

Sohajpreet Kaur

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Career Objective

To become a successful physiotherapist and to treat the patients with full dedication and honesty, using advanced techniques like Mulligan Therapy and Manual Therapy along with working in Human Resources with full commitment and enthusiasm.

Education

Medvarsity Online Ltd.

Post Graduation Diploma in Hospital Administration

May 2017-Pursuing

Lovely Professional University

Bachelor of Physiotherapy, 2013-2017

CGPA: 9.01

Gurpreet Holy Heart Public School

Senior Secondary Certification, 2012-2013

Percentage: 60%

Gurpreet Holy Heart Public School

Higher Secondary Certification, 2010-2011

CGPA-9.0

Internship

Uni-Hospital, LPU (NOVEMBER 2017- DECEMBER 2017)

Diagnosed and treated various patients in Physiotherapy OPD, LPU and Physiotherapy OPD, Phagwara.

SPS Hospital, Ludhiana (JUNE 2017-NOVEMBER 2017)

Diagnosed and treated patients in different areas like Neuro ICU, HDUN, Medical ICU, Critical Care Unit, Wards, OPD, Surgical Recovery, Renal Transplant Unit etc and treated various pre-operative, post-operative and OPD cases using various advanced treatment techniques.

Training

SPS Hospital (Apollo) – Ludhiana (APRIL 2017- MAY 2017)

Treated patients with advanced techniques like Mulligan Therapy and Manual Therapy. Also got an ICU exposure and operated modalities. Worked with the team of physiotherapists.

Clinical Postings, Jalandhar (AUGUST 2015- NOVEMBER 2016)

Observed and assessed various cases related to orthopaedics, neurology, cardiology, pulmonology, paediatrics, geriatrics, gynaecology and obstetrics and treated them in various hospitals like:

Capitol Hospital, Jalandhar

Tagore Hospital, Jalandhar

NASA Neuro Care Centre, Jalandhar

BBC Cardiac Care Centre, Jalandhar

Physiotherapy OPD, LPU and Phagwara

Experience

Physiotherapy OPD, LPU (NOVEMBER 2015- MARCH 2017)

Assistant Physiotherapist

Diagnosed and treated patients with modalities and used various advanced techniques.

Publications:

Research article in International Journal of Trend in Scientific Research and Development, Feb 2018

Workshops/Certifications/Seminars

Attended:

- Workshop on Antenatal and Post-natal Physiotherapy by Dr. Preeti Madaan, November 2017
- Training on BLS in SPS Hospital, Ludhiana, July 2017
- Workshop on Manual Therapy on Peripheral Joints by Dr. Umasankar, LPU, September 2016
- Workshop on Manual Therapy on Vertebral Column and Pelvic Complex by Dr. Umasankar Mohanty, LPU, February 2016
- Workshop on Mulligan Therapy by Dr. Jibu George, LPU, 2015
- Seminar on Spinal Cord Injury, LPU, 2015
- Seminar on Prosthesis and Orthosis, LPU, 2015

Honours and Awards

Head Girl

2010-2013, Gurpreet Holy Heart Public School, Mehal Kalan

Class Monitor

2007-2013, Gurpreet Holy Heart Public School, Mehal Kalan

Extra-Curricular Activities

Physiotherapy Day

Participated in Fashion Show, September 2016, LPU

Participated in Giddha, September 2016, LPU

Cancer Camp “Pranatrana...Saving life”

Participated in Cancer Camp, January 2015, LPU

Youth Vibe

Participated in Youth Vibe, 2015, LPU

Physiotherapy Day

Participated in Giddha, 2015, LPU

Eco Club

Member of Eco Club, 2009-2013, Gurpreet Holy Heart Public School, Mehal Kalan

Skills & Expertise

- Quick decision maker and Confident
- Positive approach towards the work and situations
- Leadership
- Team worker

Interests

Cooking

Dancing

Attending workshops and seminars

Philanthropy

Hobbies

Reading Articles and Researches

Personal details

Date of birth – 25/09/1996

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