

BETTINA SINU BABU
 Manthanathu Rony Cottage,
 Poozhikkad, Kudassanad PO,
 Pandalam, Pathanamthitta dist-689512

Bettinasinu1992@gmail.com



CAREER OBJECTIVE

I am in possession of all the current qualifications needed to practice professional nursing and more than able to provide a high standard of individualized care to those evidence based knowledge to get results and achieve best practice. My opportunity will not only ,provide my future career advancement opportunities but also comprehensive support during my employment

*Jehangir hospital 32,
 Sassoon road, Pune
 -4110011*

SUMMARY

2 years of successful staff nurse experience in uniquely challenging situations combined with BSc Nursing

AREAS OF EXPERTISE

- Medication management
- ICU's – Critical care, NICU
- Inpatient as well as outpatient care
- Antenatal, intra and postnatal care
- Post surgical monitoring
- Evidence bases practice
- Admission Transfer & Discharge
- Gastric lavage, giving enema Etc.
- Intra thecal administration of medications.
- Maintaining records
- Facilitation of treatment room
- Ambulatory care
- Patient assessment
- Instrument preparation
- Equipments sterilization
- Collection and sending of specimens
- Lumbar puncture, Bone Marrow aspiration.

EDUCATION

COURSE	INSTITUTION	PERIOD	SCORE
BSC Nursing	Bharati Vidyapeeth Deemed university, College of nursing, Pune-43	2011 TO 2015	67.5% (1 st year) 69.3 % (2 nd year) 66% (3 rd year) 72 % (4 th year)

ACCADAMIC QUALIFICATION

COURSE	INSTITUTION	PERIOD	SCORE
Higher Secondary School	St. Stephens HSS, pathanapuram	2010	70%
S.S.L.C	Republican VHSE, Konni	2008	71%

PROFESSIONAL EXPERTISE

Name of the organization	Designation	
Jehangir Hospital, Pune	Staff Nurse (Pediatric)	

- Identification of physical and psychological health care needs
- Implementation of care program and management of treatment processes
- Monitoring treatment progress with team members
- Work in coordination with care team including consultant/ surgeon
- Indent and administer medication when necessary and appropriate
- Liaison with external agencies
- Emergency assessment and documentation
- Ensure all surgical equipment are sterilized before the surgeries
- Sterilize operation room to prevent infections
- Run required tests and prepare patients for the surgery
- Give emotional support to patients and families before the surgery
- Inform about all the operation procedures to patients
- Discard injections, cotton, gauzes, and other disposal items after surgery
- Monitor patient after the surgery and arrange to transport the patient to the unit
- Planned and implemented appropriate nursing care to patients on surgery
- Worked with physicians in scheduling surgery for patients
- Assisted surgeons in the operating room and passed them surgical instruments
- Took and recorded patient vital signs
- Provided basic bedside care in ICU's as well as rooms/ wards
- Assisting mothers in the labor processes and baby care
- Administering intravenous fluids and medications to mothers
- Ordering tests and reviewing results and monitoring babies' health and provide immunizations
- Assessing patients and preparing care plans for both mothers and newborn babies
- Identification of medical emergencies and response as per standard operating procedures
- Carrying out Procedures of admission, transfer and discharge.

- Taking round with the doctors when called to list new orders and see that they are carried out.
- Preparing patient for operation and send for all necessary paper and medication to the O.T

REGISTRATIONS

- KERALA NURSES AND MIDWIVES COUNCIL, REG NO: **KL04201800341** , valid upto **19th January 2023**

EQUIPMENTS HANDLED

- ECG machine
- Cardiac monitor
- Defibrillator
- Doppler
- Echo machine
- Infusion pump
- Syringe pump
- Glucometer
- Steam inhaler
- Nebulizer
- Pulse oxymeter
- Sphygmomanometer
- Suction apparatus
- Thermometer
- Warmer
- Hot water bag
- Ambu bag
- Vacuum
- Laryngoscope

ACHIEVEMENTS

- Certificate in: **INDIAN ACADEMY OF PEDIATRICS (BNCRP provider part 1 and the IAP-LDSC Neonatal Resuscitation Program**, Held on 23rd oct 2013 at b.v.c.o.n
- Certificate in : **CHILDREN'S PALLIATIVE CARE** on 11th February 2016 (IAPCON PUNE 2016)
- Certificate in : **HIV/AIDS TRAINING PROGRAMME** on 10th October 2014
- Certificate of participation : in the International Conference on Global Nursing as Delegate on 25th to 27th july 2013
- Attended pulse polio programmes in every years.
- Member of the student council committee during academic term.
- Participated first aid programmes.
- Attended various surgeries in OT.
- Conducted caesarian and normal delivery.
- Health education to mother and child.

ACCOMPLISHMENTS

- Took part in school health programs
- Helped pulse polio vaccination camps
- Facilitated first aid programs
- Member of The trained Nurses' Association of India

COMPUTER KNOWLEDGE

- Office package : Microsoft Word, Microsoft Excel etc.
- Operating Systems : Windows 2000, Windows XP, Windows Vista & Windows 98

PERSONAL PROFILE

- Gender : Female
- Nationality : Indian
- Father's name : M.K BABU
- Date of birth : 28.02.1992
- Marital status : Married
- Mobile No. : +91 7902638608
- Email ID : bettinasinu1992@gmail.com
- Passport No. : P0254832
- Place of issue : TRIVANDRUM
- Date of issue : 09/08/2016
- Date of expiry : 08/08/2026
- Languages known : English (UK), Malayalam and Hindi
- Hobbies : Reading books, travelling, Listening to music etc.

REFERENCES

Mrs.Nirmala Iyer
Nursing Director,
Jehangir Hospital,
32 Sassoon Road, Pune
India : 0918888851227

Dr. Sneha A Pitre
Principal, Bharthi Vidyapeeth Nursing College,
Pune- 411043 Maharashtra, India
Phone; 009102024372496

DECLARATION

I do hereby declare that all information's furnished above are true to the best of my knowledge

BETTINA SINU BABU