

# CURRICULAM VITAE

SILGY SUNNY

MOBILE: 9961507912

## OBJECTIVE

Looking forward to join an organization that can provide professional excellence to enrich myself with knowledge experience and can ensure success in my endeavour.

## LICENSE AND CERTIFICATION

Registered Nurse and Registered Midwife under Kerala Nursing Council (KNC)

## PROFESSIONAL QUALIFICATION

COURSE	PERIOD	INSTITUTION
Degree of Bachelor of Science in Nursing	2009 - 2014	MGM Muthoot Medical Centre College of Nursing, Pathanamthitta

## *REGISTRATION DETAILS*

### KERALA

Registered Nurse : KL03201401181

Date of Registration :23-09-2014

Registration Authority :Kerala Nurses and Midwives Council

## EDUCATIONAL QUALIFICATION

COURSE	BOARD/UNIVERSITY	PERIOD
+2	St.Mary's H.S.S Highcourt, Ernakulam	March 2009
S.S.L.C	St.Antony's H.S.S Kacherippady Ernakulam	March 2007

## PROFESSIONAL EXPERIENCE

INSTITUTION	PERIOD	STATUS AND SPECIALIZATION
Medical Trust Hospital,Ernakulam	04.11.2014 – 03.11.2015	CCU
Kalliyath Hospital,Tirur	08.11.2015 – 31.01.2018	CCU

## TYPES OF CASES AND PATIENTS

1. Heart attacks, unstable angina, cardiac dysrhythmia, myocardial infarction.
2. Angioplasty, Angiogram, IABP.
3. COPD, ARDS, TB, Pneumonia, Bronchitis, Tonsillitis, CLD, CKD, ILD, Parkinsonism.

## DUTIES AND RESPONSIBILITIES

- Receiving the patient.
- Physical Examination of clients with various condition and formulation at Nursing Diagnosis including inspection, percussion & auscultation
- Able to completing the lab investigations and correlating with normal values.

#### ROM exercise and early ambulation

- Efficiency in giving injection in different route
- Oral and IV administration of medicines
- Administer insulin by using sterile technique rotating injection sites and measuring dosage
- Physiologic assimilation of infusion solution
- Care of patient in Hypoglycemic conditions
- Handle emergency situation like Cardiac arrest-etc
- Nursing care of emergency situations like pulmonary odema and giving medication according to standing orders
- Proper use of nebulizer and postural drainage
- Assist in according to clients needs
- Isolated in case of infective patients
- Involving in positioning, draping client safely, comfortably, conveniently and effectively for any procedure
- Care of patient with TB and COPD
- Provide emotional support
- Maintain record and reports
- To transfer the clients to an institution with equipments
- Participate the teaching programme within the departments
- Orientation on the job training for new staff
- Attend clinical rounds in each speciality
- Educate the clients regarding drugs, follow up care, activity restriction. Diet. Medication etc
- Planning early discharge in consultation with physician
- 24 hrs cardiac monitoring

#### **SPECIAL DUTIES**

- Maintaining the cleanliness of the ward

- Care of dangerous drugs
- Maintaining the stock of unit
- Be a code nurse in emergency situation

## EQUIPMENTS HANDLED

Crash Card with defibrillator, Mechanical ventilator, Pulse Oxymeter, BP Apparatus, ABG analyzer, Glucometer, Cardiac monitor, ECG Machine, Infusion and syringe pump, Traction setup, Oxygen cylinder, Laryngoscope, Multiparameter, ABVP, Ambuhag, Ophthalmoscope.

## ASSISTED FOR PROCEDURES

Pulmonary Function Test, Abdominal Paracentesis, Major and Minor wound dressing, Thoracentesis, Intubation, Tracheotomy, Debridement, Sutruing and Lumber Puncture, Liver aspiration Biopsy, Bone Marrow Aspiration, Suture removal, Cardio Pulmonary Resuscitation, Central Line Catheterization, Arterial Line Cauterization.

## PERSONAL DETAILS

Name : SILGY SUNNY  
Husbands Name : Philip George  
Permanent Address : Panamthottathil(H)  
Darusalam Jn  
Thaikkattukara, Aluva-683106  
Ernakulam  
Date of Birth : 07.02.1991  
Nationality : Indian  
Marital Status : Married  
Religion : Christian  
Languages known :English,Malayalam

## PASSPORT DETAILS

Passport No : M3098973

Date of issue : 29.10.2014

Date of Expiry :28.10.2024

Place of Issue :Cochin

## REFERENCE

Rugmini Devi

Nursing Superintendent

Kalliyath Hospital

Pookkayil

Tirur

Ph :0484-2430752

## DECLARATION

I hereby declare that the details furnished above are true to best of my knowledge.

Place : Ernakulam

Date :

Silgy Sunny