#### **CURRICULUM – VITAE**



Chithra V.V +91-860-654-6324 viswanath.chithra@gmail.com

To establish my career independently in the field of nursing with excellent communication skills and with interest teaching which will provide opportunities to develop my skills and contribute to growth of the organization in progressive, challenging and dynamic work environment.

#### Career Snapshot

An overall 2 years of experience in the field of Hospital.

#### **Hospital Associated With**

#### Indo American Hospital, Vaikom, Kerala.

➤ Bed Capacity : 200 beds.

➤ Designation : Staff Nurse.

➤ Nature of Work : ICU(Intensive Care Unit).

➤ Duration : 26-11-17 to Till Date.

#### Narayana Multispeciality Hospital, Bangalore, Karnataka.

➤ Bed Capacity : 95 beds.

➤ Designation : Staff Nurse.

➤ Nature of Work : ICU(Intensive Care Unit).

> Duration : 06-06-15 to 15-01-16.

#### Care Hospital (NABH & NABL Accredited) Andhra Pradesh,

India Hospital in brief- The Flagship Hospital of the Quality Care India Ltd it is a Heart and Neuro Specialty Hospital with ultra Modern Facilities.

➤ Bed Capacity : 260 beds.

➤ Designation : Staff Nurse.

➤ Nature of Work : NICU(Neuro-Intensive Care Unit).

> Duration : 02-03-14 to 14-04-15.

## **Educational Qualifications**

Sl.No	Qualification	Institution	Board/University	Year of Passing
1.	SSLC	GOVT. V H S S	GOVERNMENT OF KERALA	2006
2.	Plus Two	VOCATIONAL HIGHER SECONDARY	GOVERNMENT OF KERALA	2008

## Professional Qualifications & Registration

Examination Passed	Board/University	Institution	Year of Passing
Bachelor of Science Nursing (B.Sc).	Dr.N.T.R University of Health Science, Vijayawada, Andhra Pradesh.	Care Nampally College of Nursing, Hyderabad.	2010-2014

#### The Andhra Pradesh Nurses, Midwifes, Auxilary Nurse-Midwives and Health Visitors Council.

Registered Nurse: 151081 Registered Midwife: 150634

## **Courses Attended**

Courses	Institution	Year
E.C.G	Care Hospital, Nampally	2014

Basic Cardiac Life Support	Care Hospital, Nampally	2014
I.V.Therapy	Care Hospital, Nampally	2014
Critical Care	Care Hospital, Nampally	2014
Infection Control	Care Hospital, Nampally	2014
Care of Pressure Ulcers	Care Hospital, Nampally	2014

#### **Duties and Responsibilities**

- ➤ Receiving, managing emergency cases and admission of patients.
- Data Collection.
- Assessment of vital signs.
- > Continuous monitoring of patients.
- ➤ Physical examination and diagnostic evaluation.
- Following physician rounds and carrying out of the orders prescribed.
- Assisting for diagnostic and therapeutic procedures.
- ➤ Planning and implementing of patients care includes hygiene, nutrition, comfort measures, elimination needs administration if medicine.
- > Administration of intravenous fluids.
- > Transferring the patients to wards, critical care unit and operation theatres.
- > Maintaining indents and ward inventory.
- Maintaining records and reports.
- > Co-ordinating with other paramedical staffs.
- ➤ Participating in ward teaching and in-service programmer.
- > Providing health education.
- > Orientation for patient and relatives about the hospital and its functioning.
- ➤ Preparation of emergency drug and emergency tray ready to use (Intubation's tray, catheterization tray, aspiration set etc.) ➤ Asepsis and infection control.

#### **Procedures Performed**

- > Ryles tube insertion.
- ➤ Administration of medicines (oral and injection) ➤ Thrombolysis.
- > Central line insertion, Venipuncture.
- > Oxygen therapy.
- > Trasfusions and infusion therapy.
- > Urinary catheterization, Bladder irrigation.
- > Cardio pulmonary resuscitation (CPR).
- > ABG sampling, Arterial canula insertion.
- Peritoneal dialysis.
- > ECG.
- Cardioversion.
- > Tracheostomy.
- Dressing.

#### Special Procedures assisted

- > Endotracheal intubation.
- > Central venous catheterization.
- Lumbar puncture.
- > Intercostal drainage.
- > Peritoneal and haemodialysis.
- > Jugular venous catheterization.
- ➤ Bone marrow aspiration.
- Cardio version.
- > Major dressing and wound debridement.

#### Machines and Equipments Handled

- ➤ ECG Machine GE Marqette, agilent ➤ Pulse oxy meter H.P.
- ➤ Defibrillator –GE Marquette.
- ➤ Infusion pumps & Syringe pumps B-Braun, Terumo, Fresiniusvial.
- ➤ Ventilator Siemens.
- Suction Apparatus.
- ➤ Blood Warmer.
- > ABG Analyzer & electrolyte Machine.
- > Oxygen flow meter.
- ➤ Glucometer for instant blood sugar.
- > Beside BP apparatus.
- ➤ Wall Suction.
- Air bed & water Beds.
- Nebulizer.

#### References

#### 1. Dr.D.N.Kumar

Medical Director Cardiologist Care hospital, Nampally, Hyderabad -01

#### 2. Mrs.Lissy Mol Philip

Nursing Manager Care hospital, Nampally, Hyderabad -01

#### 3. Dr.Hari Radhakrishnan

Consultant Neurology, Care hospital, Nampally, Hyderabad -01

#### 4. Dr.Bimal Prasad

Consultant Neurology, Care hospital, Nampally, Hyderabad -01

## **Personal Details**

Name : Chithra V V

Father Name : (Late) P.N Viswanathan

Date of Birth : 28-09-1989

Passport No : M9362847

Sex : Female

Religion : Hindu

Marital Status : Married

Nationality : Indian

Languages Known : English, Malayalam and Telugu.

# **Declaration**

I hereby declare that the information given in this Curriculum Vitae is accurate and a fair reflection of my ability.

Place:

Date: (Chithra V.V)