

From,

Ms. Sneha C Shajan
Thekkianth House
Chengamand Post Office
Pin-683578
Poikkattussery

To,

Sub: - Application for the post of Staff Nurse

Respected Sir,

This is to inform you that I, Ms. Sneha C Shajan have completed Bsc. Nursing from Jubilee Mission College of Nursing, Thrissur.

I would like to apply for the above mentioned post in your prestigious institution. Here I have attached my detail resume for your favourable consideration. I shall prove the best of my ability to the entire satisfaction of my superiors, if you would give me a chance to serve in your esteemed institute.

Thanking you,

Yours faithfully,

Place: Poikkattussery

Date:

Ms. Sneha C Shajan

SNEHA C SHAJAN

Contact: +919495137063, +919020888200

Email Id :cheruvathoorsneha@gmail.com



Post Applied For: STAFF NURSE

OBJECTIVE

To achieve excellent in the field of nursing, attain a challenging carrier were I can contribute to the best of my knowledge and talents for the benefit of the hospital as well as for improving upon my merits.

SUMMARY

Completed BSc. nursing from Jubilee Mission College of nursing Thrissur in the year 2016.

EDUCATIONAL QUALIFICATION**A. General Education**

QUALIFICATION	INSTITUTION	BOARD	YEAR OF PASSING	PERCENTAGE OF MARKS
S.S.L.C	Vijayamatha English Medium HSS Ponnani	Kerala Board	2010	94.5
Higher Secondary	MI Higher Secondary for Girls, Puduponnani	Kerala Board of Higher Secondary Examinations	2012	84.75

B. Professional Qualifications

Name of Course	Institution	University	Year of Passing	Percentage of marks
Bsc Nursing	Jubilee Mission College of Nursing	Kerala University of Health Science, Thrissur.		
1st Year			2012-13	66.30
2nd Year			2013-14	67.85
3rd Year			2014-15	65.29
4th Year			2015-16	70.28
Grand total				67.43(First Class)

PROFESSIONAL REGISTRATION

Qualification	Council	Year	Remarks
Registered Nurse	Kerala Nursing & Midwife Council	2016	KL03201700930
Registered Nurse	The Trained Nurses Association of India	2017	278986/LMT

WORK EXPERIENCE

- Worked as a Data collectors for four months project on “Prevention and control of Non- Communicable Diseases in Kerala” in Sree Chitra Tirunal Institute for Medical Science and Technology, Thiruvananthapuram and Kerala State Health Service Department.
- Worked as a staff nurse trainee in Operation theatre from April 2017-Till Now, Aster MIMS hospital, Calicut.

STAFF NURSE JOB PROFILE

- Received the patients in pre-operative area for the surgery.
- Check the patient have any co-morbidities and any allergic reaction for any drug or things.
- Check the blood values and reports which is sufficient for surgery or not.
- If any changes in the value immediately inform to surgeon and anaesthetists.
- Check the antibiotic prophylaxis chart which is prior to give half an hour before surgery. Make sure that surgical site marking is present or not, it should be marked before taking the patient in.
- Consent sign should be present before doing the surgery including surgeons and relative sign must be present in the form.
- Setting up OT trolley and all instruments before starting the surgery.
- Responding quickly to emergencies.
- Organising Staff and prioritizing busy work loads.

ACADEMIC PROJECT

- “A study to assess the family burden among care givers of mentally ill patients” in Jubilee mission medical college and research institute, Thrissur.
- “A study to assess the knowledge and practice regarding dental hygiene among school children” in St Sebastian’s High school, Nelikunnu, Thrissur.

WORKSHOP

- Participated in International workshop on “Essentials in Nursing Education: Present and Future”.
- Participated in workshop on “Update in research: An Approach to Relevant Future”.
- Participated in workshop on “Safe Practices on PHLEBOTOMY”.

CONFERENCE

- Participated in National conference on “Adopting an Ideal healthcare Management”

ACTIVITIES

- Attended a training programme for Data Collectors for collecting data in PDA regarding non communicable diseases and their risk factors for the project on PREVENTION AND CONTROL OF NON COMMUNICABLE DISEASES in Kerala on 23rd November 2016 at Darsana Pastoral Hall, Peechi, Thrissur

SOFT SKILLS

- Good spoken and written communication skills.
- Ability to manage multiple task effectively with frequent interruption and to work productively in a fast paced, rapidly growing organization.
- Proven ability to lead and motivate a service oriented team in fast paced environment.
- Ability to handle stressful situations.
- Good decision making skills.
- Empathy towards patients.

TECHNICAL TASK PERFORMED

- Organise the OT to obtain optimal nursing care for all patients in preoperatively, Intraoperatively and post operatively
- Assisting examination of patients
- Cardio Pulmonary Resuscitation
- Administration of Medicine
- IV Cannulation
- ABG Analysis
- Suture Care
- Urinary Catherization
- Monitor and record vitals
- Major and minor dressing
- Nebulizer Therapy
- Chest Physiotherapy
- Keep the OT ready for emergency
- NG Tube insertion and feeding
- Health teaching to patients.
- Counselling to patient
- Active participation in various codes
- Safety welfare of the patient

COMPUTER SKILLS

- MS OFFICE

PERSONAL Details

Date of Birth : 03-12-1993
Address : Thekkainath House, Chengamanad PO, Poikkattussery
Kuruppanayam
Marital Status : Married
Nationality : Indian
Sex : Female
Religion & Caste : Christian – Jacobite
Languages known : Malayalam, English

REFERENCE

- Dr. Angela Gnanadurai
Principal
Jubilee Mission College of Nursing
Thrissur.
- Ms Ritty Shibu
OT Supervisor
Aster MIMS hospital
Calicut

DECLARATION

I do hereby declare that the information given above are true to the best of my knowledge and belief

Place: Poikkattussery

SNEHA C SHAJAN