

RESUME

HITHA PAUL
KULANGARAPADATH(H)
PANNICODE(P.O)
KULANGARA
KOZHIKODE(DIST)
PH :O4952208343

Mob :9497317106,9567484452
Email id :hithapaul123@gmail.com



PROFESSIONAL OBJECTIVE

I am an experienced Registered Nurse seeking a position within a reputed medical health centre. Seeking a challenging position that encourages continuous learning, new ideas, stimulates personal and professional growth. Wishing to be a part of the team working for the benefit of the organizations by utilizing my knowledge, skills, experience and effort.

PERSONAL DETAILS

NAME	:	HITHA PAUL
AGE / GENDER	:	26YEARS / FEMALE
DATE OF BIRTH	:	29 JUNE 1991
FATHER'S NAME	:	POULOSE.K
MARRITAL STATUS	:	SINGLE
RELIGION	:	CHRISTIAN
LANGUAGES KNOWN	:	ENGLISH, MALAYALAM KANNADA, TAMIL AND HINDI
NATIONALITY	:	INDIAN
PERMANENT ADDRESS	:	KULANGARAPADATH(H), PANNICODE(P.O) KULANGARA MUKKAM(VIA) KOZHIKODE(DIST) KERALA, INDIA. PHONE NO: 0495 2208343

PASSPORT DETAILS

PASSPORT NO : N9223306
DATE OF ISSUE : 11-04-2016
DATE OF EXPIRY : 10-04-2026
PLACE OF ISSUE : KOZHIKODE

EDUCATION QUALIFICATIONS

SI. No.	COURSE	YEAR OF PASSING	INSTITUTION
1	S.S.L.C	MARCH 2007	P T M H S KODIYATHOOR, KERALA
2	HIGHER SECONDARY SCHOOL	MARCH 2009	ST.JOHN'S HIGHER SECONDARY SCHOOL VADAKARA, KERALA

PROFESSIONAL QUALIFICATION

SI. No.	COURSE	YEAR OF PASSING	INSTITUTION
1	BSC NURSING	OCTOBER 2013	AL SHIFA COLLEGE OF NURSING, PERINTHALMANNA, KERALA

REGISTRATION : THE KERALA STATE NURSING COUNCIL

REGISTRATION NUMBER : 61743

WORKING EXPERIENCES : Since APRIL 2014

TOTAL EXPERIENCES : 2 years

WORKING EXPERIENCE

SI. No.	DESIGNATION	DEPARTMENT	PERIOD	HOSPITAL
1	STAFF NURSE	CARDIO THORACIC ICU	2 YEARS (SINCE APRIL 2013)	VYDEHI INSTITUTE OF MEDICAL SCIENCE , BANGALORE

DUTIES & RESPONSIBILITIES

- Demonstrated knowledge and competence in all areas of general nursing.
- Capable of creating a good working environment in which patients can receive high standards of care
- Admits, transfer and discharge patient
- Clear and accurate recording
- Conducting physical, psychological and social assessment needed for nursing judgment, intervention and follow up
- Assisting doctors for CVP insertion, intubations, insertion of arterial lines, stress test etc.
- Health teaching of patients and family regarding exercise, diet etc.
- Management and care of patient with ventilator and tracheostomy.
- Perform ECG
- Maintain respectful, collaborative, therapeutic and professional relationship.
- Developed clinical expertise in managing cardiac, medical and psychiatric patients
- Takes responsibility for the direct delivery of patient care by promoting good standards in the quality care.
- Determines nursing priorities and plans patient care
- Providing psychological support to the patient
- Maintains the safety and well being of the patient and staff in accordance with the health and safety policy and ensures that all accidents / incidents are reported and documented.
- Establish tender loving care
- Use the nursing process to assess, diagnose, Plan, implement, and evaluate nursing care of assigned pts...
- Maintain legal, ethical and cultural values
- Perform CPR.
- Health assessment of the patient including history taking and physical examinations
- Proper drug calculations.
- Continuous monitoring of the cardiac rhythm by electrocardiography

- Full conversant with all emergency procedures including defibrillation, ventilators, administering IV and drug calculations.
- Assists patients in moving, maintaining proper alignment of patient's body and utilizing body mechanics.
- Management and care of infectious patients following universal precautions
- Critical thinking and making decisions.
- Responsibility to maintain the confidentiality and privacy of client's health information.

EQUIPMENT HANDLED

ECG MACHINE (MANNUAL AND AUTOMATIC) ,CARDIAC MONITOR (BPL, PHILLIPS, GE, HP, DATASCOPE, SPACE, NIHON KOHDEN), DEFIBRILLATOR (BPL, PHILLIPS, ZOLL,AGILENT , NIHON KOHDEN) SYRINGE PUMP (TERUMO, TOP, B BRAUN) INFUSION PUMP (TERUMO, TOP, B BRAUN) PULSE OXY METER , IABP MACHINE (DATASCOPE, ARROW)VENTILATOR (BEER 1000, GALILEO, SIEMENS, VEOLAR, RAPHEAL) PACE MAKER ,ABG MACHINE ,SUCTION APPARATUS , INFANT WARMER SYSTEM , GLUCOMETER ,SPHYGMOMANOMETER & TRANSDUCERS

REFERENCES

1. **Dr. DURGAPRASAD REDDY**
HOD, CTVS
VYDEHI INSTITUTE OF MEDICAL SCIENCE
BANGALORE
PH:09886098201
2. **R.SURESH**
INCHARGE CTVS ICU
VYDEHI INSTITUTE OF MEDICAL SCIENCE
BANGALORE
PH: 09886770965

STATEMENT OF DECLARATION

I hereby declare that the above details given are true to the best of my knowledge and belief.

Place: Mukkam

Date: 17-02-2018

Yours Faithfully

HITHA PAUL

