**JOSEPHINE JOHN **

Choorakkulam (House)

Kuramkundu Plachikara (P.O.)

Kasaragod Dt., Kerala-671533,

India.

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**PROFILE:-**

A strong healthcare professional with a wealth of 5 years’ experience in the field of Health Care Management, by upholding the human values. Looking for a challenging and rewarding role to gain advanced knowledge in nursing practice in order to meet the need of patients that I take care of, organization that I work for and not forgetting the mutual benefits that accompanies.

**EDUCATION AND QUALIFICATION:-**

* September 2012 – OCTOBER 2017 - POST BSC

Uduppi collage of nursing, Uduppi, Karnataka, India

* September 2006-February 2010 - GNM

Dr. Lydia Colaco School of Nursing, Mangalore, Karnataka, India.

* March 2004-March 2006 - Plus Two

St. Judes Higher Secondary School, Vellarikundu, Kerala, India.

**PROFESSIONAL EXPERIENCE/ CAREER PROFILE:-**

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| **April 2015 TO April 2016**  **LISIE HOSPITAL, ERNAKULAM, KERALA**  Bed Capacity : 750 bedded  Range of Service : Coronary Care Unit Staff Nurse (15 bedded) |

* Intravenous Therapy.
* Examined assessed and treated wide range of cardiac patients.
* Capillary blood gas analysis.
* Ambuing, assist and support CPR.
* Nursing care of patient in ventilator.
* Taking ECG and caring of machines and tools.
* Collection and doing of ABG.
* Assist respiratory exercise like chest physiotherapy.
* Maintaining personal hygiene of patients.
* Collecting blood samples and specimens for investigation.

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| **March 2012-August 2014**  **KASTURBA HOSPITAL, MANIPAL, KARNATAKA, INDIA.**  Bed Capacity : 2032 bedded  Range of Service : Medical ICU and Orthopaedic ICU Staff Nurse (15 bedded) |

* Intravenous therapy.
* Responsible for closely observing patients, noting specific procedures and prescribed medication for each case.
* Assisting doctors in providing physical assessment and administering treatments.
* Monitoring vital signs and ensuring the proper functions of feeding tubes, ventilators, catheters and other life support equipments.
* Attending the patients overall needs such as feeding, bathing and grooming, dressing replacement, medication intake and comfort.
* Works efficiently with other staff in the unit and will be able to provide clear directions and guidance for procedures and routines. The ICU nurse should also be able to provide support and education to the patient’s family; answering questions and giving vital instructions on how care for the patients being maintained.
* Co-ordinates and communicates patient care needs for discharge planning in patient care conferences and with members of health care team.
* Nursing care of patients in ventilation.

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| **February 2011-February 2012**  **DHANALAKSHMI HOSPITALS, KANNUR, KERALA, INDIA**  Bed Capacity : 150 bedded  Range of Service : Staff Nurse in the Gastroenterology Department |

* Administering the medication, IV-fluids and blood.
* Assisting in gastroscopy, colonoscopy, ERCP (Endoscopic Retrograde Cholangio Pancreatography) procedures.
* Maintaining personal hygiene of patients.
* Co-ordinates and communicates patient scare needs for discharge planning in patient care conferences and with members of health care team.
* Providing high quality care and prescribed medical treatment to patients.
* Providing immense comfort mental and physical support to patients and their families.

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| **March 2010-November 2010**  **CHAITRA MEDICAL CENTRE, KASARAGOD, KERALA, INDIA**  Bed Capacity : 150 bedded  Range of Service : Staff Nurse in Medical Ward |

* Performing complex assessment and intervention for better health and faster recovery of patients.
* Carryout diagnostic tests and evaluations.
* Collaborated with families to help patients make positive lifestyle changes.
* Admission and discharge procedures.
* Observation, recording and reporting of vital signs.

**TYPES OF EQUIPMENT HANDLED:-**

* Ventilator (Dragger).
* Defibrillator (Monophasic / Biphasic).
* ECG Machine.
* Cardiac Monitor.
* CFM.
* ECHO Machine.
* Manual Resuscitation Bag (AMBU).
* ABG Machine (RADIOMETER).
* Central Suction (Closed And Open System).
* Oxygen Mask and Canula.
* Nebulisation.
* Syringe Pump (B Braun, Agilia).
* Infusion Pump (Optima).
* Glucometer.

**MAIN ACTIVITIES AND RESPONSIBILITIES:-**

* Admission and discharge procedures.
* Administration of medications – oral, intravenous, intradermal, subcutaneous according to standard instructions.
* Total care of patients – assessment, diagnosis, planning, implementation, evaluation of patient care.
* Observation, recording and reporting of vital signs.
* Assisting in all bedside investigations and procedures, assisting doctor’s rounds and complete bedside care of patients.
* Assessment of nutritive and therapeutic effectiveness of treatment.
* Maintain hospital records and report according to hospital policies.
* Prevent infection.
* Full awareness of articles and equipments used in the unit.
* Preparation and arrangement of instruments and articles required in emergency procedures.
* Health teaching to family.

**PERSONAL DETAILS:-**

Nationality : Indian

Marital Status : Married

Date of Birth : 06/02/1989

Passport No. : J4119264

Expiry Date : 18/11/2020

Languages Known : English, Hindi, and Malayalam & Kannada

**REFERENCES:-**

Sr. Ancillom

Nursing Superintendent,

Lisie Hospital,

Ernakulam

Mob: +91 0484 2400812

Mrs. Clara

Head Nurse, Medical ICU,

Kasturba Hospital, Manipal

Mob: +91 8202571201

**DECLARATION:-**

I, Josephine John, hereby declare that all the information above mentioned are true to the best of my knowledge and belief.

Place :

Date : **JOSEPHINE JOHN**