CURRICULUM VITAE

**ASWATHY L PILLAI**

Peroor Thottathil Veedu,

Maruthamon Bhagom ,

Thekkethery PO Pattazhy

Pin 691522, Kerala

Email. : aswathypillai275@gmail.com

Mobile No. : 9561584653, 07034348199

***CARRIER OBJECIVES :-***

My career objective is to acquire professional Excellency, which can be achieved by working in a competitive and quality oriented environment. To be a part of an organization which uses my skills and expertise in its process of growth and changes, which giving me ample opportunity to learn and enrich my competence.

***PERSONAL DATA :-***

Name :  **MS. ASWATHY L PILLAI**

Sex : Female

Age & Date of Birth : 23 years, 29.05.1992

Marital Status : Unmarried

Religion & Caste : Hindu, Chetty

Nationality : Indian

Height & Weight : 154 Cm. 48 Kg.

Languages : English, Hindi, Malayalam, Tamil

Present Address : Poona Hospital & Research Centre (PHRC)

 27, Sadashiv Peth, Pune 411 030

Permanent Address : Peroor Thottathil Veedu, Maruthamon Bhagom ,

 Thekkethery PO Pattazhy, Pin 691522, Kerala

Passport No. : P1906369

Date of Issue : 23.06.2016

Date of Expiry : 22.06.2026

Place of Issue : COCHIN

***ACADEMIC QUALIFICATION :-***

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| **Course** | **Board/University** | **Name of Institution** | **Year of Passing** |
| SSLC | Board of Public Examinations, Kerala |  Govt.H S S Pattazhy  | 2008 |
| Plus Two | Board of Higher Secondary Examinations, Kerala | Shiva Vilasam Vocational HigherSecondary School Thamarakudy | 2010 |

***EDUCATIONAL QUALIFICATION :-***

* Pass in Bsc Nursing 4YDC Degree Examination from Victory college of Nursing/ Harsh Hospital, Nelamangala Bangalore.

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| **S.****No.** | **Education** | **Institute** | **Board/****University** | **Year** | **Medium** |
| 1. | Degree in Bsc. Nursing (4 Years) | Victory college of Nursing/ Harsha Hospital, Nelamangala Bangalore. | Rajiv Gandhi University of Health SciencesKarnakaka Bangalore. | 2010-2014 | English |

***REGISTRATION DETAILS :-***

Registered Nurse : Rajiv Gandhi University of Health Sciences,

 Karnakaka State Nursing Council

Registered No. Nurse : 068840

Date of Registration : 17th June, 2015

KNC Registration No. : 068840

***WORK EXPERIENCE DETAILS :-***

Period : 1 Years 4 Months

 (**21st November 2014 to 21st March 2016 )**

Institution : Poona Hospital & Research Centre, India

Designation : Staff Nurse

Posted in : Cardiac Recovery

***INFORMATION ABOUT HOSPITAL :-***

Poona Hospital and Research Centre, Sadashiv Peth, Pune is a 300 bed multispecialty tertiary care centre was established in 1985. Poona Hospital is a well know Hospital in Pune. It is the "Medicity of Pune. The mission of the Hospital is "Highest Quality Compassionate Health Care for all and the Hospital vision is highest standard of care. The Hospital has got various department like Cardiology, Cath Lab, Cardiovascular & Thoracic Surgery, Emergency and Trauma Unit, Neurology, Nephrology, Urology, OBG, Medical, Cardiac, Neuro, Neonatal Intensive Care Unit, Gastroenterology and also having all the sophisticated equipments for latest investigations.

***DUTIES AND RESPONSIBILTIES :-***

* I am taking care of all types of cardiologically diseased patient, watching bedside and central monitors, identification of different Cardiac Patients Like CABG, DVR, AVR Etc. emergency resuscitative management, Neuromonitoring.
* Identification of emergencies and taking action according to situations and managing emergency resuscitative management.
* Watching of bedside, central monitors identify and manage different types of seizures, pre-operative and post-operative care of the patient.
* Emergency D.C. Shock, Monitor Vital Signs, Neuromonitoring.
* Supervision of practical nurses and others health practitioners.
* Taking care of seriously ill patient with ventilators, peritonial dialysis intercostal drainage system and after neurosurgery mainly head injury.
* Assisting procedures intubations, central line insertion, cut down procedures and insertion of arterial line, femoral line.
* Care to CVA patients, procedures like Foley's catheter insertion, Nasogastric tube insertion, venous and arterial cannula, providing chest physiotherapy.
* Documentation and reporting all nursing activities and maintain records in computer, care of the articles and inventory checking.
* Providing clean, safe environment to the patient.
* Assess patient status and notify physician of clinical changes.
* Educate patients/families on health care needs, conditions, options etc.
* Taking full care in maintaining of the unit.
* Prevention of infection and good nursing care to the patients.
* Cleaning and taking care of all instruments for sterilization.
* Documenting patients in registers on admissions, transfer and discharge.
* Monitoring fluid balance.
* Checking random blood sugar.
* Giving active and passive exercises.
* Family advice and counselling.

***PRINCIPLES AND RESPONSIBILTIES :-***

* Demonstrate knowledge and competence all areas of nursing.
* Patient can receive high standard Nursing care.
* Takes responsibility for the direct delivery of patient care be promoting good standard in the quality of care.
* Acts on behalf of / or direction of the head of the nursing team in their standards in the quality care.
* Determines nursing priorities and plans patients care.
* Establish and develop effective communication with all discipline of patient and relative.
* Maintain the safety and well being of patient and staff in accordance with the help and the safety policy end ensure that the all accident incidents are reported and documented.

***CASES HANDLED :-***

* CABG, AVR, DVR, ASD, VSD, MVR, PPI, PTCA, CAG.
* Sinus arrhythmias, Cardiac, failure, IHD, HTN.
* Myocardial infraction, Cardiomyopathy.

***PROCEDUERS DONE ON REGULAR BASIS :-***

* IV cannulation
* Foley's Catheterization
* Ryles Tube Insertion
* CPR Technique
* Suture Removal
* Nebulization
* Tracheostomy Care
* ECG Tracing
* Close Monitoring of vital signs.
* Administration of Drugs
* Use of various modes of oxygen administration & humidifier.
* Drawing blood for investigation
* Prepare infusion through syringe pump.
* Mouth care
* Sponge bath
* Surgical wound dressing
* Care of bed sore
* Back & foot massage
* Endo tracheal oral & Nasal suctioining.

***PROCEDURES ASSISTED :-***

* Endotracheal Intubation
* Jugular Catheterization
* Nasogastric tube Insertion
* Lumber puncture
* Pleural Tapping
* Bone Marrow Aspiration
* Ascetic Tapping

***EQUIPMENTS HANDLED :-***

* Mechanical Ventilator.
* Infusion Pump.
* Nebulizer
* Suction Apparatus
* Oxygen Cylinder
* Sphygmomanometer
* Cardiac monitor
* Defibrillator
* Laryngoscope
* ECG Machine
* ABG Machine
* Thermometer
* Crash cart ambu bag.
* Pulse Oxymeter
* Glucometer
* Stethoscope
* Intra aortic Ballon Pump (IABP)
* Active clotting time (ACT Machine)
* E.T. suction.

***MAJOR DUTIES & RESPONSIBILITIES :-***

In cardiac recovery, I had been assisting.

* Post coronary Artery Bypass grafting (CABG) surgery care.
* Chest drain removal assisting.
* Arterial line (Radial, femoral, central line, Swan ganz with neck line) removal
* Femoral sheath removal assisting (post PTCA patient)
* Systemic Vascular Resistance (SVR) monitoring.
* Cardiac output monitoring.
* Arterial Blood gas (ABG) analysis.
* Intra aortic Ballon Pump (IABP)
* E.C.G.
* Post O.P. care to C.A.G.,P.T.C.A., P.P.I.,P.T.R.A. Patient.
* Post O.P. care to M.V.R., A.V.R. Patient.
* Post O.P. care to A.S.D., V.S.D. Patient.
* Post O.P. care to Carotid Endarterectomy

***MY PHILOSOPHY TOWARDS SERVICE AND LIFE :-***

I consider myself is an extravert. My Patient is the best teacher have ever had off the job invest a good amount of time in educating myself through books. A hardworking and professional oriented nurse believes strongly in medical ethics and practicing it as diving job.

***REFERENCE :-***

* **DR. VIJAY M. NATRAJAN**

MD. (USA) M.S., M.C.H., D.N.B.

(Cardio Thorasic)

H.O.D. of Cardiac Surgery

Poona Hospital & Research Centre,

**Email Id. :** **vijaynatrajan5@yahoo.com****.**

* **DR. AJIT GAIKWAD**

M.B.B.S., D.N.B. Anesthesia

Poona Hospital & Research Centre,

**Mob.: 9422008827**

* **DR. AJIT TAMBOLKAR**

M.D. General Medicine

Poona Hospital & Research Centre,

**Mob.: 020-66096000**

* **MRS ANAND S. PILLAI**

Nursing Superintendent

Poona Hospital & Research Centre,

Sadashiv Peth, Pune 30.

**Mob.: 020-66096000**

***DECLARATION :-***

I consider myself familiar with me the "Nursing Aspects" and I am also confident of my ability to work in a team. I solemnly affirm that the above furnished particulars are true to the best of my knowledge and belief.

Date :

Place : ( **ASWATHY L PILLAI )**