

Curriculum Vitae

Name: AKHILA. M.

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Email: akhila2akhila501@gmail.com

Date of Birth: 21-02-1995

Gender: Female

Marital Status: Married

Languages known: Malayalam, English, Tamil



Objectives:-

- To dedicate my knowledge, skill and talent as a physician assistant for serving patients with Diabetes Mellitus and its complications.
- To obtain a challenging position where I can continue to develop my education and skills.

Education:-

- Passed Bsc.Physician Assistant, from Amrita Institute of Medical Science, Kochi under affiliation of Amrita Vishwa Vidyapeetham with distinction.
- Passed higher secondary from V.H.S.S.kanichukulangara in 2013.
- Passed high school from V.H.S.S.Kanichukulangara in 2011.

Experience:-

Internship – Department of Endocrinology and Diabetes & Podiatric Surgery, Amrita Institute of Medical Sciences, Kochi, Kerala.
(February 2017 to March 2018)

Training and practical experience obtained in:-

- Skillful, reliable and dedicated Physician Assistant with experience in detailed history taking, general clinical examination, planning and support of daily operational and administrative function of outpatient and inpatient wards.
- Accompany physicians for ward rounds, prescribe day-to-day orders and assess the progress of the in patients and helping them in all their duties.
- Preparing discharge summaries and primary correction of it.
- Prepare case reports, death summaries, medical certificates and references
- Patient counseling, explaining to them regarding the disease nature, prognosis etc.
- Order for investigations and interpret under supervision.
- Instrumental in preparing patient hand out and Electronic Medical Record
- Experienced in EMR prescription of medications
- Capacity to provide comprehensive support for evaluating patients including work up of patients and follow up.
- Interviews patients and family members for collection of information about patient condition.
- Provide awareness to the patient about diabetes and its complications, insulin injection technique, glucometer technique, different types of insulin pens and rehabilitation maneuvers for patient with endocrine and diabetes disorders.

- Vast knowledge in Continuous Glucose Monitoring System (CGMS), i-pro 2, Insulin pumps, insulin- & pens, glucometers etc...
- Able to insert, maintenance and downloading of Insulin pumps
- Actively participates in the teaching activities in the department.
- Able to identify goals and priorities and resolve issues in the initial stage
- Maintains follow up of the patient.
- Participates in the teaching programmes of students and staff of the department or any other as desired by the institution.
- Regular participation in ADWA camps aiming at public education and health awareness. Diabetes awareness education, diet exhibition, various tests for diabetes, free consultations are given during these camps to the general public. ADWA is a diabetic patients association, which is run by the patients themselves and functions to spread the message about diabetes and promote diabetes education to the community at large.

SKILLS:-

- Able to work under a organization related to medical field with optimal supervision
- Able to organize, planning and problem solving abilities.
- Ability to handle medical records and medical cases
- Well experienced in Electronic Medical Record handing and making
- Familiar with medical terms with knowledge
- Able to take medical histories, making case notes and entering EMR
- Established interpersonal and communication skills.
- Fluent in English and other local office languages both verbal and written
- Computer skills- computerized medical record handling, EMR, SPSS and MS office.

COMPUTER SKILLS:-

- Handling of Computerized medical record and Electronic Medical records (EMR)
- Software Programme for Statistical Studies (SPSS)
- MS office, IBM Lotus Symphony

Outreach activities:-

- Poster presentation in RSSDI Conference (2015)

Publications:-

- “Hypoglycemia symptoms and its management in patients with Diabetes Mellitus” *Ashfan Azeez, Harish Kumar, Amrithesh A, Akhila M, Praveen V P, Nisha B, Usha Menon, Arun S Menon, Nithya Abraham, Vasantha Nair*, Amrita Journal of Medicine, vol 12, no:2 July - Dec 2016.
- “Common errors of insulin injection in patients with diabetes ” *Amrithesh A, Harish Kumar, Ashfan Azeez, Akhila M* , Amrita Journal of Medicine, Vol 13,NO:4 Oct – Dec 2017.

Conferences attended:-

- Research Society for Study of Diabetes in India (RSSDI) – International Diabetes Update 2015.
- Research Society for Study of Diabetes in India (RSSDI) – International Diabetes Update 2016.
- Research Society for Study of Diabetes in India (RSSDI) – International Diabetes Update 2017.
- 14th Annual National conference of Indian Association of the Physician Assistance held on 12th – 13th August 2017.
- Physician assistant Continuing Education (PACE) 2016 – IAPA kerala chapter.
- 12th Annual National conference of Indian Association of the Physician Assistance held on 10th – 11th October 2015.

References:-

- **Dr. Harish Kumar**
Professor & Head
Department of Endocrinology and Diabetes
Amrita Institute of Medical Sciences
Cochin, Kerala.
Phone: 04842801234, Extn: 1066
- **Dr. Arun S Menon MD, CCT, FRCP**
Associate professor
Department of Endocrinology, Diabetes and Podiatry.
Amrita Institute of Medical Sciences and Research Centre,
Ponekkara, Kochi.
Email: arunsmenon@aims.amrita.edu
- **Dr Praveen V P MD, DM**
Professor Department of Endocrinology, Diabetes and Podiatry.
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DECLARATION:

I hereby declare that the above information is true to best of knowledge and belief.

20.01.18

Kochi

A handwritten signature in black ink, appearing to read 'Akhila M', with a horizontal line underneath.

AKHILA M