

RESUME

Maria cyriac

Mutholil (H)

Valiyathovala po anchumukku Kattapana, idukki (dst), Kerala. Pin: 685514

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OBJECTIVES:

- To contribute positively towards team and organization goal. Self-motivated and pro-active.
- Can be flexible in working on unplanned projects/events.
- Can work both independently and function well in a team environment.

Degree	Name of the institution	Board	Year of passing	Percentage
Msc food science and nutrition	Mother Teresa Women's University,	Tamil nadu state university	2015-2017	79
Advanced diploma in interior designing	Mahatma Gandhi university kottayam	Mahatma Gandhi university kottayam	2012-2015	75
Bsc family and community science	Assumption college chaganassery,kottayam dst ,Kerala	Mahatma Gandhi university	2012-2015	70
HSC	Ossanam English medium higher secondary school	State board	2012	70
SSLC	Charist raj high school Valiyathovala idukki (dist)	state Board	2010	70

Experience :6 months st John's hospital kattapana , idukki district

COMPUTER SKILLS

Packages : Microsoft Office

PROJECT DISSERTATION

- Nutritional assessment of selected athletes of Assumption College, changanacherry
- Study on nutrient and organoleptic evaluation of papaya incorporated cake

ARTICLE WRITING

- "Role of nonwoven fabrics in food packaging"

EXTRA – CURRICULAR ACTIVITIES

- Attend two day national seminar on "nutritional strategies for enhancing sports performance".organised by department of home science, Assumption College, changanacherry on 20th and 21st November 2014.
- Participated one day seminar on world diabetes day programmed conducted on November 14th 2014 at st.thomas hospital, chethipuzha.
- Participated two day national symposium on ' modern biological science' held on 11th and 12th Feb. 2016 organised by Indian institute of crop processing
- A paper entitled role of non-woven fabric in food packaging in the international conference on textile, apparel and fashion organized by mother Teresa women's university and Sri Jayendra saraswathy maha Vidayalya College of arts and science Coimbatore on 30th Sep 2015.

- Participated in the health fest organised by Arul Andhar College Madurai on 2nd September 2016.

PERSONAL PROFILE

- Name : Maria cyriac
- Father's Name : cyriac Mathew
- Mother's Name : Jessy cyriac
- Date of Birth : 10/9/1994
- Age/Sex : 22/female
- Marital Status : Single
- Nationality : Indian
- Religion : Christian (RCSC)
- Community : GENERAL
- Languages known : English, Tamil, Malayalam, Hindi
- Hobbies : Reading, Drawing

SKILLS

Good Communication Skill

Deep Knowledge in a practical works

DECLARATION

I hereby declare that the above mentioned details are true to the best of my knowledge

and belief.

Place: valiyathovala

signature

Maria cyriac

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