED BLS COURSE ON JULY 2017 AND WILL EXPIRE ON JULY 2019.**
- 4. SELECTED AS THE BEST FEMALE STAFF NURSE IN THE HOSPITAL ON JUNE 2015.**

GAP IN THE WORK

From 26/10.2011 to 13/8/2013 ,due to marriage and childbirth.

Educational Summary

Course	Institute	Year of passing	Percentage
Degree in Nursing	West fort college of Nursing	2009	65%
Higher Secondary	St .Marys Convent Girls H.S.S Ernakulam	2004	79%
S.S.L.C	St.Thomas English Medium H.S, Neerattupuram	2002	83%

Personal Profile

Permanent address	Cholakathu 1/525 A Padamughal – Palachuvadu Kakkanad West P.O Ernakulam, Cochin - 30
Husband's Name	Mr. Dijo Daniel
Date of birth	26-04-1986
Gender	Female
Religion and caste	Christian, Marthomite
Nationality	Indian
Marital status	Married
Languages known	English, Hindi, Arabic, Malayalam to read, write and speak

Passport Details

Passport Number J0448417

Date of Expiry 15/09/2020

DRIVING LICENCE DETAILS

Licence Number : 7/3016/2004

Date of Issue :26/6/2004

Date of Expiry :25/6/2024

IELTS Academic

Overall 6.5, on April 2017. (Writing 6, Listening 6, Speaking 6.5, Reading 6.5)

Reference

1. Ms. Mary Grace Manalang
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I hereby declare that the information given in this CV is accurate and fair reflection of my ability.

Place: Ernakulam
05/02/2018

Reshma Syra John

