

## **CURRICULUM VITA**

SREEJITH P.C  
Parayath House  
N.Aduvassery  
S. Aduvassery P.O  
Ernakulam DIST  
Email: [sreejithhse1987@gmail.com](mailto:sreejithhse1987@gmail.com), [sreejithpchandran@gmail.com](mailto:sreejithpchandran@gmail.com)  
Mobile: 919072754121

## **SUMMARY**

Seeking a challenging and growth-oriented career in Environment Health and Safety profession, where I can utilize my technical background for the benefit of the Organization. Looking for an exhilarating career with an organization of immense repute, which demands the best of my professional ability in terms of excellent analytical, organizational and communicational skills, and helps me in broadening and enhancing my skill and knowledge

## **PROFESSIONAL QUALIFICATIONS:-**

- Passed PLUS TWO Commerce with First Class
- Passed Turner trade from Industrial Training Institute Kalamassery with First Class
- Passed Diploma in Industrial Safety and Fire Engineering- Bharathiar university
- Passed NEBOSH (International General Certificate- U.K).
- Passed IOSH Managing Safety Course (UK) – The Institute Of Occupational Safety And Health (IOSH)
- Passed OSHA 30Hr (1910 General Industry)-USA
- Passed OSHA 40 hour HAZWOPER Training-USA
- Passed AED/CPR and first Aid class room Training with practical (American Heart Association)

## **KEY SKILLS**

- Risk Assessment
- Incident Investigation
- Hazard Identification and their control
- Ability to conduct on site, off site and Class room HSE trainings (TBT, Induction trainings, Hazard awareness Trainings, Safety stand downs etc)
- Daily, weekly and monthly HSE inspections (Construction site, Fire safety Inspections, Hazardous materials storage areas, Electrical, Employee Housing Inspections, Hand and Machine tools inspections, Engineering workshops, welding and painting booths, PPEs, Site hygiene and housekeeping, Kitchen and dining facility inspections, etc...)
- HSMS Auditing

- First Aid and AED/CPR Administration
- Fire fighting
- Site waste management, water recycling and pollution prevention
- Hazardous waste management

## **TRAININGS ATTENDED**

Successfully completed Key Mandatory Trainings (By OSHA)- Asbestos, Chemical Handling Awareness Training, GHS, HAZCOM, Walking and working surfaces, Electrical Safety, Hand tools and power tools, Heat Illness Prevention, Hazard assessment (JSA), Personal Protective Equipment,, Fire Safety, Personal hygiene, Blood borne Pathogens, Compressed Gas and Air Awareness, Cutting Welding and Brazing , Fall Protection, Recordkeeping, Ladder Safety, Respiratory Protection, Lockout/Tag-out etc.

## **EXPERIENCE**

### **Tutis Training and Consultancy PVT LTD**

**Cochin, Corporate office Qatar.**

**From October 2016- Till Now**

**HSE Trainer and operations team lead**

Nature of duties:-

- Co-ordinate and conduct different HSE courses like NEBOSH IGC, IOSH MS, Firefighting, First Aid, Diploma In Oil and Gas Safety, Scaffolding safety, Risk Assessment, Accident Investigation etc
- Co-ordinate the training and marketing team operations
- Conduct off-site/corporate training programs

### **VECTRUS System Corporation/US Army Base**

**APS-5 KU. Kuwait**

**From July 2012- August 2016**

**ESH Specialist**

Nature of duties:-

- Daily, Weekly and Monthly Safety/ Environmental inspections
- Coordinate accident investigations to include root cause analysis, reporting, documenting and completion of formal reporting
- Prepare monthly, quarterly, and annual schedules of planned audit and inspections.

- Execute program elements to ensure all employees are motivated and trained in Environmental, safety and Health Regulations and Policies.
- Toolbox safety topic presentation and Site-specific training
- Occupational Injury/ Illness investigation and its follow up
- Accident/ Incident /Property damage investigation/ Accident incident reporting
- Site environmental assessment
- Risk Assessment and Job Safety Analysis.
- Emergency equipment inspections
- New hire Safety Orientation and Training.
- Daily safety inspection for fall hazards such as unprotected floor openings/edges, shafts, skylights, stairwells, and roof openings/edges etc.
- Maintaining accident records and providing corrective action training.
- Daily inspection for unsafe machines, tools, materials, or equipment and identified by tagging or locking the controls to render them inoperable, or they should be physically removed from the place of operation for employee's safety
- Safety inspections in HWSA, such as to inspect Fire Extinguishers, spill kits, POL area, Hazmat inventories, First aid kits and personal protective Equipment.
- Regular required safety inspection in all allotted work areas.
- Proper communication with all safety, Environmental, Pest Management, Pollution Prevention and Industrial hygiene groups
- Accident prevention, safety briefing and PPE training to all employees
- Co ordinate Spill Response team activities
- Inspect facilities, develop, and prioritize hazard evaluation.
- Perform, document and routinely update job hazard assessments.
- Monitoring pollutions prevention programs
- Appropriate use of Fire fighting Techniques and Fire Drills

**CISCO SYSTEMS PVT LTD**

**Bangalore, India.**

**May 2010-May -2012**

**HSE OFFICER**

Nature of duties:-

- Implement and enforce safety policy and procedures of the client in the field of construction (civil, structural, mechanical, and electrical).
- Monitoring employees and contractors activities/safety performance in the field of construction, fabrication, civil, mechanical and electrical works for incident prevention purpose

- Conducting accident investigation and documenting all accidents, near misses and advising the concerned departments to adopt safety measures to avoid recurrence and recommend appropriate corrective action
- Conduct inspections to assure the PPE requirements are followed by employees and sub-contract employees
- Prepare and consolidate all the documents and attachments for weekly and monthly HSE reports.
- Conduct induction and orientation to the newly hired employees and visitors at site.
- Prepare weekly safety inspection on painting yard, fabrication shop, materials store/equipments lay down area, plant garage, batching plant and company mess/accommodations.
- Participate on client weekly construction and safety meeting.
- Prepare and consolidate all the documents and attachments for weekly and monthly HSE reports.

STEEL TECH Engineering  
Edathala-Ernakulam

May 2007- July 2009

## **HSE OFFICER**

Nature of duties:-

- Ensure safety rules and procedure of the company is observed, to ensure all safety regulations are complied with the health & safety of the employees.
- Identifies the unsafe act and unsafe conditions and reports them with corrective and preventive actions
- Prepares onsite Health and Safety Plan, Educate, train, supervision and motivate employees to conduct activities in safe, environmentally, responsible and proactive manner and to ensure policies are observed by the management and staff. (Tool Box Talk, Safety Training, Medical Check-up etc)
- Planning, implementation, supervision and enforcement of safety and health activities at workplace
- Monthly & Annual Health and Safety Report to management
- Monitoring safety inspection programs
- Developing health and safety educational programs for safety awareness.

## **DRIVING LICENSES:-**

- INDIAN UNION, KERALA STATE Driving License ( M/C with Gear and LMV )

## **LANGUAGE PROFICIENCY:-**

English, Hindi, Malayalam, Tamil : Good Command  
Arabic : Medium

## **IT QUALIFICATION:-**

- MS office Applications
- Internet and E-mail Applications

## **PERSONAL DETAILS:-**

Nationality : Indian  
Sex : Male  
Marital Status : Married  
Date of Birth : 18-05-1987  
Passport Number : G8487831  
Passport Expiration Date : 06 May 2018  
Contact Number : 919072754121

## **DECLARATION**

I hereby declare that the above written particulars are true to the best my knowledge and belief.

Place: Ernakulam

(Sreejith p.c)