CURRICULUM VITAE

Parvathy K Manchadikkari Kokkothamangalam P.O Cherthala

Pin: 688583

Mobile: +91 89218 96268

Email id: <u>parvathy.k8777@gmail.com</u> Education Profession: B.Sc. Nursing



Objectives

To secure a challenging position. Where I can effectively contribute. My skill innovative ideas to gain knowledge in the work oriented environment.

My Strengths

- Hard working
- Good verbal communication skill
- Good problem solving skills
- Honest
- Punctual
- Loyal toward my work and duties
- Good inter-personal skill
- Good level of emotional intelligence

Academic Qualification

Course	Institution	Board/University	Period
BSc Nursing	SI-MET College of Nursing Palluruthy, Ernakulum	Kerala University of Health Science	2012-2016
Plus two	Govt. Higher Secondary School, Thannermukkom	Board of Higher Secondary Education Kerala	2010-2012
S.S.L.C.	Govt. Girls Higher Secondary School, Cherthala	Board of Public Examination Kerala	2009-2010

Additional Qualification & Experience

- Advanced Medical Surgical Nursing, Child health nursing from TD Medical College, Vandanam, and Alappuzha.
- ❖ Mental Health Nursing from Mental Health Hospital, Thrissur.
- Obstetrics & Gynecological Nursing from General Hospital, Ernakulam.
- Experience from General Hospital, Ernakulum
- Neonatal Resuscitation form General Hospital, Ernakulam.
- Health Centre, Kumbalangi, Ernakulam
- Health Centre, Palluruthy, Ernakulam.

Duties & Personal Skills

- Report on time
- Ensure proper handling / taking over of the patient, their documents, equipment's, drugs stock efficiency.
- Observing & recording changes in patients behavior and condition
- Monitoring vital signs, suctioning, connecting to monitor as per need.
- Attending doctors rounds and help treatment.
- NG tube and urinary tube insertion and removal.
- Preparing patient for various investigations and collect sample for investigation.
- Participate to provide psychological support to patient and families.
- Trained in emergency procedures like ET tube intubation, thrombolytic therapy CPR, defibrillation etc.
- Administer prescribed medication via oral, S/c, IV, IM routes and record change and response of the patient.
- ➤ Maintain hygienic and safe working environment in compliance with health care work shifting of patient.

- Rendering comprehensive nursing care to patents utilizing nursing process and based code of ethics while adhering to the established standards of nursing practice.
- Evaluating and modifying the plan of case based on observe responses by the patients and attainment of patient's goal.
- ➤ Implement and maintain ICU policies and routines hand washing, infection control, narcotic policy and health education.
- Maintains reports and records.

Equipment Handling

- Pulse Oxymeter
- Ventilator
- Cardiac monitor
- ECG machine
- Defibrillator
- Nebulizer
- Infusion Pump
- Glucometer
- Suction apparatus
- Ambu bag
- Laryngoscope
- BP apparatus
- Thermometer

Areas of Interest

- Intensive Care Unit
- Neonatal Intensive Care Unit
- Pediatric Ward
- Casualty

Hobbies

- Reading books
- > Listening music
- Cooking

Personal Details

Full Name : PARVATHY K

Date of Birth : 20/03/1995

Father's Name : Mr. N Kumradas

Nationality : Indian

Gender : Female

Religion : Hindu

Marital Status : Single

Language Known : English and Malayalam

DECLARATION

I do hereby declare that all the above furnished details are true to the best of my knowledge and beliefs.

Place: Cherthala
Date: 27/03/2018

03/2018 Parvathy K