**BIO-DATA**



**ALEENA JOSE**

*PUNNACKAL (H)*

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OBJECTIVE

I am looking for a position that will give me an opportunity to enhance my skills and provide me to grow in helping the society by the maximum utilization of my conceptual knowledge, which I gained through my education and experience.

WORK EXPERIENCE

**Chaitanya Institute for mental health, Pune.** 01 July 2017 - 25 July 2017

*Trainee*

•Understand the signs and symptoms of different psychiatric disorders.

•Participate in individual counseling.

•Take awareness classes.

•Individual assessment.

•Group activities.

**Sanjivani Psychosocial Rehabilitation Centre, Nedumkunnam, Kottayam**

*Trainee*

•Study case histories.

•Conduct group activities.

•Journal discussions.

•Home visits.

•Conduct awareness classes and seminars.

01 March 2017 - 29 March 2017

**Amala Institute of Medical Sciences, Trissur** 31 Oct 2016 - 26 Nov 2016

*Trainee*

•Palliative home visits.

•Group activities.

•Conduct health awareness programs on different health days.

•Psycho social and financial assessment.

**Mother and Child foundation, Painkulam** 07 Apr 2016 - 10 May 2016

*Trainee*

•Analyze case histories.

•Conduct group activities and community programs.

•Take awareness classes.

•Conduct individual sessions with inmates.

EDUCATION

**St. Joseph's College Moolamattom, kerala.** 2015 - 2017

MSW. 76% (CGPA 3.02)

*Medical & Psychiatry.*

**New Man College Thodupuzha, Kerala** 2012 - 2015

BSC. 75%

*Botany.*

**St.Joseph's HSS Karimannoor, Kerala** 2010 - 2012

Plus Two 80%

*Biology*

**St.Joseph's HSS Karimannoor, Kerala** - 2010

SSLC 82%

SKILLS

•MS office

•Internet.

PERSONAL DETAILS

Name : Aleena Jose

D.O.B : 20-08-1994

Sex : Female

Religion : Christian Nationality : Indian

ACHIEVEMENTS

* Participated National Seminar and social work students’ meet in B.C.M. College Kottayam.
* Participated National Seminar on Person Centered Approach in Management of disabilities.
* Conducted a research on “**Adjustment Of Tribal Adolescents”**
* Participated in the social work research survey – “Cancer free Bio Kuttanad”

INTERESTS

•Medical and Psychiatric Social Work

•Teaching and School Social Work

•Counseling and Guidance

•Administration and Management

REFERENCES

1.Mr.Manu Kurian

Faculty of Social Work Dept. St.Joseph's College Moolamattom Phone:9846653196

2.Fr.Lijo Kochuveettil Faculty of Social Work Dept. St.Joseph's College Moolamattom Phone:9747407328